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 **CARE Checklist –Tingting Qiu**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus1(Title page)

**Key Words 2** Four to seven key words—include “case report” as one of the key words 3

**Abstract 3a** Background: What does this case report add to the medical literature? 2

 **3b** Case summary: chief complaint, diagnoses, interventions, and outcomes 2

 **3c** Conclusion: What is the main “take-away” lesson from this case? 2

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) 3

**Timeline 5** Information from this case report organized into a timeline (table or figure) -

**Patient Information 6a** De-identified demographic and other patient or client specific information 3

 **6b** Chief complaint—what prompted this visit? 3

 **6c** Relevant history including past interventions and outcomes 3,4

**Physical Exam 7** Relevant physical examination findings 3,4

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 4

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges 4

 **8c** Consider tables or figures linking assessment, diagnoses and interventions 4

 **8d** Prognostic characteristics where applicable -

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery 4

 **9b** Intervention administration such as dosage, frequency and duration -

 **9c** Note changes in intervention with explanation -

 **9d** Other concurrent interventions -

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) -

**Outcomes 10b** Important follow-up diagnostic evaluations -

 **10c** Assessment of intervention adherence and tolerability, including adverse events -

**Discussion 11a** Strengths and limitations in your approach to this case -

 **11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) 4,5

 **11c** How does this case report suggest a testable hypothesis? 5

 **11d** Conclusions and rationale 5

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care -

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals 6

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required 6