



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words "case report" should be in the title along with the area of focus	<u>page 1</u> <u>84</u>
		2	Four to seven key words—include "case report" as one of the key words	
Abstract		3a	Background: What does this case report add to the medical literature?	<u>4</u>
		3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>4-5</u>
		3c	Conclusion: What is the main "take-away" lesson from this case?	<u>4</u>
Introduction		4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>6</u>
Timeline		5	Information from this case report organized into a timeline (table or figure)	<u>14</u>
Patient Information		6a	De-identified demographic and other patient or client specific information	<u>6</u>
		6b	Chief complaint—what prompted this visit?	<u>6-7</u>
		6c	Relevant history including past interventions and outcomes	<u>6-7</u>
Physical Exam		7	Relevant physical examination findings	<u>6</u>
Diagnostic Assessment		8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>7</u>
		8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>7</u>
		8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>14</u>
		8d	Prognostic characteristics where applicable	<u>NA</u>
Interventions		9a	Types such as life-style recommendations, treatments, medications, surgery	<u>7</u>
		9b	Intervention administration such as dosage, frequency and duration	<u>7</u>
		9c	Note changes in intervention with explanation	<u>7</u>
		9d	Other concurrent interventions	<u>7</u>
Follow-up and Outcomes		10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>7</u>
		10b	Important follow-up diagnostic evaluations	<u>7-8</u>
		10c	Assessment of intervention adherence and tolerability, including adverse events	<u>7-8</u>
Discussion		11a	Strengths and limitations in your approach to this case	<u>8-9</u>
		11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>8-9</u>
		11c	How does this case report suggest a testable hypothesis?	<u>8-9</u>
		11d	Conclusions and rationale	<u>10</u>
Patient Perspective		12	When appropriate include the assessment of the patient or client on this episode of care	<u>NA</u>
Informed Consent		13	Informed consent from the person who is the subject of this case report is required by most journals	<u>8+Attach.</u>
Additional Information		14	Acknowledgement section; Competing Interests; IRB approval when required	<u>10-13 18</u>