

World Journal of *Clinical Cases*

World J Clin Cases 2022 April 6; 10(10): 2976-3320



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The primary aim of *World Journal of Clinical Cases* (WJCC, *World J Clin Cases*) is to provide scholars and readers from various fields of clinical medicine with a platform to publish high-quality clinical research articles and communicate their research findings online.

WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

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The WJCC is now indexed in Science Citation Index Expanded (also known as SciSearch®), Journal Citation Reports/Science Edition, Scopus, PubMed, and PubMed Central. The 2021 Edition of Journal Citation Reports® cites the 2020 impact factor (IF) for WJCC as 1.337; IF without journal self cites: 1.301; 5-year IF: 1.742; Journal Citation Indicator: 0.33; Ranking: 119 among 169 journals in medicine, general and internal; and Quartile category: Q3. The WJCC's CiteScore for 2020 is 0.8 and Scopus CiteScore rank 2020: General Medicine is 493/793.

RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: *Xu Guo*; Production Department Director: *Xiang Li*; Editorial Office Director: *Jin-Lai Wang*.

NAME OF JOURNAL

World Journal of Clinical Cases

ISSN

ISSN 2307-8960 (online)

LAUNCH DATE

April 16, 2013

FREQUENCY

Thrice Monthly

EDITORS-IN-CHIEF

Bao-Gan Peng, Jerzy Tadeusz Chudek, George Kontogeorgos, Maurizio Serati, Ja Hyeon Ku

EDITORIAL BOARD MEMBERS

<https://www.wjgnet.com/2307-8960/editorialboard.htm>

PUBLICATION DATE

April 6, 2022

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INSTRUCTIONS TO AUTHORS

<https://www.wjgnet.com/bpg/gerinfo/204>

GUIDELINES FOR ETHICS DOCUMENTS

<https://www.wjgnet.com/bpg/GerInfo/287>

GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH

<https://www.wjgnet.com/bpg/gerinfo/240>

PUBLICATION ETHICS

<https://www.wjgnet.com/bpg/GerInfo/288>

PUBLICATION MISCONDUCT

<https://www.wjgnet.com/bpg/gerinfo/208>

ARTICLE PROCESSING CHARGE

<https://www.wjgnet.com/bpg/gerinfo/242>

STEPS FOR SUBMITTING MANUSCRIPTS

<https://www.wjgnet.com/bpg/GerInfo/239>

ONLINE SUBMISSION

<https://www.f6publishing.com>



Tuberculosis-associated hemophagocytic lymphohistiocytosis misdiagnosed as systemic lupus erythematosus: A case report

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Specialty type: Rheumatology

Provenance and peer review:

Unsolicited article; Externally peer reviewed.

Peer-review model: Single blind

Peer-review report's scientific quality classification

Grade A (Excellent): 0

Grade B (Very good): B

Grade C (Good): C

Grade D (Fair): 0

Grade E (Poor): 0

P-Reviewer: El-Karakasy H, Wang W

Received: July 12, 2021

Peer-review started: July 12, 2021

First decision: September 28, 2021

Revised: October 10, 2021

Accepted: February 22, 2022

Article in press: February 22, 2022

Published online: April 6, 2022



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Abstract

BACKGROUND

Hemophagocytic lymphohistiocytosis (HLH) is a rare disorder with rapid progression and high mortality. HLH occurs mostly due to infection, malignant tumors, and immune disorders. Among infections that cause HLH, viral infections, especially Epstein-Barr virus infections, are common, whereas tuberculosis is rare. Tuberculosis-associated HLH has a wide range of serological and clinical manifestations that are similar to those of systemic lupus erythematosus (SLE).

CASE SUMMARY

This study describes a case of tuberculosis-associated HLH misdiagnosed as SLE because of antinuclear antibody (ANA), Smith (Sm) antibody and lupus anticoagulant positivity; leukopenia; thrombocytopenia; pleural effusion; decreased C3, quantitatively increased 24 h urinary protein and fever. The patient was initially treated with glucocorticoids, which resulted in peripheral blood cytopenia and symptom recurrence. Then, caseating granulomas and hemophagocytosis were observed in her bone marrow. She was successfully treated with conventional category 1 antituberculous drugs. In addition, we reviewed the literature on tuberculosis-associated HLH documented in PubMed, including all full-text articles published in English from December 2009 to December 2019, and summarized the key points, including the epidemiology, clinical manifestations, diagnosis, and treatment of tuberculosis-associated HLH and the differences of the present case from previous reports.

CONCLUSION

Tuberculosis should be considered in patients with fever or respiratory symptoms. Antituberculous drugs are important for treating tuberculosis-associated HLH.

Key Words: Hemophagocytic lymphohistiocytosis; Tuberculosis; Systemic lupus erythematosus; Misdiagnosis; Case report

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Core Tip: Misdiagnosis often occurs in tuberculosis patients with hemophagocytic lymphohistiocytosis (HLH). This manuscript reports a case of tuberculosis-associated HLH misdiagnosed as systemic lupus erythematosus (SLE) and presents a literature review. This report is intended to increase the understanding of tuberculosis-associated HLH and emphasize that for the diagnosis of SLE. Tuberculosis should be considered in patients with fever or respiratory symptoms. Antituberculous drugs are important for treating tuberculosis-associated HLH.

Citation: Chen WT, Liu ZC, Li MS, Zhou Y, Liang SJ, Yang Y. Tuberculosis-associated hemophagocytic lymphohistiocytosis misdiagnosed as systemic lupus erythematosus: A case report. *World J Clin Cases* 2022; 10(10): 3178-3187

URL: <https://www.wjgnet.com/2307-8960/full/v10/i10/3178.htm>

DOI: <https://dx.doi.org/10.12998/wjcc.v10.i10.3178>

INTRODUCTION

Hemophagocytic lymphohistiocytosis (HLH) is a rare disorder characterized by uncontrolled proliferation of macrophages[1]. HLH is divided into primary HLH and secondary HLH; the former has a genetic predisposition, and the latter is related to various nongenetic causes. Tuberculosis, a rare but deadly cause of secondary HLH, mainly manifests as fever and fatigue but lacks specific presenting symptoms. Systemic lupus erythematosus (SLE) is a common autoimmune disease with diverse symptoms, and definitive diagnostic tests that rely on classification criteria are used for SLE diagnosis [2]. These factors can cause misdiagnosis and even lead to fatality. Here, we report a case of tuberculosis-associated HLH misdiagnosed as SLE and perform a literature review of tuberculosis-associated HLH to increase the understanding of this unusual infection.

CASE PRESENTATION

Chief complaints

A 47-year-old woman was admitted to our hospital with a 1 mo history of sore throat, irregular fever and malaise, with temperatures up to 39.7°C.

History of present illness

A high-resolution chest computed tomography (CT) scan revealed scattered inflammatory lesions and a large pleural effusion in both lungs. Due to the bilateral scattered inflammatory lung lesions, leukopenia and thrombocytopenia (white blood cell (WBC) count $1.28 \times 10^9/L$, platelet (PLT) count $64 \times 10^9/L$), she was treated with antibiotics and granulocyte colony-stimulating factor (G-CSF) and underwent PLT transfusion many times at local hospitals before presenting to our hospital. However, clinical deterioration was observed, and the patient developed chest tightness and tachypnea.

History of past illness

The patient denied a previous history of tuberculosis or contact with tuberculosis patients.

Personal and family history

The patient had a free personal and family history.

Physical examination

After admission, a physical examination showed paleness, weakness and weight loss. A pulmonary examination indicated a reduction in bilateral respiratory sounds. No lymphadenopathy, jaundice or hepatosplenomegaly was detected.

Laboratory examinations

Upon admission, laboratory tests showed anemia (red blood cell (RBC) count $3.11 \times 10^{12}/L$, hemoglobin (HGB) 89 g/L, WBC count $2.59 \times 10^9/L$, neutrophil (NEU) count $2.13 \times 10^9/L$, PLT count $276 \times 10^9/L$), and routine urine tests demonstrated protein (++) and proteinuria (1.15 g/24 h). In addition, liver enzyme levels were elevated (total bilirubin (TBIL) 29.4 $\mu\text{mol}/L$, direct bilirubin (DBIL) 11.4 $\mu\text{mol}/L$, indirect bilirubin (IBIL) 18.0 $\mu\text{mol}/L$, alanine aminotransferase (ALT) 58.2 U/L, aspartate aminotransferase (AST) 99.9 U/L, lactate dehydrogenase (LDH) 390.5 U/L), C-reactive protein (CRP) level was 25.4 mg/L, and the erythrocyte sedimentation rate (ESR) was 10 mm/h. The ferritin level was significantly elevated (679.93 ng/mL), and hypofibrinogenemia was detected (fibrinogen (FIB) 1.26 g/L). Tests for antinuclear antibodies (ANAs) (1:100), Smith (Sm) antibodies and lupus anticoagulant were positive; complement 3 (C3) level was decreased (0.50 g/L); and complement 4 (C4) level was normal (0.29 g/L). The 24-h urinary protein level was 1.19 g/24 h. Flow cytometry revealed that the absolute CD3+ T cell count was $0.12 \times 10^9/L$ ($0.47 \times 10^9/L$ – $3.26 \times 10^9/L$) and that the CD3+CD4+ T cell count and CD3+CD8+ T cell count were $0.09 \times 10^9/L$ ($0.20 \times 10^9/L$ – $1.82 \times 10^9/L$) and $0.02 \times 10^9/L$ ($0.13 \times 10^9/L$ – $1.35 \times 10^9/L$), respectively. The CD3-CD19+ B cell count and CD3-16-56 natural killer (NK) cell count were $0.03 \times 10^9/L$ ($0.05 \times 10^9/L$ – $0.67 \times 10^9/L$) and $0.01 \times 10^9/L$ ($0.04 \times 10^9/L$ – $0.99 \times 10^9/L$), respectively. Tests for hepatitis virus markers, human cytomegalovirus, herpes simplex virus, rubella virus, Epstein-Barr (EB) virus, human immunodeficiency virus serology, and anti-Treponema pallidum antibodies were negative, as were tuberculin skin, Coombs', and parasitic ovum tests and blood and urine cultures.

Imaging examinations

At the same time, a high-resolution chest CT scan revealed localized emphysema in the inferior lobe of the right lung and an anomalous density in the upper lobe of the left lung.

FINAL DIAGNOSIS

Due to the patient's cough without phlegm, a sputum smear test was not performed. After excluding a variety of specific infections and considering the ANA, Sm antibody and lupus anticoagulant positivity; leukopenia; thrombocytopenia; pleural effusion; decreased C3, quantitatively increased 24 h urinary protein and fever, SLE was suspected per the 2019 European League Against Rheumatism/American College of Rheumatology (EULAR/ACR) classification criteria[3] (Table 1).

TREATMENT

Methylprednisolone (24 mg QD po) and hydroxychloroquine sulfate (200 mg BID po) were started. After 2 days, the patient felt much better, her fever subsided, and her appetite improved. At that time, repeat routine blood tests demonstrated the following: RBC count $2.65 \times 10^{12}/L$, HGB 75 g/L, WBC count $2.07 \times 10^9/L$, NEU count $1.60 \times 10^9/L$, and PLT count $264 \times 10^9/L$. We adjusted the treatment plan to intravenous methylprednisolone (40 mg/day QD) for 1 d. However, repeat routine blood tests showed further reductions in blood cell counts (RBC count $2.30 \times 10^{12}/L$, HGB 64 g/L, WBC count $1.71 \times 10^9/L$, NEU count $1.01 \times 10^9/L$, and PLT count $199 \times 10^9/L$). We increased the dosage of methylprednisolone (80 mg/d QD) again and suggested performing histopathological examination of the bone marrow to determine the reason for the observed peripheral blood cytopenia. The patient received methylprednisolone and hydroxychloroquine sulfate, which are conventional category 1 drugs for SLE, but the patient's routine blood tests showed further reductions in the blood count, which is rarely observed in patients with SLE. According to the 2019 EULAR/ACR classification criteria, a diagnosis of SLE can be made after excluding other diseases[3]. If the patient's symptoms can be explained by another disease, SLE should not be considered first. We suspected that the diagnosis of SLE was incorrect. Unfortunately, the patient refused further examinations and requested to be discharged.

OUTCOME AND FOLLOW-UP

Fifteen days after discharge, the patient was readmitted with fever. At this time, routine blood tests demonstrated peripheral pancytopenia (RBC count $1.92 \times 10^{12}/L$, HGB 53 g/L, WBC count $4.31 \times 10^9/L$, NEU count $4.03 \times 10^9/L$, and PLT count $293 \times 10^9/L$) and an increase in the triglyceride (TG) level to 2.6 mmol/L. We conducted positron emission tomography (PET), which revealed strong uptake of fluorodeoxyglucose (FDG) in the bone marrow, both lungs, right subscapularis muscle and left kidney. Bone marrow aspiration indicated hemophagocytosis (Figure 1). According to the HLH-2004 criteria, given the presence of cytopenia (HGB < 90 g/L; PLT count < $100 \times 10^9/L$; 2 out of 3 Lineages), fever, elevated ferritin, hypofibrinogenemia and hemophagocytosis, a diagnosis of HLH was made (Table 2). As it refers to the most updated recommendations for the management of hemophagocytic lymphohisti-

Table 1 Relative weights of the additive classification criteria items (with antinuclear antibody positivity as the entry criterion)

Domain	Item	Our case	Relative weights
Constitutional	Fever	39.7°C	2
Hematological	Leukopenia	$1.28 \times 10^9/L$	3
	Thrombocytopenia	$64 \times 10^9/L$	4
	Autoimmune hemolysis	N	4
Neuropsychiatric	Delirium	N	2
	Psychosis	N	3
	Seizure	N	5
Mucocutaneous	Alopecia	N	2
	Oral ulcers	N	2
	Subacute cutaneous or discoid lupus	N	4
	Acute cutaneous lupus	N	6
Serosal	Effusion	CT scan revealed pleural effusion	5
	Acute pericarditis	N	6
Musculoskeletal	Joint involvement	N	6
Renal	Proteinuria	Proteinuria (1.15 g/24 h)	4
	Class II/V	N	8
	Class III/IV	N	10
APL antibodies	Anti-phospholipid antibodies	APL antibodies were positive	2
Complements	C3 or C4 low	C3 level was reduced (0.50 g/L)	3
	C3 and C4 low	N	4
SLE-specific antibodies	Anti-Sm	Sm antibodies were positive	6
	Anti-dsDNA	N	6

The patient's systemic lupus erythematosus (SLE) classification score was 26 according to the 2019 EULAR/ACR classification criteria. SLE can be diagnosed based on a score of 10 or more if the entry criterion is fulfilled. SLE: Systemic lupus erythematosus.

ocyctosisHLH in adults, the HScore may be a helpful diagnostic tool. Our patient had an HScore of 201 (temperature > 39.4°C: 49, cytopenia involving 2 Lineages: 24, triglycerideTG level of 2.6 mmol/L: 19, hemophagocytosis on bone marrow aspirate: 35), which is much higher than the threshold score of 169 [4] (Table 3). At this time, caseating granulomas were found in the bone marrow (Figure 2), and Mycobacterium tuberculosis was detected by PCR of the bone marrow. Then, the patient developed purulent yellow sputum. A sputum smear revealed acid-fast stain positivity. Given the overall clinical picture, marrow granulomas and sputum, these findings were thought to be most consistent with tuberculosis-associated HLH. Antituberculous and antiinfection treatment (isoniazid, rifampicin, pyrazinamide, ethambutol, moxifloxacin and linezolid) was initiated. After more than ten days, the patient's laboratory indexes improved, and her clinical symptoms were relieved. The patient was discharged in good health and continued antitubercular therapy. She was followed up as an outpatient and showed no signs of recurrence, and antitubercular therapy was continued for 7 mo. The patient was then not followed up to outpatient. Telephone follow-up with no signs of recurrence was noted after treatment for more than a year. The treatment line is shown in Figure 3.

DISCUSSION

We searched the PubMed database from December 2009 to December 2019 for full-text English publications using the combined terms "tuberculosis", "hemophagocytic lymphohistiocytosis", "hemophagocytic lymphohistiocytosis", and "hemophagocytic syndrome" in titles/abstracts. This search identified 68 articles, of which 42 were excluded because they were not published in English, did not pertain to case reports, or were not full-text publications. In total, 29 cases from 26 publications (28

Table 2 Diagnostic criteria for hemophagocytic lymphohistiocytosis

A diagnosis of HLH can be made if either 1 or 2 is met	Our case
1. Molecular diagnosis consistent with HLH (<i>e.g.</i> , pathologic mutations of PRF1, UNC13D or STX11)	N
2. Clinical and laboratory criteria (at least 5/8 should be fulfilled)	Y (5/8)
Fever $\geq 38.5^{\circ}\text{C}$	Y (39.7°C)
Splenomegaly	N
Cytopenia ≥ 2 -3 cell lines in peripheral blood (hemoglobin $< 90\text{ g/L}$, platelets $< 100 \times 10^9/\text{L}$, neutrophils $< 1.0 \times 10^9/\text{L}$)	Y (hemoglobin 53 g/L , platelets $64 \times 10^9/\text{L}$)
Hypertriglyceridemia (fasting triglycerides $> 265\text{ mg/dL}$) and/or hypofibrinogenemia (fibrinogen $< 150\text{ mg/dL}$)	Y (fibrinogen 1.26 g/L)
Reduced or absent NK cell activity	N
Hemophagocytosis in bone marrow, spleen, CSF or lymph nodes	Y (hemophagocytosis in bone marrow)
Ferritin $\geq 500\text{ mg/L}$	Y (ferritin 679.93 ng/mL)
Elevated soluble CD 25	N

HLH: Hemophagocytic lymphohistiocytosis.

Table 3 The HScore system

Parameter	No. of points (criteria for scoring)	Our case
Known underlying immunosuppression ¹	0 (no) or 18 (yes)	Yes (steroid therapy): 18
Temperature ($^{\circ}\text{C}$)	0 (< 38.4), 33 (38.4 – 39.4), or 49 (> 39.4)	Temperature $> 39.4^{\circ}\text{C}$: 49
Organomegaly	0 (no), 23 (hepatomegaly or splenomegaly), or 38 (hepatomegaly and splenomegaly)	No: 0
No. of cell lines involved in cytopenia ²	0 (1 lineage), 24 (2 lineages), or 34 (3 lineages)	2 lineages involved in cytopenia (HGB $< 90\text{ g/L}$; platelet $< 100 \times 10^9/\text{L}$): 24
Ferritin ($\mu\text{g/L}$)	0 (< 2000), 35 (2000 – 6000), or 50 (> 6000)	Ferritin 679.93 ng/mL : 0
Triglyceride (mmol/L)	0 (< 1.5), 44 (1.5 – 4), or 64 (> 4)	Triglyceride 2.6 mmol/L : 44
Fibrinogen (g/L)	0 (> 2.5) or 30 (≤ 2.5)	Fibrinogen 1.26 g/L : 30
Aspartate aminotransferase (U/L)	0 (< 30) or 19 (≥ 30)	Aspartate aminotransferase 99 U/L : 19
Hemophagocytosis on bone marrow aspirate	0 (no) or 35 (yes)	Yes (hemophagocytosis on bone marrow aspirate): 35

¹HIV positive or receiving long-term immunosuppressive therapy (*i.e.*, glucocorticoids, cyclosporine A, azathioprine).

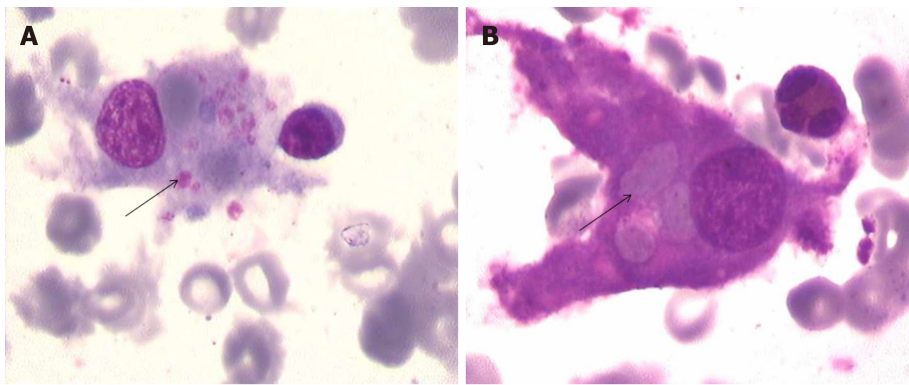
²Defined as a hemoglobin level of 9.2 g/L and/or a leukocyte count $\leq 5 \times 10^9/\text{L}$ and/or a platelet count $\leq 110 \times 10^9/\text{L}$.

Our patient had an HScore of 219 (steroid therapy: 18, temperature $> 39.4^{\circ}\text{C}$: 49, 2 lineages involved in cytopenia: 24, TG level of 2.6 mmol/L : 44, FIB level of 1.26 g/L : 30, AST level of 99 U/L : 19, hemophagocytosis in bone marrow aspirate: 35), which is much higher than the threshold score of 169.

cases) and our own case (1 case) were considered here. (Supplementary Material).

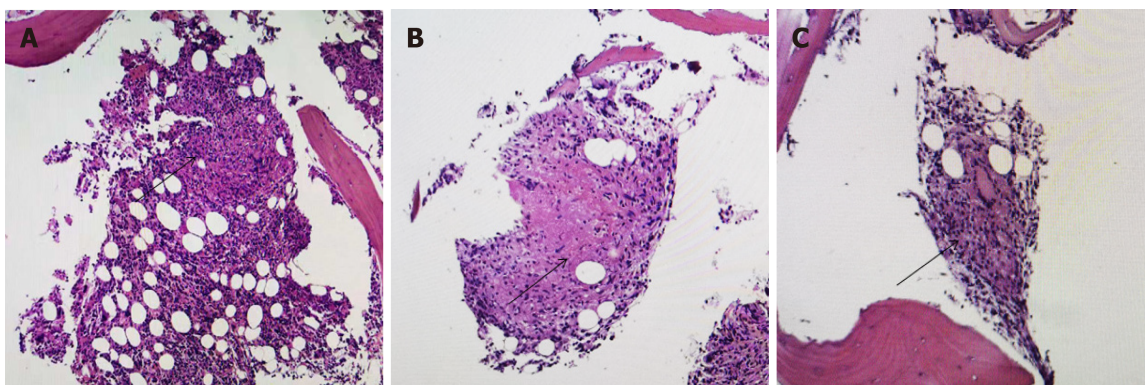
In our review, 16 (55%) subjects were male, and 13 (45%) subjects were female. The age ranged from 3 wk to 80 years, and the median age was 34 years. The most common symptom was fever, which occurred in all cases. Approximately half of all patients with tuberculosis-related HLH had respiratory symptoms; this rate is higher than that described in reviews of HLH[5,6]. This finding may be related to the involvement of tuberculosis, which mostly involves the pulmonary system. Tuberculosis-related HLH may be an important consideration in patients who are diagnosed with HLH and have respiratory symptoms.

Most of the patients had blood cytopenia ($n = 27$, 93%). Alterations in HGB and PLT counts were present more often than alterations in WBC, NEU and RBC counts; the reasons remain unclear. Elevated ferritin levels ($n = 26$, 90%) and hemophagocytosis ($n = 23$, 79%) were detected in the majority of patients. HLH was considered the diagnosis after hemophagocytosis was found by bone marrow aspirate or biopsy. It is important to perform bone marrow aspiration or biopsy as early as possible for the diagnosis of HLH. Some laboratory test results were reported for approximately half of all cases, which included findings of hypertriglyceridemia ($n = 16$, 55%) and hypofibrinogenemia ($n = 13$, 45%).



DOI: 10.12998/wjcc.v10.i10.3178 Copyright ©The Author(s) 2022.

Figure 1 Bone marrow biopsy. A: A bone marrow biopsy revealed ingestion of platelets by activated macrophages; B: A bone marrow biopsy revealed the ingestion of red blood cells by activated macrophages.



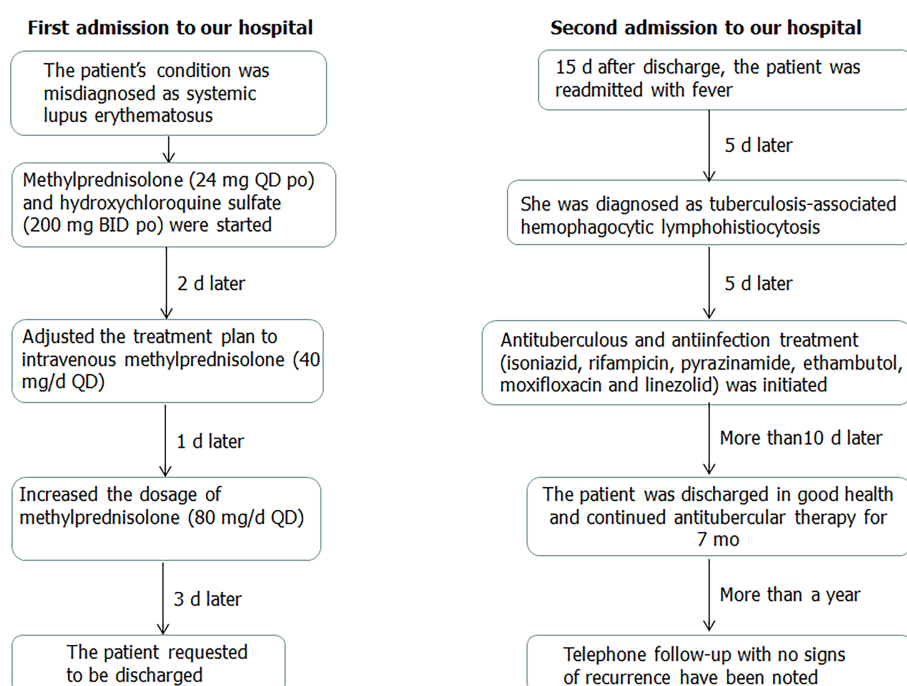
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Figure 2 Bone marrow biopsy. A, B and C: Caseating granulomas were found in the bone marrow.

Among these patients, only five (17%) had elevated soluble CD25 Levels, and two (7%) had decreased NK cell activity. According to the diagnostic criteria for HLH, elevated soluble CD25 Levels and decreased NK cell activity are characteristic laboratory indications of HLH. Interestingly, these two tests were not performed in most cases, including our case (as these two tests were not available in our hospital). The lack of routine performance or availability in many hospitals may explain why these two tests were performed in only a few cases.

HLH is an immune system disorder and hyperinflammatory condition characterized by excessive proliferation and activation of macrophages, which engulf blood cells, resulting in pancytopenia[5,6]. HLH classified as primary or secondary HLH. Primary HLH involves an inherited disease, such as X-linked lymphoproliferative syndrome (XLP) or familial HLH (FHL)[7]. The onset of secondary HLH is mainly caused by infection, malignancy or autoimmune diseases and can present at any age. Most patients are immune-compromised due to AIDS, chronic dialysis or cancer chemotherapy[8]. In our review, 9 (31%) patients were immune-compromised due to conditions such as hypertension, lymphoma or leukemia. In our case, the patient did not mention immunodeficiency; however, her absolute CD3+ T, CD3+CD4+ T, CD3+CD8+ T, CD3-CD19+ B and CD3-16+56+ NK cell counts were reduced. These reduced cell counts suggested that our patient may have had concomitant immunocompromised conditions. Unfortunately, in our review, the CD3+CD4+/CD3+CD8+ ratio and CD3-CD16+CD56+ activity (NK cell activity) were reported in only one case and found to be reduced and normal, respectively. Our patient was also an immunocompetent adult, and her CD3+CD4+/CD3+CD8+ ratio was reduced, which suggest that she may have had underlying immunosuppressive conditions. Immunodeficiency investigations are important to clearly identify possible concomitant immune-compromised conditions, which may help with early diagnosis and treatment.

In the cases in our review, diagnosis was mainly performed *via* biopsy ($n = 14$, 48%), culture ($n = 13$, 45%), imaging ($n = 9$, 31%), and PCR ($n = 16$, 55%). In the early stage of infection, *Mycobacterium tuberculosis* loads are low, and diagnosis *via* biopsy and imaging examination is difficult. Moreover, culture requires several weeks for diagnosis. One study revealed that PCR was effective for the diagnosis of tuberculosis, exhibiting high specificity (100%), sensitivity (97.2%) and positive predictive values (100%)[9]. In 2000, a PCR test was proposed by the Centers for Disease Control and Prevention



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Figure 3 Treatment line figure.

[10]. PCR should be carried out in suspected cases of tuberculosis. In our patient, tuberculosis was demonstrated by bone marrow aspiration, and PET revealed the specific locations of tuberculosis lesions. Hence, extrapulmonary tuberculosis detection is important for the diagnosis of tuberculosis, and PET plays a vital role in the detection of lesion sites.

In our reviewed cases, most patients received antituberculous treatment ($n = 28$, 97%), and isoniazid, rifampicin, pyrazinamide, and ethambutol were the drugs most frequently used. Corticosteroids ($n = 20$, 69%), antibiotics ($n = 16$, 55%) and supportive care ($n = 18$, 62%) were also common. Interestingly, the overall mortality in recent reports was 21%, whereas that in previous reports was approximately 50% [11,12]; the diagnosis and treatment of tuberculosis-associated HLH has improved. Among fatal cases, delayed medical treatment or diagnosis, comorbidities, poor physical condition and lack of effective antituberculous drug administration at the early stage occurred in most cases [12-16]. Thus, prompt antituberculous treatment is crucial for patient survival. Immunocompetent patients are increasingly exhibiting tuberculosis-associated HLH, which has been ignored in past years. However, more positive treatments have been developed recently for all patients, regardless of whether they have underlying immunosuppressive conditions. This may be the key reason why the death rate has decreased in recent years according to our review. In addition, we observed that supportive care has been used in many patients in recent years, which may facilitate recovery.

As a deadly infection, tuberculosis kills more than 1 million people every year [17]. Tuberculosis infection is an important problem in developed countries, and it has the second highest incidence among infectious diseases worldwide [18]. Pulmonary tuberculosis is familiar to clinicians and easily diagnosed. However, tuberculosis can occur at other sites. Due to its rarity, lack of typical symptoms and inaccessible sites, the diagnosis of extrapulmonary tuberculosis is often delayed or the disease is misdiagnosed [10,19,20].

SLE is a heterogeneous disease with a complex clinical presentation, and its diagnosis is based on the threshold scores of the classification criteria [3]. It has overlapping features and complex interactions with tuberculosis. Studies have reported that tuberculosis is frequent among SLE patients [21-23]. In addition, tuberculosis may be a risk factor for SLE [24]. However, tuberculosis infections mimicking SLE symptoms are rare. Tuberculosis can induce the generation of diverse serum autoantibodies, which may be related to antibodies produced in response to tuberculosis cross-reacting with DNA [25].

In our case, the patient had a low ANA titer, in contrast to most SLE patients, who have high titers. This result highlights that the diagnosis of SLE may be faulty. However, the patient's SLE classification score according to the 2019 EULAR/ACR classification criteria was 26, which is far higher than the threshold score. Nevertheless, according to the 2019 EULAR/ACR classification criteria, a diagnosis of SLE can be made only after excluding other diseases. If there is a more likely explanation than SLE, the diagnosis of SLE should not be made. Our patient received methylprednisolone and hydroxychloroquine sulfate at admission, which are conventional category 1 drugs for SLE, but the patient's routine blood tests showed further reductions in the blood counts, which is rarely observed in patients

with SLE. Many studies have shown positive associations between nonadherence and risk of flares, morbidity, hospitalization, renal failure and death[26-28]. However, our patient received only antitubercular therapy, receiving no treatment for SLE, and attended telephone follow-up visits for more than a year. No signs of recurrence have been noted thus far. The diagnosis of SLE was incorrect. Because a sputum smear test and histopathological examination of the bone marrow were not performed in a timely manner, the patient was originally misdiagnosed. This result emphasizes that extrapulmonary histopathological examination plays a key role in the diagnosis of tuberculosis. If a patient has a cough, a sputum smear test should be performed immediately. Lack of exclusion of other diseases and diagnosis based on only classification criteria may result in misdiagnosis and inappropriate treatment. Therefore, it is necessary to distinguish tuberculosis from SLE.

CONCLUSION

Extrapulmonary tuberculosis patients with HLH are difficult to diagnose. Extrapulmonary findings play an important role in the diagnosis of tuberculosis, and the bone marrow is the crucial region involved. Tuberculosis should be considered in patients with fever or respiratory symptoms. Furthermore, HLH is a dangerous disease; however, the survival rate of tuberculosis-associated HLH can be increased by an aggressive workup and early treatment, especially treatment with category 1 antituberculous drugs. In the diagnosis of SLE, other diseases need to be excluded, even in cases where the SLE classification criteria score may be much higher than the threshold score.

FOOTNOTES

Author contributions: Chen WT and Liu ZC contributed equally to this work; Yang Y designed the study; and Chen WT drafted the manuscript; Li MS and Zhou Y collected the patient's clinical data; Liang SJ photographed the histopathological examination; and Liu ZC revised the manuscript.

Informed consent statement: Written informed consent was obtained from the patient for the publication of this report and any accompanying images.

Conflict-of-interest statement: There are no potential conflicts of interest to disclose.

CARE Checklist (2016) statement: The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

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S-Editor: Ma YJ

L-Editor: A

P-Editor: Ma YJ

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