



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>1 / 1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>30/ 2</u>
Abstract	3a	Background:Whatdoesthiscasereportaddtothemedicalliterature?	<u>14 / 2</u>
	3b	Casesummary:chiefcomplaint,diagnoses,interventions,andoutcomes	<u>17 / 2</u>
	3c	Conclusion:Whatisthemain“take-away” lessonfromthiscase?	<u>25/ 2</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>17 / 3</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>12 / 4</u>
Patient Information	6a	De-identifieddemographicandotherpatientorclientspecificinformation	<u>20/ 3</u>
	6b	Chiefcomplaint—whatpromptedthisvisit?	<u>21/ 3</u>
	6c	Relevant history including past interventions and outcomes	<u>1 / 5</u>
Physical Exam	7	Relevant physical examination findings	<u>6 / 5</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>9/ 5</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>9 / 5</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>14/ 5</u>
	8d	Prognostic characteristics where applicable	<u>14/ 5</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>2 / 6</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>3 / 6</u>
	9c	Notechangesininterventionwithexplanation	<u>6 / 6</u>
	9d	Other concurrentinterventions	<u>10/ 6</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>15/ 6</u>
	10b	Important follow-up diagnostic evaluations	<u>3 / 8</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>5/ 8</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>13/ 8</u>
	11b	SpecifyhowthiscasereportinformspracticeorClinicalPracticeGuidelines(CPG)	<u>11/ 9</u>
	11c	Howdoesthiscasereportsuggesta testablehypothesis?	<u>18/ 9</u>
	11d	Conclusions and rationale	<u>24/11</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>3 / 2</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>26/ 1</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>2 / 2</u>