



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	4-5 / 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	67-68 / 4
Abstract	3a	Background: What does this case report add to the medical literature?	46-48 / 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	50-63 / 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	65-66 / 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	85-87 / 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	N/A
Patient Information	6a	De-identified demographic and other patient or client specific information	91-92 / 5
	6b	Chief complaint—what prompted this visit?	91-95 / 5
	6c	Relevant history including past interventions and outcomes	94-101 / 5
Physical Exam	7	Relevant physical examination findings	104-106 / 5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	108-129 / 5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	125-133 / 6, 142-149 / 7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	N/A
	8d	Prognostic characteristics where applicable	163-167 / 8
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	157-158 / 7-8
	9b	Intervention administration such as dosage, frequency and duration	157-158 / 7-8
	9c	Note changes in intervention with explanation	N/A
	9d	Other concurrent interventions	165-167 / 8
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	163-165 / 8
	10b	Important follow-up diagnostic evaluations	165-167 / 8
	10c	Assessment of intervention adherence and tolerability, including adverse events	N/A
Discussion	11a	Strengths and limitations in your approach to this case	201-206 / 9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	201-206 / 9
	11c	How does this case report suggest a testable hypothesis?	204-206 / 9
	11d	Conclusions and rationale	209-212 / 9-10
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	163-167 / 8
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	246-247 / 11
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	215-217 / 10, 248 / 11