



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>5 [1]</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>25 [3]</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>3-9 [3]</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>11-19 [3]</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>21-23 [3]</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	2-15 [5], <u>23-29 [6]</u> , 1-5 [7]
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>Table 1 [25-30]</u>
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>8-22 [7]</u>
	6b	Chief complaint—what prompted this visit?	<u>12 [7]</u>
	6c	Relevant history including past interventions and outcomes	<u>20-28 [7]</u>
Physical Exam	7	Relevant physical examination findings	<u>25-28 [7]</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>27-28 [7]</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>2-4 [8]</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1, <u>Table 1 [25-30]</u>
	8d	Prognostic characteristics where applicable	<u>2-9 [13]</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>7 [8]</u>
	9b	Intervention administration such as dosage, frequency and duration	10-29 [8], <u>1-15 [9]</u>
	9c	Note changes in intervention with explanation	<u>3-20 [12]</u>
	9d	Other concurrent interventions	<u>13-16 [10]</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>19-28 [9]</u>
	10b	Important follow-up diagnostic evaluations	<u>7-10 [10]</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>1-10 [10]</u>
Discussion	11a	Strengths and limitations in your approach to this case	23-28[12], <u>5-9 [13]</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	27-29 [10], <u>1-6 [11]</u>
	11c	How does this case report suggest a testable hypothesis?	<u>2-7 [4]</u>
	11d	Conclusions and rationale	<u>1-9 [13]</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>N/A</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>2-3 [20]</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	11-15 [13], <u>5-6 [20]</u>