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CASE REPORT

# Sarcomatoid intrahepatic cholangiocarcinoma with good patient prognosis after treatment with Huaier granules following hepatectomy: A case report

Ji-Ye Feng, Xian-Peng Li, Zong-Yang Wu, Li-Ping Ying, Chang Xin, Zhen-Zhen Dai, Yao Shen, Yi-Feng Wu

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# Abstract

# BACKGROUND

Sarcomatoid intrahepatic cholangiocarcinoma (SICC) is an extremely rare and highly invasive malignant tumor of the liver. The precise pathologic mechanism of SICC has not been clearly identified, and the prognosis is very poor. The effectiveness of the treatment strategy of radical hepatectomy combined with Huaier granules has not yet been reported.

# CASE SUMMARY

The patient was a 69-year-old male who presented with intermittent right upper abdominal pain for one month and 4-pound weight loss before admission. Abdominal magnetic resonance imaging and magnetic resonance cholangiopancreatography showed multiple stones in the bile ducts accompanied by dilatation of the intrahepatic and extrahepatic bile ducts. The preoperative diagnoses were right intrahepatic bile duct stones and extrahepatic bile duct stones; thus, surgical resection was performed. Choledochoscopy showed that the bile duct wall of the right anterior lobe was thickened, and a mass was visible in the duct. Then, a biopsy was performed, and rapid frozen-section biopsy analysis indicated that the tumor was malignant. The final diagnosis was SICC (T1aN0M0). Huaier granules were taken by the patient as anticancer therapy after surgery. The patient



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attended follow-up for 72 mo with no tumor recurrence or metastasis.

# CONCLUSION

Sarcomatous intrahepatic cholangiocarcinoma is an extremely rare, aggressive malignancy, and the diagnostic gold standard is pathological diagnosis. We reported the first case of successful treatment with Huaier granules as anticancer therapy after surgery, which indicated that Huaier granules are safe and effective. Further studies are needed to study the anticancer molecular mechanisms of Huaier granules in sarcomatous intrahepatic cholangiocarcinoma.

Key Words: Sarcomatous intrahepatic cholangiocarcinoma; Hepatectomy; Huaier granules; Diagnose; Therapy; Case report

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**Core Tip:** Sarcomatoid intrahepatic cholangiocarcinoma (SICC) is an extremely rare and highly invasive malignant tumor of the liver. The precise pathologic mechanism of SICC has not been clearly identified, and the prognosis is very poor. The effectiveness of the treatment strategy of radical hepatectomy combined with Huaier granules has not yet been reported. A 69-year-old male with long-term use of Huaier granules for anticancer therapy postoperation achieved long-term survival with no tumor recurrence or metastasis. We reported the first case of successful treatment with Huaier granules as an adjuvant treatment after surgery and demonstrated that Huaier granules are safe and effective.

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# INTRODUCTION

Sarcomatoid intrahepatic cholangiocarcinoma (SICC) is rare and has only been reported sporadically worldwide, mainly in individual case reports[1]. The precise pathologic mechanism of SICC has not been clearly identified, and the prognosis is poor, with a median survival period of only 6-11 mo[2]. Surgical resection is recommended as the main treatment option[3]; however, patients still have a relatively poor prognosis due to the challenging diagnosis and frequent metastasis to other organs or invasion of adjacent vasculature<sup>[4]</sup>. Here, we present the first case of a patient with SICC successfully treated with Huaier granules as an adjuvant treatment after surgery.

# CASE PRESENTATION

# Chief complaints

Intermittent right upper abdominal pain for one month and 4-pound weight loss.

# History of present illness

The patient was a 69-year-old Chinese man admitted to the hospital in December 2014 due to intermittent right upper abdominal pain for one month and 4-pound weight loss. The preoperative diagnoses were right intrahepatic bile duct stones, extrahepatic bile duct stones and postcholecystectomy status; thus, surgical resection was performed. During the operation, no spaceoccupying lesions of the liver or related swollen lymph nodes were found. Choledochoscopy showed that the bile duct wall of the right anterior lobe was thickened, and a mass was visible in the duct (Figure 1A and B). In addition, a biopsy was performed, and rapid frozen-section biopsy analysis indicated that the tumor was malignant. Thus, we diagnosed the patient with a malignant liver tumor and performed right hepatectomy combined with regional lymphadenectomy. The operative time was four and a half hours, the intraoperative blood loss during the operation was 300 mL, and the duration of hospital stay after surgery was 16 d. Histopathological examination of the liver tissue (Figure 2) showed the existence of an SICC (1.5 cm × 1.5 cm). No evidence of cancer infiltration was found at the margin of the hepatectomy, in the nerves, or in the vessels. The tumor stage was T1aN0M0 based on the 7th edition of the American Joint Committee on Cancer TNM staging system.





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Figure 1 Magnetic resonance imaging findings and intraoperative choledochoscopy images of the patients. A and B: Choledochoscopy showed a mass in the bile duct of the right anterior lobe during operation; C: Magnetic resonance cholangiopancreatography showed extrahepatic bile duct stones with bile duct dilatation before surgery; D: T2-weighted image showed intrahepatic bile duct stones with bile duct dilatation before surgery; E and F: T2-weighted image and diffusion-weighted imaging showed no tumor recurrence in the liver 72 mo after surgery.

# History of past illness

Cholecystectomy had been performed at another hospital 5 years prior for gallbladder stones with cholecystitis.

## Physical examination

Physical examination showed a soft abdomen and tenderness in the right upper abdomen, no rebound pain, and no abdominal mass or swollen lymph nodes.

# Laboratory examinations

The data obtained by serological examination were as follows: A white blood cell count of  $8.2 \times 10^9/L$ [normal range:  $(4-10) \times 10^9$ /L], with 69.8% neutrophils; a hemoglobin level of 129 g/L (normal range: 130-175 g/L); a platelet count of  $303 \times 10^{\circ}/L$  [normal range: (125-350) ×  $10^{\circ}/L$ ]; an albumin level of 39.3 g/L (normal range: 40-55.0 g/L); a globulin level of 21.2 g/L (normal range: 20-40 g/L); an alanine aminotransferase concentration of 135 U/L (normal range: 9-50 U/L); an aspartate aminotransferase concentration of 85 U/L (normal range: 15-40 U/L); a total bilirubin level of 69.7  $\mu$ mol/L (normal range: 3.4-17.1 µmol/L); a direct bilirubin level of 30.4 µmol/L (normal range: 1.7-6.8 µmol/L); an HBsAg level of 0.352 COI (< 1.000); an HBsAb level of 5.23 IU/L (2-10iu/L); an HBeAg level of 0.095 COI (< 1.000); hepatitis C antibody IgG was negative; an α-fetoprotein concentration of 1.83 ng/mL (normal range: < 9 ng/mL); a carcinoembryonic antigen level of 1.88 ng/mL (normal range: < 5 ng/mL); and a serum carbohydrate antigen (CA) level of 19-9 of 89.6 U/mL (normal range: < 35 U/mL). Immunohistochemical staining showed that atypical cells in the tumor were positive for pan-cytokeratin (pan-CK) and vimentin but negative for hepatocyte paraffin 1 (HepPar-1).

## Imaging examinations

Abdominal magnetic resonance imaging (MRI) and Magnetic resonance cholangiopancreatography (MRCP) showed multiple stones in the bile ducts accompanied by dilatation of the intrahepatic and extrahepatic bile ducts (Figure 1C and D). Abdominal ultrasound showed moderate echogenicity in the right lobe of the liver, suggesting inflammatory changes.



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Figure 2 Histological characteristics and immunohistochemical images of the described patient with sarcomatoid intrahepatic cholangiocarcinoma. A and B: The tumor consists of poorly differentiated intrahepatic cholangiocarcinoma (right) and spindle cells as the sarcomatoid component (left), which are intermingled (H&E stain, 40 × and 100 ×, respectively); C: Immunohistochemical staining showed sarcomatoid components stained with diffuse vimentin (vimentin staining, 200 ×); D: Immunohistochemistry showed positive expression of cytokeratin 19 (CK19) in cholangiocarcinoma cells (CK19 staining, 200 ×); E: Immunohistochemistry showed positive expression of pan-CK in cholangiocarcinoma cells (pan-CK staining, 200 ×); F: Immunohistochemistry showed negative expression of hepatocyte paraffin 1 (HepPar-1) in the cells (HepPar-1 staining, 200 ×). iCCA: Intrahepatic cholangiocarcinoma; H&E: Hematoxylin and eosin; CK19: Cytokeratin 19; pan-CK: Pan-cytokeratin; HepPar1: Hepatocyte paraffin 1.

# **FINAL DIAGNOSIS**

Sarcomatoid intrahepatic cholangiocarcinoma, SICC (T1aN0M0); right intrahepatic bile duct stones; extrahepatic bile duct stones; and postcholecystectomy status.

# TREATMENT

Surgery: Right hepatectomy combined with regional lymphadenectomy. After surgery, the patient had been taking Huaier granules (20 g tid po) as anticancer therapy until now.

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# **OUTCOME AND FOLLOW-UP**

Routine follow-up was sustained in the surgical clinic, and no other emerging lesions were discovered in the liver. The patient has now attended follow-up for 72 mo, and no tumor recurrence or metastasis has been observed (Figure 1E and F).

# DISCUSSION

SICC is an extremely rare histological subtype of intrahepatic cholangiocarcinoma (ICC), accounting for 4.5% of ICCs[1] and less than 1% of hepatobiliary system malignancies[4]. Fewer than 45 cases have been reported in the English literature[2]. SICC is defined by the World Health Organization as cholangiocarcinoma with spindle cell areas resembling spindle cell sarcoma or fibrosarcoma or with features of malignant fibrous histiocytoma<sup>[5]</sup>. Researchers have hypothesized that anticancer therapy, such as transcatheter arterial chemoembolization and radiation therapy, might cause the evolution of sarcomatoid changes or promote the transformation of epithelial cells into sarcoma cells in sarcomatous hepatocellular carcinoma<sup>[3]</sup>. In contrast, there are no reports regarding the relationship between SICC and anticancer therapy [6]. In addition, sarcomatoid changes in cholangiocellular carcinoma are believed to be due to the natural progression of the disease[3,7], but the precise pathological mechanism that leads to SICC has not been fully elucidated. In our case, the inflammatory irritation caused by bile duct stones may be the main reason. SICC has no specific clinical features and can often be asymptomatic until it becomes large or combined with intrahepatic and extrahepatic bile duct stones[8]. SICC produces nonspecific symptoms or signs, such as abdominal pain, fever, abdominal mass, nausea, vomiting, fatigue, weight loss, and, rarely, acute intra-abdominal bleeding secondary to tumor rupture. Abdominal pain and fever are the most common symptoms<sup>[8]</sup>. In our study, the patient presented with abdominal pain as the primary symptom, consistent with previous reports in the literature, which may be related to biliary infection caused by intrahepatic and extrahepatic biliary stones.

Radiological imaging of SICC has been described to show an enlarged, low-density lesion, with a clear or unclear mass, sometimes with intratumor hemorrhage[9], which are common characteristics similar to ordinary ICC. In addition, serological tumor markers, such as CA19-9, carcinoembryonic antigen, and alpha-fetoprotein levels, were negative or low in SICC according to previous studies [4,8] and may also not be sufficient to diagnose SICC. Therefore, the definitive diagnosis of SICC can only be determined by biopsy and is dependent on histopathological and immunohistochemical examinations.

The histopathological features of SICC indicate the coexistence of adenocarcinoma cells with differentiated sarcomatoid cells, which are spindle-shaped, round-shaped or oval-shaped and arranged in bundles or weaves. Immunohistochemical staining of the tumors is positive for both epithelial cholangiogenic tumor markers (pan-CK, CK19, CK8) and the mesenchymal tumor marker vimentin and negative for HepPar-1, which is used to distinguish HCC from cholangiocarcinoma and metastatic carcinoma[6,10]. In our case, pan-CK, CK19 and vimentin were positive, and HepPar-1 was negative, which was similar to the results described in previous reports.

The degree of SICC malignancy is significantly higher than that of traditional cholangiocarcinoma. To date, no definitive comprehensive treatment for SICC is available, but radical liver resection is generally recommended as the first treatment option, and patients with SICC who undergo surgical resection have a significantly higher survival rate than those who do not[3,10]. Therefore, complete resection of the tumor, such as regular hepatic lobectomy, hemihepatectomy and trisegmentectomy, may result in a satisfactory treatment outcome. Malhotra et al[7] reported that postoperative treatment with a combination of gemcitabine and cisplatin could improve the prognosis and prolong the survival time of patients with SICC to 29 mo after hepatectomy. Gu et al[11] also reported that doxorubicin, Taxol, cisplatin, and cyclophosphamide as adjuvant chemotherapy after hepatectomy might prolong the survival time of patients with sarcomatoid carcinomas. In contrast, Aghajanian et al[12] described that uterine carcinosarcoma was not sufficiently sensitive to the combination of paclitaxel and carboplatin. The efficacy of postoperative adjuvant chemotherapy for SICC has not been confirmed.

Huaier granule, the aqueous product of Huaier extract, is a traditional Chinese medicine (TCM) approved by the Chinese State Food and Drug Administration (SFDA). Huaier granules are different from cytotoxic drugs, target agents, or immune checkpoint inhibitors and can be used alone or in combination with chemotherapy or radiation therapy, leading to increased therapeutic effects, prolonged recurrence-free survival and reduced recurrence rates in malignant lymphoma, osteosarcoma, liver cancer, breast cancer, rectal cancer, lung cancer, pancreatic adenocarcinoma, gastric cancer and colon cancer [13,14]. Currently, no therapeutic effect of Huaier granules for SICC has been reported. In the case presented here, the patient took Huaier granules as postoperative adjuvant treatment without interruption. Postoperative contrast-enhanced computed tomography and contrastenhanced MRI showed no tumor recurrence. Routine follow-up was sustained in the surgical clinic, and no other emerging lesions were observed in the liver. The patient has now attended follow-up for 72 mo, and no tumor recurrence or metastasis has been observed. Qi et al[15] reported that Huaier granules could inhibit the expression of N-cadherin and vimentin to prevent the metastasis of tumor cells.

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Additionally, Huaier granules could block the STAT3 signaling pathway by inhibiting STAT3 activation. This may be the main mechanism underlying the effectiveness of Huaier granules. Nevertheless, this was the first study to use Huaier granules as a postoperative adjuvant treatment for SICC; the efficacy of Huaier granules remains unclear and needs to be further studied.

# CONCLUSION

SICC is an extremely rare, aggressive malignancy, and the diagnostic gold standard is pathological diagnosis. We reported the first case of successful treatment with Huaier granules as anticancer therapy after surgery, which indicated that Huaier granules are safe and effective. Further research is needed to study the anticancer molecular mechanisms of Huaier granules in sarcomatous intrahepatic cholangiocarcinoma.

# **FOOTNOTES**

Author contributions: Feng JY, Li XP, Wu ZY, Ying LP, Xin C, Dai ZZ, and Sheng Y cared for the patient in question; Feng JY and Wu YF reviewed the literature, and were primarily responsible for writing the manuscript; Wu YF critically reviewed and edited the manuscript.

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