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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus1/1

**Key Words 2** Four to seven key words—include “case report” as one of the key words 49-50/3

**Abstract 3a** Background: What does this case report add to the medical literature? 20/2

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes 27-39/2

**3c** Conclusion: What is the main “take-away” lesson from this case? 40-46/2,

175-181/7

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) 61-75/4

**Timeline 5** Information from this case report organized into a timeline (table or figure) n/a

**Patient Information 6a** De-identified demographic and other patient or client specific information 79/4, 98/5,125/6

**6b** Chief complaint—what prompted this visit? 79/4, 98/5,125/6

**6c** Relevant history including past interventions and outcomes 84/4, 100/5,128/6

**Physical Exam 7** Relevant physical examination findings 87/4, 130/6

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 86-90/4,

102,117/5, 131/6

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges 102,117/5, 131/6

**8c** Consider tables or figures linking assessment, diagnoses and interventions

**8d** Prognostic characteristics where applicable 176/7

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery 94,107,119/5, 132/6

**9b** Intervention administration such as dosage, frequency and duration 94,107,119/5, 132/6

**9c** Note changes in intervention with explanation 94,121/5, 133/6

**9d** Other concurrent interventions n/a

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) 94,104,117/5, 132/6

**Outcomes 10b** Important follow-up diagnostic evaluations 94,104,117/5, 132/6

**10c** Assessment of intervention adherence and tolerability, including adverse events 94,104,117/5, 132/6

**Discussion 11a** Strengths and limitations in your approach to this case 164,168//7

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) 164/7

**11c** How does this case report suggest a testable hypothesis? 166-167/7

**11d** Conclusions and rationale 175-181/7

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care n/a

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_\_\_\_\_\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required 17-18/1