



## CARE Checklist – 2016: Information for writing a case report

| Topic                  |           | Item                                                                                                 | Checklist item description                                                  | Line/Page |
|------------------------|-----------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------|
| Title                  | Key Words | 1                                                                                                    | The words “case report” should be in the title along with the area of focus | 5/1       |
|                        |           | 2                                                                                                    | Four to seven key words—including “case report” as one of the key words     | 21/4      |
| Abstract               | 3a        | Background: What does this case report add to the medical literature?                                | 14-21/3                                                                     |           |
|                        | 3b        | Case summary: chief complaint, diagnoses, interventions, and outcomes                                | 23/3-15/4                                                                   |           |
|                        | 3c        | Conclusion: What is the main “take-away” lesson from this case?                                      | 17/4-18/4                                                                   |           |
| Introduction           | 4         | The current standard of care and contributions of this case—with references (1-2 paragraphs)         | 12/5-8/6                                                                    |           |
| Timeline               | 5         | Information from this case report organized into a timeline (table or figure)                        | 8/25 (figure 3)                                                             |           |
| Patient Information    | 6a        | De-identified demographic and other patient or client specific information                           | 12/6                                                                        |           |
|                        | 6b        | Chief complaint—what prompted this visit?                                                            | 12-13/6                                                                     |           |
|                        | 6c        | Relevant history including past interventions and outcomes                                           | 15/6-24/7                                                                   |           |
| Physical Exam          | 7         | Relevant physical examination findings                                                               | 7-10/7                                                                      |           |
| Diagnostic Assessment  | 8a        | Evaluations such as surveys, laboratory testing, imaging, etc.                                       | 12/7-5/8                                                                    |           |
|                        | 8b        | Diagnostic reasoning including other diagnoses considered and challenges                             | 17/8-20/8                                                                   |           |
|                        | 8c        | Consider tables or figures linking assessment, diagnoses and interventions                           | Page 23-24                                                                  |           |
|                        | 8d        | Prognostic characteristics where applicable                                                          | 17-18/5, 16-18/11, 16-18/13                                                 |           |
| Interventions          | 9a        | Types such as life-style recommendations, treatments, medications, surgery                           | 12-16/8                                                                     |           |
|                        | 9b        | Intervention administration such as dosage, frequency and duration                                   | 17-23/9                                                                     |           |
|                        | 9c        | Note changes in intervention with explanation                                                        | 22/8-12/10                                                                  |           |
|                        | 9d        | Other concurrent interventions                                                                       | 22/8-12/10                                                                  |           |
| Follow-up and Outcomes | 10a       | Clinician assessment (and patient or client assessed outcomes when appropriate)                      | 15-24/10                                                                    |           |
|                        | 10b       | Important follow-up diagnostic evaluations                                                           | 1-5/11                                                                      |           |
|                        | 10c       | Assessment of intervention adherence and tolerability, including adverse events                      | 6-8/11                                                                      |           |
| Discussion             | 11a       | Strengths and limitations in your approach to this case                                              | 11-21/13, 1-11/15                                                           |           |
|                        | 11b       | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                  | 23/12-23/13                                                                 |           |
|                        | 11c       | How does this case report suggest a testable hypothesis?                                             | 11-12/13, 18-21/13, 6-8/11                                                  |           |
|                        | 11d       | Conclusions and rationale                                                                            | 11-12/13, 18-21/13, 22-24/14, 13-16/15                                      |           |
| Patient Perspective    | 12        | When appropriate include the assessment of the patient or client on this episode of care             | 23-24/10                                                                    |           |
| Informed Consent       | 13        | Informed consent from the person who is the subject of this case report is required by most journals | 23/2                                                                        |           |
| Additional Information | 14        | Acknowledgement section; Competing Interests; IRB approval when required                             | 18/15                                                                       |           |