



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Page
<b>Title</b>	<b>1</b>	The words “case report” should be in the title along with the area of focus	1
<b>Key Words</b>	<b>2</b>	Four to seven key words—include “case report” as one of the key words	4
<b>Abstract</b>	<b>3a</b>	Background: What does this case report add to the medical literature?	3
	<b>3b</b>	Case summary: chief complaint, diagnoses, interventions, and outcomes	3
	<b>3c</b>	Conclusion: What is the main “take-away” lesson from this case?	3, 4
<b>Introduction</b>	<b>4</b>	The current standard of care and contributions of this case—with references (1-2 paragraphs)	5
<b>Timeline</b>	<b>5</b>	Information from this case report organized into a timeline (table or figure)	n/a
<b>Patient Information</b>	<b>6a</b>	De-identified demographic and other patient or client specific information	7
	<b>6b</b>	Chief complaint—what prompted this visit?	7
	<b>6c</b>	Relevant history including past interventions and outcomes	7
<b>Physical Exam</b>	<b>7</b>	Relevant physical examination findings	7
<b>Diagnostic Assessment</b>	<b>8a</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	8
	<b>8b</b>	Diagnostic reasoning including other diagnoses considered and challenges	8
	<b>8c</b>	Consider tables or figures linking assessment, diagnoses and interventions	8
	<b>8d</b>	Prognostic characteristics where applicable	n/a
<b>Interventions</b>	<b>9a</b>	Types such as life-style recommendations, treatments, medications, surgery	8
	<b>9b</b>	Intervention administration such as dosage, frequency and duration	8
	<b>9c</b>	Note changes in intervention with explanation	8
	<b>9d</b>	Other concurrent interventions	8
<b>Follow-up and Outcomes</b>	<b>10a</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	9
	<b>10b</b>	Important follow-up diagnostic evaluations	9
	<b>10c</b>	Assessment of intervention adherence and tolerability, including adverse events	9
<b>Discussion</b>	<b>11a</b>	Strengths and limitations in your approach to this case	9
	<b>11b</b>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	9, 10
	<b>11c</b>	How does this case report suggest a testable hypothesis?	10, 11
	<b>11d</b>	Conclusions and rationale	11
<b>Patient Perspective</b>	<b>12</b>	When appropriate include the assessment of the patient or client on this episode of care	n/a
<b>Informed Consent</b>	<b>13</b>	Informed consent from the person who is the subject of this case report is required by most journals	submission
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; Competing Interests; IRB approval when required	14