



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	___ 1 ___
Key Words	2	Four to seven key words—include “case report” as one of the key words	___ 3 ___
Abstract	3a	Background: What does this case report add to the medical literature?	___ 3 ___
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	___ 3 ___
	3c	Conclusion: What is the main “take-away” lesson from this case?	___ 3 ___
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	___ 4-5 ___
Timeline	5	Information from this case report organized into a timeline (table or figure)	___ 5-6 ___
Patient Information	6a	De-identified demographic and other patient or client specific information	___ 5 ___
	6b	Chief complaint—what prompted this visit?	___ 5 ___
	6c	Relevant history including past interventions and outcomes	___ 5 ___
Physical Exam	7	Relevant physical examination findings	___ 6 ___
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	___ 6 ___
	8b	Diagnostic reasoning including other diagnoses considered and challenges	___ 7-8 ___
	8c	Consider tables or figures linking assessment, diagnoses and interventions	___ 6 ___
	8d	Prognostic characteristics where applicable	___ 4 ___
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	___ 6-7 ___
	9b	Intervention administration such as dosage, frequency and duration	___ 6-7 ___
	9c	Note changes in intervention with explanation	___ 8-9 ___
	9d	Other concurrent interventions	___ 5 ___
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	___ 8 ___
	10b	Important follow-up diagnostic evaluations	___ 8 ___
	10c	Assessment of intervention adherence and tolerability, including adverse events	___ 8 ___
Discussion	11a	Strengths and limitations in your approach to this case	___ 11 ___
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	___ 9-11 ___
	11c	How does this case report suggest a testable hypothesis?	___ 11 ___
	11d	Conclusions and rationale	___ 12 ___
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	___ 11 ___
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	___ 16 ___
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	___ 12 ___