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Intentional replantation combined root resection therapy for the treatment of type III radicular groove with two roots: A case report

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Abstract

BACKGROUND

A radicular groove is an anatomic malformation that usually initiates at the central fossa, extending along the root at varying lengths and depths and predisposes the involved tooth to a severe periodontal defect. Severe grooves that extend to the root apex often lead to complex combined periodontal-endodontic lesions. They are a serious challenge for doctors to diagnose and treat.

CASE SUMMARY

In this report, we described a patient with a maxillary lateral incisor with a deep palatogingival groove with two roots, which led to complex combined periodontal-endodontic lesions. Suggested treatment modalities included curettage of the affected tissues, elimination of the groove by grinding and/or sealing with a variety of filling materials, and surgical procedures. In this case, a combination of endodontic therapy, intentional replantation, and root resection were used, which resulted in periodontal/periradicular healing after 12 mo.

CONCLUSION

Intentional replantation and root resection offer a predictable procedure and should be considered a viable treatment modality for the management of palatogingival grooves, especially for two-rooted teeth.

Key Words: Intentional replantation; Radicular groove; Endo-perio lesion; Root resection; Case report

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Core Tip: We present a case of type III radicular groove with complex combined periodontal-endodontic lesions in a tooth, which was successfully treated by a combination of endodontic therapy, intentional replantation, and root resection. Sufficient knowledge about the diagnosis and treatment strategies and multidisciplinary involvement are essential to obtain the best outcome in a short period with a conservative and minimally periodontal trauma procedure.

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INTRODUCTION

A radicular groove is an anatomic malformation that usually initiates at the central fossa, extending along the root at varying lengths and depths. These malformations are associated with the maxillary incisors and has an incidence of 3%-18% [1-6]. According to the latest classification standards, radicular grooves are classified into three types based on the depth and length of the groove and cross-sectional shape on cone-beam computed tomography (CBCT) images: type I, with a shallow groove depth, corresponding to a normal, simple, and single root canal; type II, with a medium groove depth, corresponding to a C-shaped canal system; and type III, with a deep groove depth, almost bisecting the root of the tooth, simultaneously present with two independent root canals and an apex with a normal shape, corresponding to a labial groove connecting with a palatal groove [4,7-9].

The depth and length of groove determines the prognosis; the deeper the groove, the worse the prognosis. Previously, teeth with severe radicular grooves were usually extracted because of the combined periodontal-endodontic lesions and a hopeless prognosis. Previously, operators have attempted to save these teeth by a variety of therapies, such as scaling and root planing, periodontal regeneration, guided periodontal tissue regeneration, and endodontic surgery; however, the prognosis is unfavorable [10-14].

In this report, we described a 16-year-old boy with a maxillary lateral incisor with type III radicular groove (deep radicular groove extending to the root apex and with two independent root canals). In this case, a combination of endodontic therapy, intentional replantation, and radectomy were used, resulting in periodontal healing and healing of the periradicular radiolucency after 12 mo. At 1-year follow-up, the patient was comfortable and complete resolution of the periapical pathology was evident.

CASE PRESENTATION

Chief complaints

A 16-year-old boy presented to our clinic complaining of the gum pustule with suppuration.

History of present illness

The gum pustule was found by accident 3 d ago without special treatment.

History of past illness

The patient had a negative medical history, and he denied a history of trauma.

Personal and family history

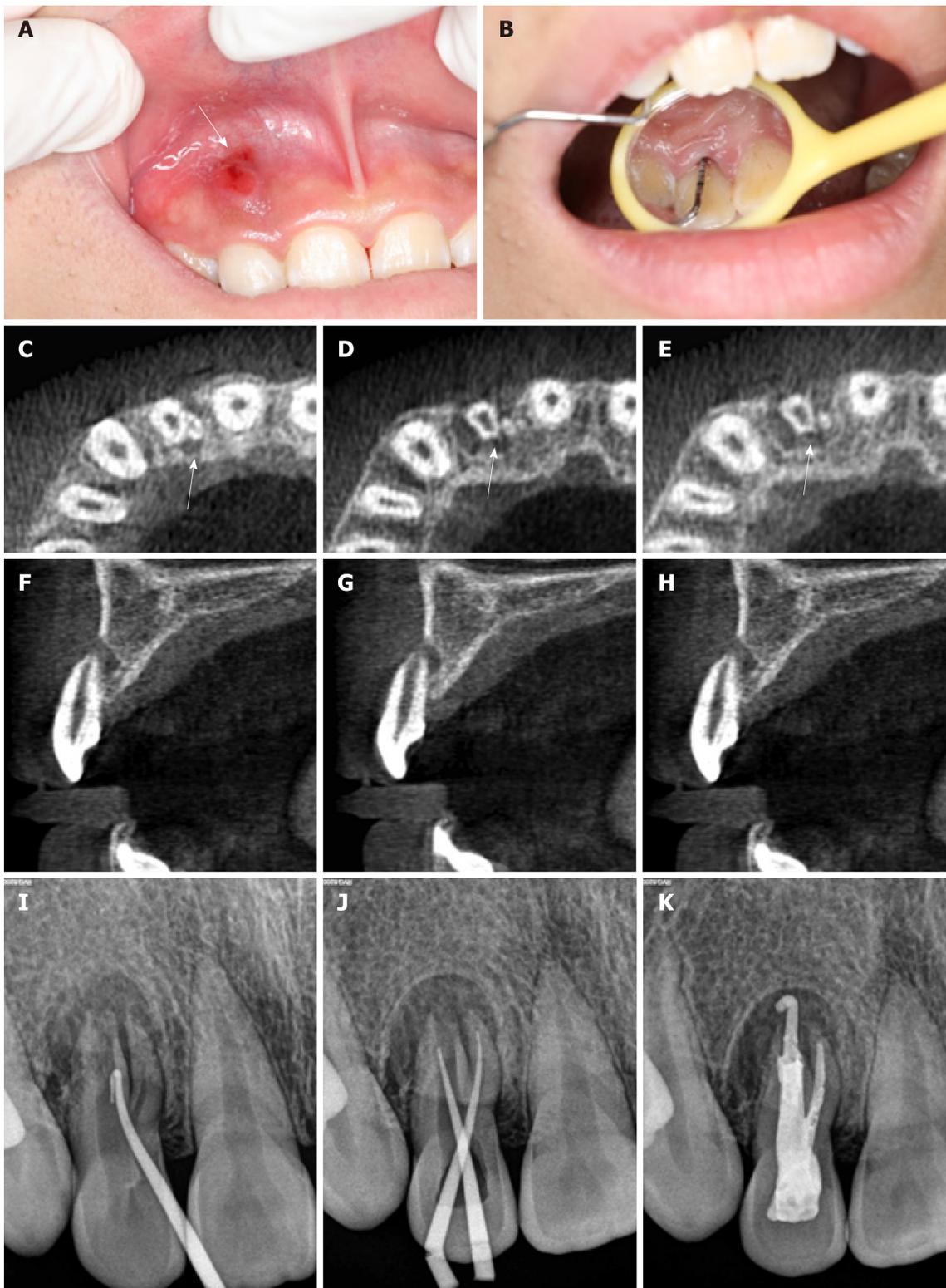
Denial of personal and family history.

Physical examination

Visual examination revealed a draining sinus tract on the labial gingival surface associated with the maxillary right lateral incisor (tooth #12) (Figure 1A). Thermal and electric pulp vitality tests were negative. A radicular groove was detected, extending from the cingulum to the gingival sulcus, and clinical probing depth was 13 mm almost to the root apex. (Figure 1B).

Laboratory examinations

Blood tests disclosed a slight increase of red blood cell ($5.7 \times 10^{12}/L$).



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Figure 1 Oral examination and imaging examination before surgery. A: Visual examination revealed a draining sinus tract on the labial gingival surface associated with the maxillary right lateral incisor; B: Periodontal probing depth of the involved tooth was 13 mm; C-H: Cone-beam computed tomography showed that the maxillary right lateral incisor had two roots with a large area of periradicular radiolucency; I: Preoperative radiography showing that gutta-percha was used to trace the sinus tract; J: Intraoral radiography immediately after root canal preparation; K: Intraoral radiography immediately after root canal therapy.

Imaging examinations

CBCT imaging confirmed that the palatogingival groove extended to the root apex, and a combined endodontic and periodontal origin lesion was identified (Figure 1C-H). A radiograph taken with a gutta-percha cone introduced through the sinus tract that showed that the affected tooth had two roots with large periradicular radiolucency (Figure 1I).

FINAL DIAGNOSIS

Based on the clinical (clinical periodontal probing of 13 mm, pulp vitality tests were negative) and radiographic (CBCT imaging disclosed the palatogingival groove extended to the root apex) evidence, diagnosis of radicular groove combined periodontal-endodontic lesions was established.

TREATMENT

Although the prognosis of the tooth was questionable, the patient elected conservative treatment after the possible complications were explained. After sufficient doctor-patient communication, the treatment plan consisted of intentional replantation with endodontic and root resection.

The tooth was isolated with a rubber dam, and endodontic treatment was initiated (Figure 1J and K). Working length was established with the help of an electronic apex locator (J Morita Manufacturing, Kyoto, Japan), and chemomechanical preparation was performed in a crown-down manner with copious irrigation with 2.0% sodium hypochlorite solution. Intracanal calcium hydroxide dressing was placed (Prime Dental Products, Mumbai, India). After 8 wk, the patient was asymptomatic. Root canal obturation was completed with guttapercha and AH-Plus root canal sealer (Dentsply, Petropolis, Brazil), and the access cavity was restored with composite resin (Esthet X HD; Dentsply) at this visit.

Twelve weeks later, however, the sinus tract had not healed, with a depth of clinical periodontal probing of 13 mm. At that time, it was decided to perform an intentional replantation procedure[6]. The details, possible benefits, and risks of the procedure were explained to the patient, and written consent was obtained.

Local single tooth anesthesia (STA) of 2% lidocaine with 1:100000 epinephrine was applied using the electronic STA Wand System (Milestone Scientific, Livingston, NJ, United States). The tooth was extracted atraumatically with forceps, and the periodontal ligament remained intact (Figure 2A). During the extraction, the tooth was gently held by the crown with physiological-saline-soaked gauze, and the root was continuously rinsed with plenty of saline. Under a dental operating microscope (OPMI ProErgo; Carl Zeiss, Oberkochen, Germany), the tooth was divided into two independent root canals and an apex with a normal shape by the radicular groove that extended from the central fossa to the root apex (Figure 2B). Along the radicular groove, we used a fissure bur to remove the small root (Figure 2C). About 3-mm length of the main root end was resected, and root-end preparation was performed with a #700 fissure bur. Root tips were back-filled with iRoot BP Plus Root Repair Material (Innovative BioCeramix, Vancouver, BC, Canada) (Figure 2D). The complete extraoral procedure lasted < 8 min. The tooth was then replanted into its alveolar bone (Figure 2E) and splinted with a flexible splint for 1 wk (Figure 2F)[15-18]. Antibiotic therapy (amoxicillin plus clavulanic acid 1 g daily) was given by oral administration for 1 wk, and soft brushing was recommended, avoiding the surgical site for the first 48 h. The use of 0.12% chlorhexidine gluconate was recommended to maintain oral hygiene measures[19,20]. The patient was informed of review at 1, 3, 6, and 12 mo after the procedure.

OUTCOME AND FOLLOW-UP

Postsurgical healing was favorable, and the sinus tract was significantly reduced at the 1 wk postoperative visit (Figure 3A-C). At the 1-mo recall, the sinus tract was closed, and radiography showed a reduction in the periapical lesion. The clinical probing depth was 3 mm, indicating that the periapical tissue was healing (Figure 3D-F). At the 3-mo recall, radiography showed no periapical lesion, and the tooth was asymptomatic with no periodontal pocket, which indicated almost complete periapical healing (Figure 3G-I). At the 6-mo recall, clinical and radiographic examination revealed complete periapical healing (Figure 3J-L). At the 12-mo recall, the tooth remained asymptomatic, and the patient was comfortable. CBCT imaging showed that the periapical tissue was normal (Figure 3M-O).

DISCUSSION

The radicular groove is an ideal access for oral bacteria to invade periodontal tissues and cause periodontal damage, and concomitant pulp necrosis and/or apical periodontitis, which present a dilemma in terms of diagnosis and treatment planning[20]. Previously, teeth with type III palatal radicular grooves were usually extracted because of the complicated endoperiodontal damage and hopeless prognosis[15-18]. Intentional replantation has the characteristics of minimal invasion, good vision, short treatment time, and fast recovery[21]. Recently, there have been reports of significant results in the treatment of radicular groove (with endo - periodontal lesion) by using this method[22-25]. The main steps were the minimally invasive extraction of the affected tooth, resection of the root



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Figure 2 Basic steps of the surgery. A: The tooth was extracted atraumatically with forceps, and the periodontal ligament remained intact; B: Palatogingival groove extended up to the root apex, and divided into two independent roots; C: The small root was removed with a fissure bur; D: Root tips were backfilled with iRoot BP Plus Root Repair Material; E: The tooth was replanted into its alveolar bone; F: The tooth was splinted with a flexible splint for 1 wk.

end, filling of both palatogingival groove and the root apex iroot BP, replantation of the affected tooth into the alveolar socket, and periodontal splinting. These cases are usually type II with one root[26-28].

According to Gu's classification system[7-9], the present case belonged to type III because it presented with a shallow and deep groove that extended to the root apex, with a complex root canal system and an extra root. If we follow the method proposed in the previous literature, we could not eliminate the groove by filling with biological material (iroot BP) because of the two independent roots. Therefore, we used previous literature to guide a novel intervention for this patient. The only way to eliminate the infected pathway (the radicular groove) is to remove the root; therefore, we adopted intentional replantation and radectomy. Since we did not scratch the alveolar fossa to remain the periodontal ligament intact, the infection of the root tip was serious, which was not suitable for guided bone regeneration (GBR). Moreover, GBR would increase the difficulty of replanting the teeth to the appropriate position, which might cause occlusion trauma. We considered that if the effect of this operation was not ideal, later GBR might be needed, but did not choose to perform simultaneous surgery.

During the follow-up, the outcome of the procedure was favorable. There was an acceptable healing process. The patient's initial complaints had resolved. Significant healing could be detected in the clinical examination (the sinus tract and the depth of clinical probing depth). The follow-up radiographs showed bone deposition in the affected area, as evidenced by the reduced area of radiolucency. Based on this, it was decided that intentional replantation and radectomy would be sufficient, and no further surgical (GBR) would be needed.



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Figure 3 Oral examination and imaging examination during the 1-year follow-up. A-C: The sinus tract was significantly reduced at the 1-wk postoperative visit; D-F: At the 1-mo recall, the sinus tract was closed and radiography showed a reduction in the periapical lesion, and the depth of the periodontal probe was 3 mm; G-I: At the 3-mo recall, radiography showed no periapical lesion, and the tooth was asymptomatic with no periodontal pocket; J-L: Radiography was performed immediately after operation at the 1-wk, 1-mo, 3-mo, 6-mo, and 12-mo recalls, which showed that the periradicular radiolucency gradually narrowed (M, P, Q).

The most important concern related to the procedure is preserving the periodontal ligament (PDL) and the extraoral time[26], which should be as short as possible. Many researchers have emphasized the importance of preserving the PDL and limiting the extraoral time to 30 min. An extraoral time greater

than 30 min increases the possibility of replacement resorption. In this case, the tooth was held gently at both the crown and root with gauze soaked in physiologic saline. The total extraoral time was only 7 min, allowing to the root surface to enhance PDL fiber attachment or prevent ankylosis[28].

CONCLUSION

In practice, to improve the treatment success of endodontic-periodontal disease which caused by radicular grooves, the clinicians must have sufficient knowledge concerning the etiology, classification, diagnosis, and treatment strategies of the condition. The complexity of such lesions makes diagnosis and treatment more difficult. Therefore, detailed extraoral and intraoral examination, periapical and CBCT radiographic imaging, periodontal analysis, and the application of additional tests to check for the tooth vitality should be performed to improve our understanding of the detail of the case, which can guide the clinicians towards a proper treatment plan. What's more, we should grasp the details of the operation to improve the success of the operation. In this case report, the intentional replantation combined endodontic and radectomy provides a viable option for the management of type III radicular grooves with two independent root canals.

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FOOTNOTES

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