



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title alongwith the area of focus	L1/P1__
Key Words	2	Fourtosevenkey words—include“case report” asone of thekey words	L1/P3__
Abstract	3a	Background:What does this case reportadd to the medical literature?	L3/P2__
	3b	Casesummary:chief complaint, diagnoses, interventions, and outcomes	L16/P4__
	3c	Conclusion:Whatis the main “take-away” lessonfrom this case?	L27/P2__
Introduction	4	Thecurrentstandard of careandcontributions of this case—withreferences (1-2 paragraphs)	L1/P4__
Timeline	5	Information from this case reportorganizedintoa timeline(table or figure)	_____
Patient Information	6a	De-identified demographic and other patientor clientspecific information	_____
	6b	Chief complaint—what prompted thisvisit?	L20/P4__
	6c	Relevant history including past interventions and outcomes	_____
Physical Exam	7	Relevant physical examination findings	L7/P4__
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	L17/P6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	_____
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_____
	8d	Prognostic characteristics where applicable	L20/P6__
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	_____
	9b	Intervention administration such as dosage, frequency and duration	_____
	9c	Note changes in interventionwith explanation	_____
	9d	Other concurrent interventions	_____
Follow-up and Outcomes	10a	Clinicianassessment (and patientorclientassessed outcomes when appropriate)	L19/P7__
	10b	Important follow-up diagnostic evaluations	_____
	10c	Assessment of intervention adherence and tolerability, including adverse events	_____
Discussion	11a	Strengths and limitations in your approach to this case	L26/P7__
	11b	Specifyhowthis case report informspracticeor Clinical PracticeGuidelines(CPG)	_____
	11c	How does this case reportsuggest a testable hypothesis?	_____
	11d	Conclusions and rationale	_____
Patient Perspective	12	When appropriateinclude theassessmentof the patient or clientonthis episode of care	_____
Informed Consent	13	Informed consentfrom the person who is the subject of this case reportisrequired bymost journals	L2/P14__
Additional Information	14	Acknowledgement section; CompetingInterests; IRBapproval when required	L5/P14__