

World Journal of *Clinical Cases*

World J Clin Cases 2022 June 16; 10(17): 5518-5933



MINIREVIEWS

- 5518** Occult hepatitis B — the result of the host immune response interaction with different genomic expressions of the virus
Gherlan GS
- 5531** Pulmonary complications of portal hypertension: The overlooked decompensation
Craciun R, Mocan T, Procopet B, Nemes A, Tefas C, Sparchez M, Mocan LP, Sparchez Z
- 5541** Ethical review of off-label drugs during the COVID-19 pandemic
Li QY, Lv Y, An ZY, Dai NN, Hong X, Zhang Y, Liang LJ

ORIGINAL ARTICLE

Case Control Study

- 5551** Gut peptide changes in patients with obstructive jaundice undergoing biliary drainage: A prospective case control study
Pavić T, Pelajić S, Blažević N, Kralj D, Milošević M, Mikolasevic I, Lerotic I, Hrabar D

Retrospective Cohort Study

- 5566** Longitudinal assessment of liver stiffness by transient elastography for chronic hepatitis C patients
Mezina A, Krishnan A, Woreta TA, Rubenstein KB, Watson E, Chen PH, Rodriguez-Watson C

Retrospective Study

- 5577** Clinical evaluation of prone position ventilation in the treatment of acute respiratory distress syndrome induced by sepsis
Xia WH, Yang CL, Chen Z, Ouyang CH, Ouyang GQ, Li QG
- 5586** Three-dimensional arterial spin labeling and diffusion kurtosis imaging in evaluating perfusion and infarct area size in acute cerebral ischemia
Jiang YY, Zhong ZL, Zuo M
- 5595** Intrathecal methotrexate in combination with systemic chemotherapy in glioblastoma patients with leptomeningeal dissemination: A retrospective analysis
Kang X, Chen F, Yang SB, Wang YL, Qian ZH, Li Y, Lin H, Li P, Peng YC, Wang XM, Li WB
- 5606** Hepatic epithelioid hemangioendothelioma: Clinical characteristics, diagnosis, treatment, and prognosis
Zhao M, Yin F
- 5620** Difference between type 2 gastroesophageal varices and isolated fundic varices in clinical profiles and portosystemic collaterals
Song YH, Xiang HY, Si KK, Wang ZH, Zhang Y, Liu C, Xu KS, Li X

- 5634** Assessment of incidental focal colorectal uptake by analysis of fluorine-18 fluorodeoxyglucose positron emission tomography parameters

Lee H, Hwang KH, Kwon KA

Observational Study

- 5646** "Zero ischemia" laparoscopic partial nephrectomy by high-power GreenLight laser enucleation for renal carcinoma: A single-center experience

Zhang XM, Xu JD, Lv JM, Pan XW, Cao JW, Chu J, Cui XG

- 5655** High Eckardt score and previous treatment were associated with poor postperoral endoscopic myotomy pain control: A retrospective study

Chen WN, Xu YL, Zhang XG

- 5667** Higher volume growth rate is associated with development of worrisome features in patients with branch duct-intraductal papillary mucinous neoplasms

Innocenti T, Danti G, Lynch EN, Dragoni G, Gottin M, Fedeli F, Palatresi D, Biagini MR, Milani S, Miele V, Galli A

Prospective Study

- 5680** Application of a new anatomic hook-rod-pedicle screw system in young patients with lumbar spondylolysis: A pilot study

Li DM, Li YC, Jiang W, Peng BG

META-ANALYSIS

- 5690** Systematic review of Yougui pills combined with levothyroxine sodium in the treatment of hypothyroidism

Liu XP, Zhou YN, Tan CE

CASE REPORT

- 5702** Allogeneic stem cell transplantation-A curative treatment for paroxysmal nocturnal hemoglobinuria with PIGT mutation: A case report

Schenone L, Notarantonio AB, Latger-Cannard V, Fremeaux-Bacchi V, De Carvalho-Bittencourt M, Rubio MT, Muller M, D'Aveni M

- 5708** Gray zone lymphoma effectively treated with cyclophosphamide, doxorubicin, vincristine, prednisolone, and rituximab chemotherapy: A case report

Hojo N, Nagasaki M, Mihara Y

- 5717** Diagnosis of spontaneous isolated superior mesenteric artery dissection with ultrasound: A case report

Zhang Y, Zhou JY, Liu J, Bai C

- 5723** Adrenocorticotrophic hormone-secreting pancreatic neuroendocrine carcinoma with multiple organ infections and widespread thrombosis: A case report

Yoshihara A, Nishihama K, Inoue C, Okano Y, Eguchi K, Tanaka S, Maki K, Fridman D'Alessandro V, Takeshita A, Yasuma T, Uemura M, Suzuki T, Gabazza EC, Yano Y

- 5732** Management of the palato-radicular groove with a periodontal regenerative procedure and prosthodontic treatment: A case report

Ling DH, Shi WP, Wang YH, Lai DP, Zhang YZ

- 5741** Combined thoracic paravertebral block and interscalene brachial plexus block for modified radical mastectomy: A case report
Hu ZT, Sun G, Wang ST, Li K
- 5748** Chondromyxoid fibroma of the cervical spine: A case report
Li C, Li S, Hu W
- 5756** Preterm neonate with a large congenital hemangioma on maxillofacial site causing thrombocytopenia and heart failure: A case report
Ren N, Jin CS, Zhao XQ, Gao WH, Gao YX, Wang Y, Zhang YF
- 5764** Simultaneous multiple primary malignancies diagnosed by endoscopic ultrasound-guided fine-needle aspiration: A case report
Yang J, Zeng Y, Zhang JW
- 5770** Neuroendocrine tumour of the descending part of the duodenum complicated with schwannoma: A case report
Zhang L, Zhang C, Feng SY, Ma PP, Zhang S, Wang QQ
- 5776** Massive hemothorax following internal jugular vein catheterization under ultrasound guidance: A case report
Kang H, Cho SY, Suk EH, Ju W, Choi JY
- 5783** Unilateral adrenal tuberculosis whose computed tomography imaging characteristics mimic a malignant tumor: A case report
Liu H, Tang TJ, An ZM, Yu YR
- 5789** Modified membrane fixation technique in a severe continuous horizontal bone defect: A case report
Wang LH, Ruan Y, Zhao WY, Chen JP, Yang F
- 5798** Surgical repair of an emergent giant hepatic aneurysm with an abdominal aortic dissection: A case report
Wen X, Yao ZY, Zhang Q, Wei W, Chen XY, Huang B
- 5805** Heterotopic ossification beneath the upper abdominal incision after radical gastrectomy: Two case reports
Zhang X, Xia PT, Ma YC, Dai Y, Wang YL
- 5810** Non-alcoholic Wernicke encephalopathy in an esophageal cancer patient receiving radiotherapy: A case report
Zhang Y, Wang L, Jiang J, Chen WY
- 5816** New approach for the treatment of vertical root fracture of teeth: A case report and review of literature
Zhong X, Yan P, Fan W
- 5825** Ultrasound-guided microwave ablation as a palliative treatment for mycosis fungoides eyelid involvement: A case report
Chen YW, Yang HZ, Zhao SS, Zhang Z, Chen ZM, Feng HH, An MH, Wang KK, Duan R, Chen BD
- 5833** Pulp revascularization on an adult mandibular right second premolar: A case report
Yang YQ, Wu BL, Zeng JK, Jiang C, Chen M

- 5841** Barrett's esophagus in a patient with bulimia nervosa: A case report
Gouda A, El-Kassas M
- 5846** Spontaneous gallbladder perforation and colon fistula in hypertriglyceridemia-related severe acute pancreatitis: A case report
Wang QP, Chen YJ, Sun MX, Dai JY, Cao J, Xu Q, Zhang GN, Zhang SY
- 5854** Beware of gastric tube in esophagectomy after gastric radiotherapy: A case report
Yurttas C, Wichmann D, Gani C, Bongers MN, Singer S, Thiel C, Koenigsrainer A, Thiel K
- 5861** Transition from minimal change disease to focal segmental glomerulosclerosis related to occupational exposure: A case report
Tang L, Cai Z, Wang SX, Zhao WJ
- 5869** Lung adenocarcinoma metastasis to paranasal sinus: A case report
Li WJ, Xue HX, You JQ, Chao CJ
- 5877** Follicular lymphoma presenting like marginal zone lymphoma: A case report
Peng HY, Xiu YJ, Chen WH, Gu QL, Du X
- 5884** Primary renal small cell carcinoma: A case report
Xie K, Li XY, Liao BJ, Wu SC, Chen WM
- 5893** Gitelman syndrome: A case report
Chen SY, Jie N
- 5899** High-frame-rate contrast-enhanced ultrasound findings of liver metastasis of duodenal gastrointestinal stromal tumor: A case report and literature review
Chen JH, Huang Y
- 5910** Tumor-like disorder of the brachial plexus region in a patient with hemophilia: A case report
Guo EQ, Yang XD, Lu HR
- 5916** Response to dacomitinib in advanced non-small-cell lung cancer harboring the rare delE709_T710insD mutation: A case report
Xu F, Xia ML, Pan HY, Pan JW, Shen YH
- 5923** Loss of human epidermal receptor-2 in human epidermal receptor-2+ breast cancer after neoadjuvant treatment: A case report
Yu J, Li NL

LETTER TO THE EDITOR

- 5929** Repetitive transcranial magnetic stimulation for post-traumatic stress disorder: Lights and shadows
Concerto C, Lanza G, Fisicaro F, Pennisi M, Rodolico A, Torrisi G, Bella R, Aguglia E

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WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

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Retrospective Study

Intrathecal methotrexate in combination with systemic chemotherapy in glioblastoma patients with leptomeningeal dissemination: A retrospective analysis

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Abstract

BACKGROUND

Glioblastoma (GBM) is one of the most common and aggressive primary malignant brain tumors with severe symptoms and a poor prognosis. Leptomeningeal dissemination (LMD) is a serious complication of GBM that often results in dire outcomes. There is currently no effective treatment.

AIM

To estimate the clinical outcomes of combination therapy in GBM patients with LMD

METHODS

A retrospective analysis was conducted using data collected from GBM patients diagnosed with LMD from January 2012 to December 2019 at our institution. All these patients had received at least one cycle of a combination therapy consisting of intrathecal methotrexate (MTX) and systemic chemotherapy. Clinical and pathological data were analyzed to explore the outcome of GBM patients with LMD and to determine the most effective treatment.

RESULTS

Twenty-six patients were enrolled in this study. The median time from GBM diagnosis to LMD development was 9.3 mo (range: 2-59 mo). The median overall survival of LMD patients from diagnosis to after receiving systemic chemotherapy in combination with intrathecal MTX was 10.5 mo (range: 2-59 mo). In the Cox univariate analysis, gross resection of tumor ($P = 0.022$), Karnofsky performance status (KPS) > 60 ($P = 0.002$), and Ommaya reservoir implant ($P < 0.001$) were correlated with survival. Multivariate analysis showed that KPS > 60 ($P = 0.037$) and Ommaya reservoir implant ($P = 0.014$) were positive factors correlated with survival. Myelotoxicity and gastrointestinal reactions were the common toxicities of this combination therapy. According to Common Terminology Criteria of Adverse Events 4.03, most of the patients presented with toxicity less than grade 3.

CONCLUSION

Intrathecal MTX administration combined with systemic chemotherapy is a potentially effective treatment for patients with GBM and LMD, with mild treatment-related side effects.

Key Words: Glioma; Glioblastoma; Leptomeningeal dissemination; Intrathecal methotrexate; Chemotherapy

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Core Tip: Glioblastoma (GBM) patients with leptomeningeal dissemination (LMD) have severe symptoms and poor prognosis. We investigated the use of intrathecal methotrexate in combination with systemic chemotherapy in terms of effectivity and patient outcome. We showed the potential effectivity of this treatment and that KPS > 60 , gross resection of the brain tumor, and the Ommaya reservoir implantation are positive prognostic factors for patients with LMD. We believe that our study gives evidence systemetic treatment is potentially effective in GBM patients with LMD.

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INTRODUCTION

Glioblastoma (GBM) is one of the most malignant brain tumors with a median overall survival (OS) of 14.6 mo despite treatment with surgery, radiotherapy, and temozolomide (TMZ)[1,2]. The survival time for patients with GBM was shown to increase after treatment with a combination of tumor-treating fields, but only to 20.9 mo[3]. Leptomeningeal dissemination (LMD) occurs when glioma cells invade the cerebrospinal fluid (CSF) and the leptomeninges. GBM patients with LMD often showed a worse prognosis than those with progression of parenchymal disease and had a median survival of 2-5 mo[4-6]. LMD was initially considered a rare complication of gliomas, but the incidence seems to be higher than the estimated rate of 4%, reaching 25% in postmortem neuropathological studies[4,7,8]. Recent studies indicated that LMD incidence is increasing, possibly due to the improvement in survival rates and survival time of GBM patients[9,10]. Diagnosis of LMD involves either only enhanced magnetic resonance imaging (MRI) or MRI along with positive morphology of CSF cells.

Intrathecal injection of methotrexate (MTX) is a potentially effective method for treating glioma with LMD. Our team found that MTX can inhibit the growth of GBM cells by downregulating the Ras/MAPK/Myc/CD47 signaling pathway[11]. However, an intrathecal injection of MTX was insufficient because it is ineffective on tumor cells in the brain parenchyma. Thus, a combined systemic treatment is needed. TMZ and its combination regimen with etoposide combined with a platinum chemotherapy regimen are optional systemic treatments. We used intrathecal MTX in combination with systemic chemotherapy as a treatment regimen for patients with LMD. This study aimed to estimate the clinical outcomes of combination therapy in GBM patients with LMD.

MATERIALS AND METHODS

This study was approved by the Medical Ethics Committee of Beijing Tiantan Hospital, Capital Medical University. Between January 2012 and December 2019, intrathecal MTX in combination with systemic chemotherapy was administered to 26 patients with GBM with LMD in our institution. The patient cohort had a median age of 43 years (range: 18-61 years). Their GBM diagnosis was confirmed by specialized neuropathologists according to the 2016 World Health Organization classification of brain tumors.

Diagnosis of LMD was performed as explained above. Concomitant chemoradiotherapy followed by adjuvant TMZ chemotherapy was administered according to standard protocols[1,2].

Data on sex, date of birth, date of initial glioma diagnosis, date of LMD diagnosis, Karnofsky Performance Status (KPS) score at LMD diagnosis, molecular pathologic analysis, initial and subsequent LMD treatments, first CSF results after LMD diagnosis, hematological toxicity of treatment, and date of death or last follow-up were collected for each patient.

Treatment plan

Each treatment cycle lasted for 28 d. MTX was intrathecally injected 2-3 times during each cycle, with a single dose of 10 mg once a week. A TMZ regimen was the first choice until after 6 cycles of TMZ systemic chemotherapy had been completed. A dose of 150-200 mg/m²/d TMZ was administered over 5 d every 28 d. An etoposide and carboplatin (EC) regimen was used in patients in whom the previous TMZ regimen failed in less than 6 mo. Carboplatin AUC5 was administered once every 28 d, and etoposide was administered at 100 mg/m²/d, for 3 d every 28 d. A TMZ and cisplatin (TP) combinatorial regimen was used in patients whose previous TMZ regimen had failed for over 6 mo. Cisplatin was administered at 30 mg/m²/d, 3 d every 28 d, and TMZ was administered at 150-200 mg/m²/d, 5 d every 28 d. Bevacizumab (BEV) was administered to patients with severe brain edema after they showed poor reactions to conventional brain edema treatment. BEV was administered at 5 mg/kg, 1 day every 28 d. Chemotherapy dosage and interval were adjusted according to chemotherapy principles. Either only MRI or MRI along with CSF morphology was reviewed every 2 mo. If the treatments were evaluated as effective, then patients would continue for no more than 8 cycles. If the treatment was ineffective, then the patient was changed to another combined chemotherapy regimen. This process was carried on until either the tumor progressed, the patients gave up treatment, or the patient died.

Statistical analysis

The time from patients' initial GBM diagnosis to their death, time from GBM diagnosis to LMD diagnosis, time from LMD diagnosis to death or last follow-up, and OS (recorded until January 1, 2021) were evaluated using the Kaplan-Meier method. The comparison between patients' characteristics was assessed using a log-rank test. Univariate Cox regression models were applied to assess the effect of the covariates of interest on the time-to-event endpoint. A *P* value of < 0.05 was considered significant for all analyses. All computations were carried out in SPSS 23.0.

RESULTS

Twenty-six patients with GBM developed LMD and were treated at our institution.

Patients' characteristics before LMD diagnosis

Among the 26 patients included in the analysis, 16 (61.5%) were men and 10 (38.5%) were women, with a median age of 43 years (range: 16-61 years). Most patients had supratentorial primary tumor locations; only two had infratentorial tumors (in the cerebellum). Total gross resection was carried out for 7 patients' tumors (26.9%). Eighteen tumors (69.2%) that were within 1 cm of the ventricular system or that had infiltrated the ventricular system were opened during the initial surgery. Tumor samples from all patients were sent for molecular pathology tests, namely immunohistochemistry or next-generation sequencing. The patterns of treatment after GBM diagnosis and before LMD diagnosis are provided in Table 1.

Patients' characteristics at the time of LMD diagnosis

Twenty-six of these LMD patients had 4 types of clinical symptoms: headache (46.2%), backache (15.4%), lower extremity weakness (11.5%), and visual changes (3.8%). Only 6 patients (23.1%) were asymptomatic upon diagnosis, needing diagnosis to be made through routine examination. With the progress of the disease, most patients appeared to have intracranial hypertension syndrome, severe headache, progressive cognitive impairment, cranial nerve damage, ataxia, and other symptoms of brain and spinal cord injury. The details are presented in Table 2.

Table 1 Clinical characteristics of the patients at the time of glioblastoma diagnosis

Variable	N (%)
Patient	26 (100)
Age at GBM diagnosis: median (range)	43 (18-61)
Sex	
Female	10 (38.5)
Male	16 (61.5)
Location	
Infratentorial (cerebellum)	2 (7.7)
Supratentorial	24 (92.3)
Extent of resection of GBM at diagnosis	
Gross total	7 (26.9)
Non-gross total	19 (73.1)
Communicating with the ventricle at time of GBM diagnosis ^a	
Yes	18 (69.2)
No	8 (30.8)
Concurrent radiation + TMZ after GBM diagnosis	
Yes	26 (100)
No	0 (0)
Adjuvant TMZ cycles for GBM: Median (range)	7 (1-20)
< 7	15 (57.7)
≥ 7	11 (42.3)
Molecular pathology, positive test ^b	
MGMT methylation	5 (19.2)
IDH1 mutation	1 (3.8)
TERT C228T mutation	8 (30.8)

^aThe tumor was within 1 cm of the ventricular system or the ventricular system was open during the operation.

^bPositive test for immunohistochemistry or NextGen sequencing.

GBM: Glioblastoma; TMZ: Temozolomide; IDH: Isocitrate dehydrogenase; LMD: Leptomeningeal dissemination; MGMT: O6-methylguanine-DNA methyltransferase; TERT: Telomerase reverse transcriptase.

The median time from GBM surgery to diagnosis of LMD was 9.4 mo (range: 0.7–41.4 mo). One patient (3.8%) was diagnosed with LMD (spinal cord metastasis) at the time of initial GBM diagnosis, and the remaining 25 patients were diagnosed after surgery.

All 26 patients had positive MRI findings. Leptomeningeal tumor enhancement was found in the brain around the contours of the gyri and sulci or in multiple nodular deposits in the subarachnoid space, cerebellar folia, and the cortical surface. When these are observed in the spinal cord as linear or nodular enhancements along the surface, a conclusive diagnosis of LMD can be made.

All 26 patients underwent a single lumbar puncture for CSF analysis. Only half these samples (13, 50%) were positive for malignant cells in the cytologic examination. Twenty-one patients (80.8%) had total CSF protein levels over the normal range.

For both the convenience of intrathecal chemotherapy and to avoid lumbar puncture-related metastasis, 20 patients (76.9%) accepted an Ommaya reservoir implant. According to the chemotherapy plan mentioned above, 5 patients used TMZ as systemic chemotherapy, 8 accepted TMZ+DDP (TP), and 13 were treated with vp-16 + CBP (EC). The median number of chemotherapy cycles was 4 (range: 1-8). Four patients changed their systemic chemotherapy plan after first-line failure. One patient accepted vemurafenib therapy because of a BRAF mutation.

Toxicity

The significant treatment-related side effects were gastrointestinal toxicity and myelotoxicity. According

Table 2 Patients' characteristics at the time of the leptomeningeal disease diagnosis

Variable	N (%)
Patient	26 (100)
Time from GBM diagnosis to develop of LMD (months)	
Median (range)	9.3 (0.7-41.4)
KPS at LMD diagnosis	
≤ 60	12 (46.2)
> 60	14 (53.8)
Common presenting symptoms	
Headache	12 (46.2)
None	6 (23.1)
Backache	4 (15.4)
Lower extremity weakness	3 (11.5)
Visual changes	1 (3.8)
MRI positive characteristics	
Subarachnoid and ventricular Spinal cord	10 (38.5)16 (61.5)
CSF cytology for malignant cells	
Yes	13 (50)
No	13 (50)
The content of total protein in the CSF (mg/dL) ^a	
Median (range)	149.2 (21.6-1600.3)
15-45	2 (7.7)
> 45	21 (80.8)
Ommaya reservoir implant	
Yes	20 (76.9)
No	6 (23.1)
Intrathecal injection chemotherapy	
MTX	26 (100)
Systemic chemotherapy	
TMZ	5 (19.2)
TMZ + DDP	8 (30.8)
vp-16 + CBP	13 (50)
Bevacizumab	
Yes	8 (28.6)
No	18 (71.4)
Cycles of intrathecal injection and systemic chemotherapy	
Median (range)	4 (1-8)
< 4	13 (50)
≥ 4	13 (50)
Gastrointestinal toxicity (grade) ^b	
1	17 (65.4)
2	7 (26.9)
3	2 (7.7)

Myelotoxicity	
< 3	19 (73.1)
3-4	7 (26.9)

^aThree patients CSF protein dates were lost. The tumors were within 1 cm of the ventricular system, or the ventricular system was open during the operation.

^bToxicity was determined by grading standard for toxic and side effects of chemotherapy drugs.

GBM: Glioblastoma; CSF: Cerebral spinal fluid; LMD: Leptomeningeal disease; KPS: Karnofsky performance status; MTX: Methotrexate; DDP: Cisplatin; CBP: Carboplatin; MRI: Magnetic resonance imaging.

to the Common Terminology Criteria of Adverse Events version 4.03, 24 patients (92.3%) had grade 1-2 gastrointestinal side effects, whereas 19 patients (73.1%) had grade 1-2 myelotoxicity.

Survival

At the last follow-up, 6 patients were still alive. The median OS for all patients from the date of GBM diagnosis was 27.8 mo. The median survival time from diagnosis of GBM to LMD was 9.4 mo (range: 2-59 mo). The median survival from the diagnosis of LMD was 10.5 mo (Figure 1A). Ten patients showed improvement in neurological symptoms and imaging. The image of a typical case is shown in Figure 2. Eight patients had stable disease, whereas treatment was not effective in the remaining 8 patients.

Univariate analysis showed that the median OS from the diagnosis of LMD was significantly different between those with KPS > 60 and KPS ≤ 60 (16 mo *vs* 9 mo, $P = 0.002$), Ommaya reservoir implant or no implant (15 mo *vs* 6 mo, $P < 0.001$), and gross total resection of the tumor or not [median 24.7, 95%CI (15.1, 34.3) *vs* 10.9, 95%CI (8.0, 13.7), $P = 0.022$] (Figure 1B-D). MGMT methylation ($P = 0.187$), communicating with the ventricle at time of GBM diagnosis ($P = 0.778$), total protein in CSF ($P = 0.321$), and BEV use ($P = 0.085$) had no significant outcome association (Table 3).

Multivariate analysis showed that OS from diagnosis of LMD was positively associated with KPS > 60 ($P = 0.037$) and the Ommaya reservoir implant ($P = 0.014$) (Table 4).

DISCUSSION

LMD in patients with GBM is a serious complication with adverse outcomes. There is no consensus on the treatment for LMD. Disease progression or treatment-related complications, such as intrathecal treatment leading to bleeding and infection after ventricular-abdominal shunt, can sometimes lead to fatal results[6,12]. Considering the multifocal nature of LMD, surgical treatment is not appropriate. Palliative radiotherapy is the most used treatment that can relieve symptoms and slightly improve survival[13,14]. Completed clinical trials have explored the application of a variety of single-use intrathecal chemotherapeutics, including topotecan, MTX, and cytarabine. Although the safety evaluation is satisfactory, none of the single-use drugs have been shown to significantly improve the survival rate of LMD patients[15]. Most intrathecal drugs are single use for LMD patients[A1]; Scott *et al* [16] reported that concurrent intrathecal MTX and liposomal cytarabine for solid tumors that developed LMD showed a median non-GBM OS of 30.2 wk, thereby demonstrating a possible strategy of multidrug intrathecal chemotherapy. Single-use BEV or BEV in combination with irinotecan showed inconsistent clinical benefits[4,17,18]. Targeted therapy can be used in selected cases with sensitive mutations, but it is not widely used due to the insufficient detection or the low sensitivity of glioma mutations[19-21]. Although Chimeric Antigen Receptor T-Cell Immunotherapy therapy for IDH wild-type MGMT-methylated GBM combined with LMD has shown encouraging effects and no related side effects[22], it is difficult to find a suitable target. An immunosuppressive microenvironment and subsequent toxicity limits immunotherapy.

Chemotherapy is one of the main treatment methods for brain tumors. Multiple chemotherapeutic regimens have been investigated, both single or combination treatments (TMZ, lomustine, irinotecan, and BEV)[4,17]. No significant effect was achieved with the intrathecal injection chemotherapy of different drugs (MTX or cytarabine)[5,23]. Based on our team's previous research on the use of MTX in the treatment of gliomas and on the combined therapeutic effect of chemotherapy on recurrent gliomas, we combined an intrathecal MTX injection with systemic chemotherapy. The results showed that the current OS improved compared to that obtained in previous studies[4-6]. To the best of our knowledge, this clinical study has the largest number of patients receiving treatment for GBM and LMD by intrathecal MTX combined with systemic chemotherapy showing good clinical research conclusions.

Previous studies have shown that MGMT promoter methylation status can be used as an indicator for prognosis in newly diagnosed GBM patients. It was also proposed as a risk factor of LMD development in glioma patients[24]. The suspected mechanisms include the increase in the survival of patients subjected to MGMT methylation treatment. MGMT status has no correlation with OS for GBM after

Table 3 Univariate Cox regression models from diagnosis of leptomeningeal disease to death according to treatment

Covariate	χ^2	P value
Sex	< 0.001	0.99
Extent of resection of GBM at diagnosis	5.236	0.022
Communicating with the ventricle at time of GBM diagnosis	0.08	0.778
MGMT methylation	1.743	0.187
TERT C228T mutation	0.811	0.368
Adjuvant TMZ cycles for GBM	0.153	0.695
Bevacizumab	2.963	0.085
KPS at the time of LMD diagnosis	9.192	0.002
Total protein in the CSF	0.986	0.321
Ommaya reservoir implant	12.701	< 0.001
CSF cytology	3.28	0.07

GBM: Glioblastoma; CSF: Cerebral spinal fluid; LMD: Leptomeningeal disease; KPS: Karnofsky performance status; MTX: Methotrexate; DDP: Cisplatin; CBP: Carboplatin; MRI: Magnetic resonance imaging; TERT: Telomerase reverse transcriptase; MGMT: O6-methylguanine-DNA methyltransferase; TMZ: Temozolomide.

Table 4 Multivariate Cox regression models from diagnosis of leptomeningeal disease to death according to treatment

Covariate	HR (95%CI)	P value
Extent of resection of GBM at diagnosis	0.485 (0.126, 1.871)	0.293
KPS at the time of LMD diagnosis	0.338 (0.122, 0.935)	0.037
Ommaya reservoir implant	0.212 (0.062, 0.729)	0.014

GBM: Glioblastoma; LMD: Leptomeningeal disease; KPS: Karnofsky performance status.

LMD diagnosis. Therefore, for patients diagnosed with LMD, MGMT methylation status should not determine whether TMZ treatment should be used.

BEV has been suggested to promote the development of LMD[18], but available data remain conflicting. Considering the high cost of the BEV and the fact that BEV was not approved by the FDA in China until this year, all the patients in this cohort did not use BEV when GBM was first diagnosed. We only used BEV in patients with severe brain edema and in those who did not respond to conventional dehydration treatment. The results showed that the use of BEV had a negative effect on the OS of patients with LMD but had a favorable effect on relieving intracranial hypertension.

Some studies have shown that ventricular opening during surgery or tumor invasion of the ventricle system may be one of the main factors causing LMD[7,25]. In our study, 18 patients with LMD (69.2%) showed communication with the ventricle at GBM diagnosis, and this result is consistent with what was obtained in other studies. When it comes to the relationship between ventricular opening and OS of LMD patients, there was no significant difference between the two groups, possibly due to the small sample sizes. Further verification is needed.

Ommaya reservoir implants have been widely used to treat LMD in different cancers. It can avoid the injury caused by a lumbar puncture and reduce the corresponding risks. In this study, Ommaya reservoir implant was a positive factor for the OS of LMD patients. In addition to intrathecal MTX administration, we also used the Ommaya reservoir as a simple device for external ventricular drainage at the end stage of the disease, which can sometimes alleviate the symptoms of intracranial hypertension.

In this study, the MRI [A2] abnormalities of the brain and spinal cord were used to diagnose LMD. However, only 13 patients had positive results on a CSF morphological examination. Generally, the CSF morphology test should be combined with another test result, and with CSF flow cytometry if necessary. Considering that our CSF morphology result is a single lumbar puncture test before an intrathecal MTX injection, the presence of false negatives is possible.

The CSF protein content is a clinical characteristic of patients with brain tumors. Of [A3] 23 patients, 21 showed increased levels of CSF proteins in this study, and the protein content of CSF decreased in

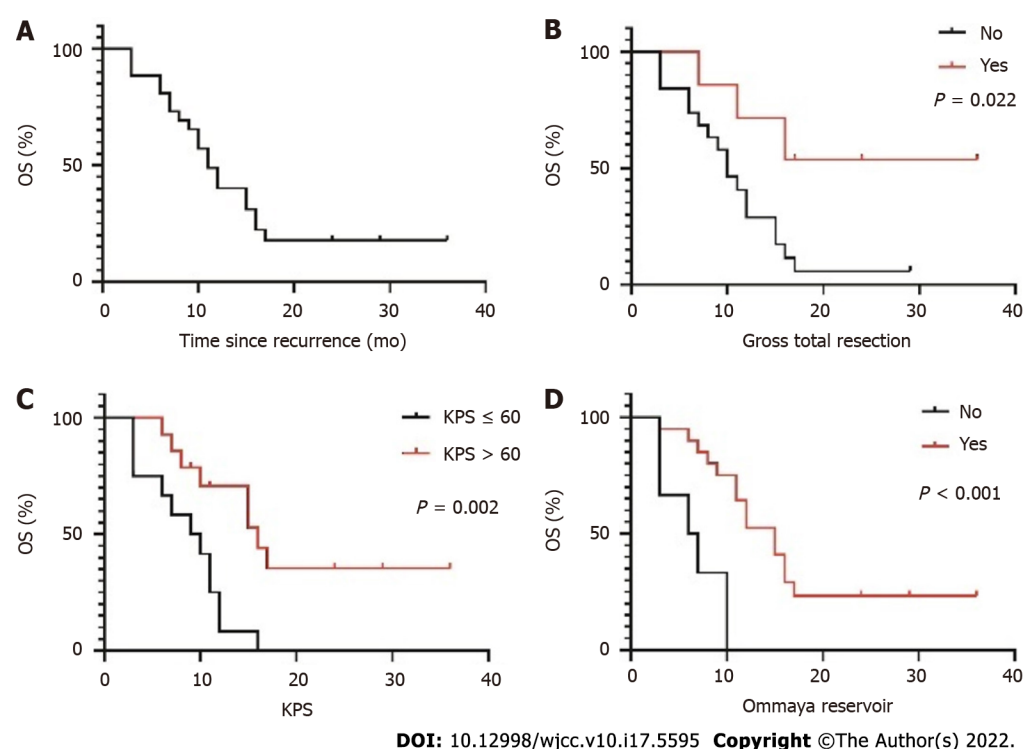


Figure 1 Kaplan-Meier survival curve from leptomeningeal dissemination diagnosis according to treatment. A: Overall survival (OS) of all leptomeningeal dissemination (LMD) patients; B: OS of patients with gross total resection of the tumor or not [median 24.7, 95%CI (15.1, 34.3) vs 10.9, 95%CI (8.0, 13.7), $P = 0.022$]; C: Difference between KPS > 60 and KPS ≤ 60 (16 mo and 9 mo, respectively, $P = 0.002$); D: Difference between Ommaya reservoir implant or not (15 mo vs 6 mo, $P < 0.001$).

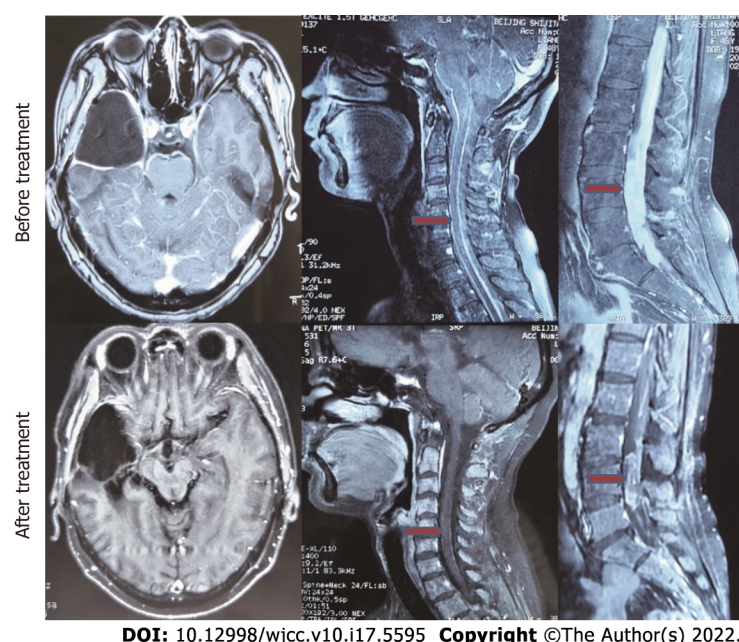


Figure 2 Magnetic resonance imaging scans (T1 + gadolinium) of a patient before (upper panel) and after 4 cycles of vp-16 + CBP chemotherapy combination with methotrexate intrathecal injection (lower panel). The lesion in the right temporal lobe was stable after surgery. The multiple lesions in the cervical (middle column, red arrows) and lumbar (right column, red arrows) spine went into remission.

effectively treated patients. Therefore, we supposed that CSF protein content can be used as a marker for disease diagnosis and as a treatment efficiency evaluator.

Our results showed that total resection of the brain tumor at initial diagnosis and KPS ≥ 60 at the time of LMD diagnosis are good prognostic factors, and this conclusion is similar to that obtained in other studies[4].

In the study, some patients showed improvement in clinical symptoms, and partial remission was observed with imaging. Considering the lack of a unified evaluation standard, it is impossible to evaluate the curative effect. Therefore, this study only takes OS as the main endpoint and evaluation standard of the curative effect.

Limitations

Firstly, this is a single-center retrospective study with a small sample size. Secondly, it is a single-arm study that lacks a control group. Nevertheless, this retrospective study aimed to preliminarily evaluate the efficacy and safety of intrathecal MTX in combination with systemic chemotherapy in GBM patients with LMD. Promising outcomes have been obtained. Based on this result, a prospective study of combination therapy in GBM patients with LMD is ongoing.

CONCLUSION

LMD is a lethal outcome among patients with glioma and is showing an increasing incidence rate. It remarkably reduces patients' OS. Intrathecal MTX combined with systemic chemotherapy is a potentially effective therapy for GBM patients with LMD. KPS > 60, gross resection of the brain tumor, and the Ommaya reservoir implant are positive prognostic factors for patients with LMD.

ARTICLE HIGHLIGHTS

Research background

Glioblastoma (GBM) is one of the most common and aggressive primary malignant brain tumors with severe symptoms and a poor prognosis. Leptomeningeal dissemination (LMD) is a serious complication of GBM that often results in dire outcomes. There is currently no effective treatment.

Research motivation

Looking for a potential effective methods in GBM patients with LMD.

Research objectives

To estimate the clinical outcomes of intrathecal MTX combination with systemic therapy in GBM patients with LMD.

Research methods

A retrospective analysis was conducted using data collected from GBM patients diagnosed with LMD from January 2012 to December 2019 at our institution. Clinical and pathological data were analyzed to explore the clinical outcome of GBM patients with LMD.

Research results

Twenty-six patients were enrolled in this study. The median time from GBM diagnosis to LMD development was 9.3 mo (range: 2-59 mo). The median overall survival of LMD patients from diagnosis to after receiving systemic chemotherapy in combination with intrathecal MTX was 10.5 mo (range: 2-59 mo). In the Cox univariate analysis, gross resection of tumor ($P = 0.022$), Karnofsky Performance Status (KPS) > 60 ($P = 0.002$), and Ommaya reservoir implant ($P < 0.001$) were correlated with survival. Multivariate analysis showed that KPS > 60 ($P = 0.037$) and Ommaya reservoir implant ($P = 0.014$) were positive factors correlated with survival. Myelotoxicity and gastrointestinal reactions were the common toxicities of this combination therapy. According to Common Terminology Criteria of Adverse Events 4.03, most of the patients presented with toxicity less than grade 3.

Research conclusions

Intrathecal MTX administration combined with systemic chemotherapy is a potentially effective treatment for patients with GBM and LMD, with mild treatment-related side effects.

Research perspectives

This retrospective study aimed to preliminarily evaluate the efficacy and safety of intrathecal MTX in combination with systemic chemotherapy in GBM patients with LMD. Promising outcomes have been obtained. Based on this result, a prospective study of combination therapy in GBM patients with LMD is ongoing.

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FOOTNOTES

Author contributions: Kang X and Li WB designed and performed this study; Chen F, Qian ZH, Li Y, and Li P contributed to the patient recruitment and collected the data; Yang SB, Lin H, Wang XM, and Wang YL performed the statistical analysis; Peng YC helped with the manuscript write-up; all authors read and approved the final manuscript.

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Informed consent statement: Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment by written consent. For full disclosure, the details of the study are published on the home page of Fukushima Medical University.

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