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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus1

**Key Words 2** Four to seven key words—include “case report” as one of the key words 1

**Abstract 3a** Background: What does this case report add to the medical literature? 1

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes 1

**3c** Conclusion: What is the main “take-away” lesson from this case? 1

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) 2

**Timeline 5** Information from this case report organized into a timeline (table or figure) n/a

**Patient Information 6a** De-identified demographic and other patient or client specific information 2

**6b** Chief complaint—what prompted this visit? 2

**6c** Relevant history including past interventions and outcomes 2,3

**Physical Exam 7** Relevant physical examination findings 3

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 3

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges 3

**8c** Consider tables or figures linking assessment, diagnoses and interventions 3, 8, 9, 10

**8d** Prognostic characteristics where applicable 3

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery 3

**9b** Intervention administration such as dosage, frequency and duration 2

**9c** Note changes in intervention with explanation n/a

**9d** Other concurrent interventions n/a

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) 3

**Outcomes 10b** Important follow-up diagnostic evaluations 3

**10c** Assessment of intervention adherence and tolerability, including adverse events n/a

**Discussion 11a** Strengths and limitations in your approach to this case 4

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) 4

**11c** How does this case report suggest a testable hypothesis? 5

**11d** Conclusions and rationale 5

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care n/a

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_\_\_\_\_\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required n/a