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Clinical diagnosis, treatment and medical identification of specific pulmonary infection in naval pilots: Four case reports

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Zeng J et al. specific pulmonary infection in naval pilots

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# Abstract

#### BACKGROUND

Specific pulmonary infection could seriously threaten the health of pilots and their companion. The consequences are very serious. With this study, we investigated the clinical diagnosis, treatment and medical identification of specific pulmonary infection in naval pilots.

## CASE SUMMARY

We analyzed the medical waiver and clinical data of 4 pilots with specific pulmonary infection, who had accepted the treatment at the Naval Medical Center of PLA between January 2020 and November 2021. including 3 cases of tuberculosis and 1 case of cryptococcal pneumonia. All 4 cases underwent a series of comprehensive treatment courses, three cases successfully obtained medical waiver for flight after being cured, and one was grounded after reaching the maximum flight life after being cured.

# CONCLUSION

The infection rate of specific lung infection in pilots is very low. Due to the lack of characteristic clinical manifestations, misdiagnosis is easy to occur. Specific lung infection not only aggravates the pilots' health, but also causes the spread of pathogens in flight force with serious consequences. Chest CT scanning should be used instead of chest radiography in pilots' physical examination. When pilots are diagnosed with specific lung infection, related test and Chest CT scanning should be screen people in the same camp. After active treatment, most pilots with specific pulmonary infection can be cured and return to flight.

Key words: Cryptococcal pneumonia; Tuberculosis; Diagnosis; Treatment; medical identification; Pilot; Military medicine; pulmonary infection; Case report



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