



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	_ 6/1 _
Key Words	2	Four to seven key words—include “case report” as one of the key words	_ 52/2 _
Abstract	3a	Background: What does this case report add to the medical literature?	_ 32/2 _
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	_ 35/2 _
	3c	Conclusion: What is the main “take-away” lesson from this case?	_ 49/2 _
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	_ 66/3 _
Timeline	5	Information from this case report organized into a timeline (table or figure)	_ 103/4 _
Patient Information	6a	De-identified demographic and other patient or client specific information	_ 80/3 _
	6b	Chief complaint—what prompted this visit?	_ 79/3 _
	6c	Relevant history including past interventions and outcomes	_ 83/3 _
Physical Exam	7	Relevant physical examination findings	_ 92/4 _
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	_ 96-100/4 _
	8b	Diagnostic reasoning including other diagnoses considered and challenges	_ 119/5 _
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_ 131/5 _
	8d	Prognostic characteristics where applicable	_ 141/6 _
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	_ 135/5 _
	9b	Intervention administration such as dosage, frequency and duration	no interventions
	9c	Note changes in intervention with explanation	no interventions
	9d	Other concurrent interventions	no interventions
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	_ 141-/6 _
	10b	Important follow-up diagnostic evaluations	_ 141-/6 _
	10c	Assessment of intervention adherence and tolerability, including adverse events	_ 141-/6 _
Discussion	11a	Strengths and limitations in your approach to this case	_ 145-/6-7 _
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	_ 55-/2-3 _
	11c	How does this case report suggest a testable hypothesis?	_ 185/7 _
	11d	Conclusions and rationale	_ 192/7 _
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	_ 105/4 _
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	_ 250/9 _
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	_ 246/9 _