



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 2/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 36-37/Page 1
Abstract	3a	Background: What does this case report add to the medical literature?	Line 21-26/Page 1-2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 27-30/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 31-35/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 45-60/Page 3
Timeline	5	Information from this case report organized into a timeline (table or figure)	Line 263-264/Page 14
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 63/Page 3
	6b	Chief complaint—what prompted this visit?	Line 62-63/Page 3
	6c	Relevant history including past interventions and outcomes	Line 64-70/Page 3-4
Physical Exam	7	Relevant physical examination findings	Line 71-72/Page 4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 73-84/Page 4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 85-95/Page 4-5
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Line 96-98/Page 5
	8d	Prognostic characteristics where applicable	Line 114-116/Page 6
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 100-101/Page 5
	9b	Intervention administration such as dosage, frequency and duration	Line 99-105/Page 5
	9c	Note changes in intervention with explanation	Line 105-110/Page 5
	9d	Other concurrent interventions	NO
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	N/A
	10b	Important follow-up diagnostic evaluations	Line 112-116/Page 5
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 113-114/Page 5
Discussion	11a	Strengths and limitations in your approach to this case	Line 123-126/Page 7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 154-157/Page 7-8
	11c	How does this case report suggest a testable hypothesis?	Line 163-166/Page 8
	11d	Conclusions and rationale	Line 2/Page 1 Line 159-166/Page 8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 163-166/Page 8
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 253-254/Page 10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 255-256/Page 10