



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>6/1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>2/5</u>
Abstract	3a	Background: What does this case report add to the medical literature?	8/4; 15-16/4; 15-19/5
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>14-24/4</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>27/4</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	26-29/6; 11-13/7; 19-22/8
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>Figure 3</u>
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>26-29/7</u>
	6b	Chief complaint—what prompted this visit?	22-23/7; 4-5/13
	6c	Relevant history including past interventions and outcomes	1-29/8; 1-4/9; 7-15/13
Physical Exam	7	Relevant physical examination findings	<u>14-22/9; 7-23/13</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	24-29/9; 1-29/10; 1-28/11; 25-29/13; 2-19/14
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>6-8/12</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 3-6; Table 2; Tables 4-8
	8d	Prognostic characteristics where applicable	Treatment: 18-22/8; 11-20/12; 26-29/14;
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	3-15/15; Surgery: 16-17/8
	9b	Intervention administration such as dosage, frequency and duration	19-22/8; 226-28/8; 17-18/9; 11-20/12; 3-11/15
	9c	Note changes in intervention with explanation	24-29/8; 15-20/12; 3-15/15
	9d	Other concurrent interventions	<u>4/15</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	23-29/12; 12-15/15
	10b	Important follow-up diagnostic evaluations	10-28/11; 10-19/14
	10c	Assessment of intervention adherence and tolerability, including adverse events	24/8; 10-12/9; 24/12; 3-15/14
Discussion	11a	Strengths and limitations in your approach to this case	<u>17-21/20</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	16-17/16; 28-29/16; 6-7/16; 12-13/16; 1-3/18
	11c	How does this case report suggest a testable hypothesis?	10-11/17; 27-28/20
	11d	Conclusions and rationale	<u>24-29/20</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>NA</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>2/29</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>5/29</u>