



CARE Checklist – 2016: Information for writing a case report

| Topic | Item | Checklist item description | Line/Page |
|-------------------------------|------------|--|-------------------------------|
| Title | 1 | The words “case report” should be in the title along with the area of focus | Line 3 / Page 1 |
| Key Words | 2 | Four to seven key words—include “case report” as one of the key words | Lines 3 / Page 1 |
| Abstract | 3a | Background: What does this case report add to the medical literature? | Lines 2-8 / Page 3 |
| | 3b | Case summary: chief complaint, diagnoses, interventions, and outcomes | Lines 10-19/ Page 3 |
| | 3c | Conclusion: What is the main “take-away” lesson from this case? | Lines 21-27/ Page 3 |
| Introduction | 4 | The current standard of care and contributions of this case—with references (1-2 paragraphs) | Lines 1-24 / Page 3 |
| Timeline | 5 | Information from this case report organized into a timeline (table or figure) | Page 18-19 / Fig.1-3 |
| Patient Information | 6a | De-identified demographic and other patient or client specific information | Lines 2 3 -6 / Page 5 |
| | 6b | Chief complaint—what prompted this visit? | Lines 4 -30 / Page 5 |
| | 6c | Relevant history including past interventions and outcomes | |
| Physical Exam | 7 | Relevant physical examination findings | Lines 1 5-20/ Pag7 |
| Diagnostic Assessment | 8a | Evaluations such as surveys, laboratory testing, imaging, etc. | Lines 22-30/ Page 7 |
| | 8b | Diagnostic reasoning including other diagnoses considered and challenges | Lines 11-15/ Page 7 |
| | 8c | Consider tables or figures linking assessment, diagnoses and interventions | Not Applicable |
| | 8d | Prognostic characteristics where applicable | Not Applicable |
| Interventions | 9a | Types such as life-style recommendations, treatments, medications, surgery | Lines 17-29 / Pag8 |
| | 9b | Intervention administration such as dosage, frequency and duration | Lines1-10/Page 9 |
| | 9c | Note changes in intervention with explanation | Not Applicable |
| | 9d | Other concurrent interventions | Not Applicable |
| Follow-up and Outcomes | 10a | Clinician assessment (and patient or client assessed outcomes when appropriate) | Not Applicable |
| | 10b | Important follow-up diagnostic evaluations | |
| | 10c | Assessment of intervention adherence and tolerability, including adverse events | Not Applicable |
| Discussion | 11a | Strengths and limitations in your approach to this case | |
| | 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG) | Line1 0 - 1 6 / Pag1 2 |
| | 11c | How does this case report suggest a testable hypothesis? | |
| | 11d | Conclusions and rationale | Line 1 Pag1 0 - 1 1 |
| Patient Perspective | 12 | When appropriate include the assessment of the patient or client on this episode of care | |
| Informed Consent | 13 | Informed consent from the person who is the subject of this case report is required by most journals | Lines 19-20 / Pag12 |
| Additional Information | 14 | Acknowledgement section; Competing Interests; IRB approval when required | |