



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 4, Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 71-72, Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Lines 44-51, Page 3
	3b	Casesummary: chief complaint, diagnoses, interventions, and outcomes	Lines 53-65, Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Lines 67-69, Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Lines 80-90, Page 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Page 12, 13, 14
Patient Information	6a	De-identified demographic and other patient or client specific information	NO
	6b	Chief complaint—what prompted this visit?	Lines 93-95, Page 4
	6c	Relevant history including past interventions and outcomes	Lines 97-110, Page 4
Physical Exam	7	Relevant physical examination findings	Lines 119-133, Page 5
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Lines 135-150, Page 5
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	NO
	8c	Consider tables or figures linking assessment, diagnoses and interventions	NO
	8d	Prognostic characteristics where applicable	NO
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Lines 152-197 Page 6,7
	9b	Intervention administration such as dosage, frequency and duration	Lines 152-197 Page 6,7
	9c	Note changes in intervention with explanation	Lines 152-197 Page 6,7
	9d	Other concurrent interventions	Lines 152-197 Page 6,7
Follow-up and	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Lines 192-193, Page 7
Outcomes	10b	Important follow-up diagnostic evaluations	Lines 199-200, Page 8
	10c	Assessment of intervention adherence and tolerability, including adverse events	Lines 199-200, Page 8
Discussion	11a	Strengths and limitations in your approach to this case	Lines 88-90, Page 4; Lines 222-258, Page 8,9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	NO
	11c	How does this case report suggest a testable hypothesis?	NO
	11d	Conclusions and rationale	Lines 260-262, Page 10

Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Lines 222-258, Page8,9
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 309-310, Page11
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Lines 312-316, Page11