



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 7/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 62/Page 4
Abstract	3a	Background: What does this case report add to the medical literature?	Line 34-39/Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 41-55/Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 57-60/Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 85-88/Page 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not applicable
Patient Information	6a	De-identified demographic and other patient or client specific information	Yes
	6b	Chief complaint—what prompted this visit?	Line 99/Page 5
	6c	Relevant history including past interventions and outcomes	Line 106-123/Page 5-6
Physical Exam	7	Relevant physical examination findings	Line 129-131/Page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 136-141/Page 6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 144/Page 6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Yes
	8d	Prognostic characteristics where applicable	Yes
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 147/Page 6
	9b	Intervention administration such as dosage, frequency and duration	Not applicable
	9c	Note changes in intervention with explanation	Not applicable
	9d	Other concurrent interventions	Not applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 150/Page 7
	10b	Important follow-up diagnostic evaluations	No
	10c	Assessment of intervention adherence and tolerability, including adverse events	NO
Discussion	11a	Strengths and limitations in your approach to this case	Line 166-185/Page 7-8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	NO
	11c	How does this case report suggest a testable hypothesis?	NO
	11d	Conclusions and rationale	Line 206-213/Page 6
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Yes
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Yes
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 280-287/Page 12