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Contents

Thrice Monthly Volume 10 Number 27 September 26, 2022

OPINION REVIEW

- 9550 Psychiatric disorders and pain: The recurrence of a comorbidity
Vyshka G

REVIEW

- 9556 Cardiovascular disease and COVID-19, a deadly combination: A review about direct and indirect impact of a pandemic
Vidal-Perez R, Brandão M, Pazdernik M, Kresoja KP, Carpenito M, Maeda S, Casado-Arroyo R, Muscoli S, Pöss J, Fontes-Carvalho R, Vazquez-Rodriguez JM
- 9573 Molecular factors, diagnosis and management of gastrointestinal tract neuroendocrine tumors: An update
Pavlidis ET, Pavlidis TE

MINIREVIEWS

- 9588 Human-induced pluripotent stem cell-atrial-specific cardiomyocytes and atrial fibrillation
Leowattana W, Leowattana T, Leowattana P
- 9602 COVID-19 and the cardiovascular system-current knowledge and future perspectives
Chatzis DG, Magounaki K, Pantazopoulos I, Bhaskar SMM

ORIGINAL ARTICLE

Case Control Study

- 9611 PDCA nursing in improving quality management efficacy in endoscopic submucosal dissection
He YH, Wang F

Retrospective Study

- 9619 Impact of COVID-19 pandemic on the ocular surface
Marta A, Marques JH, Almeida D, José D, Sousa P, Barbosa I
- 9628 Anatomy and clinical application of suprascapular nerve to accessory nerve transfer
Wang JW, Zhang WB, Li F, Fang X, Yi ZQ, Xu XL, Peng X, Zhang WG
- 9641 Therapeutic effect of two methods on avulsion fracture of tibial insertion of anterior cruciate ligament
Niu HM, Wang QC, Sun RZ
- 9650 Efficacy of transcatheter arterial chemoembolization using pirarubicin-loaded microspheres combined with lobaplatin for primary liver cancer
Zhang C, Dai YH, Lian SF, Liu L, Zhao T, Wen JY

- 9657** Prognostic significance of sex determining region Y-box 2, E-cadherin, and vimentin in esophageal squamous cell carcinoma

Li C, Ma YQ

- 9670** Clinical characteristics and prognosis of orbital solitary fibrous tumor in patients from a Chinese tertiary eye hospital

Ren MY, Li J, Wu YX, Li RM, Zhang C, Liu LM, Wang JJ, Gao Y

Observational Study

- 9680** Altered heart rate variability and pulse-wave velocity after spinal cord injury

Tsou HK, Shih KC, Lin YC, Li YM, Chen HY

- 9693** Intra and extra pelvic multidisciplinary surgical approach of retroperitoneal sarcoma: Case series report

Song H, Ahn JH, Jung Y, Woo JY, Cha J, Chung YG, Lee KH

META-ANALYSIS

- 9703** Meta-analysis of gemcitabine plus nab-paclitaxel combined with targeted agents in the treatment of metastatic pancreatic cancer

Li ZH, Ma YJ, Jia ZH, Weng YY, Zhang P, Zhu SJ, Wang F

- 9714** Clinical efficacy analysis of mesenchymal stem cell therapy in patients with COVID-19: A systematic review

Cao JX, You J, Wu LH, Luo K, Wang ZX

CASE REPORT

- 9727** Treatment of gastric cancer with dermatomyositis as the initial symptom: Two case reports and review of literature

Sun XF, Gao XD, Shen KT

- 9734** Gallbladder hemorrhage—An uncommon surgical emergency: A case report

Valenti MR, Cavallaro A, Di Vita M, Zanghi A, Longo Trischitta G, Cappellani A

- 9743** Successful treatment of stage IIIB intrahepatic cholangiocarcinoma using neoadjuvant therapy with the PD-1 inhibitor camrelizumab: A case report

Zhu SG, Li HB, Dai TX, Li H, Wang GY

- 9750** Myocarditis as an extraintestinal manifestation of ulcerative colitis: A case report and review of the literature

Wang YY, Shi W, Wang J, Li Y, Tian Z, Jiao Y

- 9760** Endovascular treatment of traumatic renal artery pseudoaneurysm with a Stanford type A intramural haematoma: A case report

Kim Y, Lee JY, Lee JS, Ye JB, Kim SH, Sul YH, Yoon SY, Choi JH, Choi H

- 9768** Histiocytoid giant cellulitis-like Sweet syndrome at the site of sternal aspiration: A case report and review of literature

Zhao DW, Ni J, Sun XL

- 9776** Rare giant corneal keloid presenting 26 years after trauma: A case report
Li S, Lei J, Wang YH, Xu XL, Yang K, Jie Y
- 9783** Efficacy evaluation of True Lift®, a nonsurgical facial ligament retightening injection technique: Two case reports
Huang P, Li CW, Yan YQ
- 9790** Synchronous primary duodenal papillary adenocarcinoma and gallbladder carcinoma: A case report and review of literature
Chen J, Zhu MY, Huang YH, Zhou ZC, Shen YY, Zhou Q, Fei MJ, Kong FC
- 9798** Solitary fibrous tumor of the renal pelvis: A case report
Liu M, Zheng C, Wang J, Wang JX, He L
- 9805** Gastric metastasis presenting as submucosa tumors from renal cell carcinoma: A case report
Chen WG, Shan GD, Zhu HT, Chen LH, Xu GQ
- 9814** Laparoscopic correction of hydronephrosis caused by left paraduodenal hernia in a child with cryptorchism: A case report
Wang X, Wu Y, Guan Y
- 9821** Diagnosed corrected transposition of great arteries after cesarean section: A case report
Ichii N, Kakinuma T, Fujikawa A, Takeda M, Ohta T, Kagimoto M, Kaneko A, Izumi R, Kakinuma K, Saito K, Maeyama A, Yanagida K, Takeshima N, Ohwada M
- 9828** Misdiagnosis of an elevated lesion in the esophagus: A case report
Ma XB, Ma HY, Jia XF, Wen FF, Liu CX
- 9834** Diagnostic features and therapeutic strategies for malignant paraganglioma in a patient: A case report
Gan L, Shen XD, Ren Y, Cui HX, Zhuang ZX
- 9845** Infant with reverse-transcription polymerase chain reaction confirmed COVID-19 and normal chest computed tomography: A case report
Ji GH, Li B, Wu ZC, Wang W, Xiong H
- 9851** Pulmonary hypertension secondary to seronegative rheumatoid arthritis overlapping antisynthetase syndrome: A case report
Huang CY, Lu MJ, Tian JH, Liu DS, Wu CY
- 9859** Monitored anesthesia care for craniotomy in a patient with Eisenmenger syndrome: A case report
Ri HS, Jeon Y
- 9865** Emergency treatment and anesthesia management of internal carotid artery injury during neurosurgery: Four case reports
Wang J, Peng YM

- 9873** Resolution of herpes zoster-induced small bowel pseudo-obstruction by epidural nerve block: A case report
Lin YC, Cui XG, Wu LZ, Zhou DQ, Zhou Q
- 9879** Accidental venous port placement *via* the persistent left superior vena cava: Two case reports
Zhou RN, Ma XB, Wang L, Kang HF
- 9886** Application of digital positioning guide plates for the surgical extraction of multiple impacted supernumerary teeth: A case report and review of literature
Wang Z, Zhao SY, He WS, Yu F, Shi SJ, Xia XL, Luo XX, Xiao YH
- 9897** Iatrogenic aortic dissection during right transradial intervention in a patient with aberrant right subclavian artery: A case report
Ha K, Jang AY, Shin YH, Lee J, Seo J, Lee SI, Kang WC, Suh SY
- 9904** Pneumomediastinum and subcutaneous emphysema secondary to dental extraction: Two case reports
Ye LY, Wang LF, Gao JX
- 9911** Hemorrhagic shock due to submucosal esophageal hematoma along with mallory-weiss syndrome: A case report
Oba J, Usuda D, Tsuge S, Sakurai R, Kawai K, Matsubara S, Tanaka R, Suzuki M, Takano H, Shimoizawa S, Hotchi Y, Usami K, Tokunaga S, Osugi I, Katou R, Ito S, Mishima K, Kondo A, Mizuno K, Takami H, Komatsu T, Nomura T, Sugita M
- 9921** Concurrent severe hepatotoxicity and agranulocytosis induced by *Polygonum multiflorum*: A case report
Shao YL, Ma CM, Wu JM, Guo FC, Zhang SC
- 9929** Transient ischemic attack after mRNA-based COVID-19 vaccination during pregnancy: A case report
Chang CH, Kao SP, Ding DC
- 9936** Drug-induced lung injury caused by acetaminophen in a Japanese woman: A case report
Fujii M, Kenzaka T
- 9945** Familial mitochondrial encephalomyopathy, lactic acidosis, and stroke-like episode syndrome: Three case reports
Yang X, Fu LJ
- 9954** Renal pseudoaneurysm after rigid ureteroscopic lithotripsy: A case report
Li YH, Lin YS, Hsu CY, Ou YC, Tung MC

LETTER TO THE EDITOR

- 9961** Role of traditional Chinese medicine in the initiative practice for health
Li Y, Li SY, Zhong Y
- 9964** Impact of the COVID-19 pandemic on healthcare workers' families
Helou M, El Osta N, Husni R

- 9967 Transition beyond the acute phase of the COVID-19 pandemic: Need to address the long-term health impacts of COVID-19

Tsioutis C, Tofarides A, Spernovasilis N

ABOUT COVER

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WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

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Retrospective Study

Efficacy of transcatheter arterial chemoembolization using pirarubicin-loaded microspheres combined with lobaplatin for primary liver cancer

Chao Zhang, Yu-Hui Dai, Shu-Feng Lian, Liang Liu, Ting Zhao, Jun-Ye Wen

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Abstract

BACKGROUND

Drug-eluting beads show good safety and promising efficacy when used as part of a transarterial chemoembolization regimen for primary liver cancer. However, data on the clinical efficacy and safety of pirarubicin-loaded beads combined with lobaplatin are lacking in China.

AIM

To evaluate the efficacy and safety of transcatheter arterial chemoembolization using pirarubicin-loaded beads combined with lobaplatin for primary liver cancer.

METHODS

Between January 2019 and March 2020, 60 patients with primary liver cancer were selected at Hebei North University Affiliated First Hospital. According to different treatment methods, the participants were categorized into two groups with 30 patients treated with pirarubicin-loaded microspheres combined with lobaplatin included in an observation group and 30 patients treated with pirarubicin emulsion with lipiodol combined with lobaplatin were included in a control group. The progression-free survival, overall survival, clinical response rate, disease control rate, liver and kidney function and adverse reactions were compared between the two groups.

RESULTS

The progression-free survival was 14 mo in the observation group, which was significantly higher than 9 mo of the control group ($P < 0.05$). The 6-mo, 12-mo and 18-mo survival rates were 93.33% (28/30), 66.67% (20/30) and 23.33% (7/30), respectively in the observation group, which were significantly higher than 83.33% (25/30), 50.00% (15/30) and 13.33% (4/30), respectively, of the control group (all $P < 0.05$). The clinical efficacy rate and disease control rate were 73.33% and 93.33%, respectively, in the observation group, which were significantly higher than those of the control group (53.55% and 80.00%, respectively, all $P < 0.05$). There was no significant difference in alpha-fetoprotein between the two groups before the treatment ($P > 0.05$). After the treatment, alpha-fetoprotein was 289.06 ± 76.21 ng/mL in the observation group and 365.01 ± 73.11 ng/mL in the control group, which were low in both groups compared with those before the treatment (all $P < 0.05$). The incidence of nausea and vomiting was significantly lower in the observation group than in the control group ($P < 0.05$). There was no significant difference for the adverse reactions of pain and fever between the two groups ($P < 0.05$).

CONCLUSION

The combination of pirarubicin-loaded beads and lobaplatin can improve treatment efficacy resulting in mild liver function damage and postoperative complications in patients with primary liver cancer. It can be used in clinical practice.

Key Words: Pirarubicin; Drug-loaded microspheres; Lobaplatin; Transcatheter arterial chemoembolization; Primary liver cancer

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Core Tip: Drug-eluting beads, a relatively novel drug delivery embolization system, show advantages over the conventional lipiodol embolization in the most used interventional therapy of transcatheter arterial chemoembolization for unresectable hepatic carcinoma. This study investigated the efficacy and safety of transcatheter arterial chemoembolization using pirarubicin-loaded beads combined with lobaplatin for primary liver cancer in comparison with conventional transcatheter arterial chemoembolization. The results revealed this combination therapy can increase treatment efficacy and improve hepatic function in patients with primary liver cancer.

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INTRODUCTION

Primary liver cancer is one of the malignant diseases of the digestive system with high morbidity and mortality[1,2]. The number of deaths caused by primary liver cancer in China per annum is half of the deaths in the world. Currently, the main therapies for primary liver cancer include liver transplantation, surgical resection, local ablation therapy, transcatheter arterial chemoembolization (TACE) and targeted therapy[3,4].

The onset of this disease is insidious, and it develops very fast. When primary liver cancer is confirmed in a patient, generally it means a high degree of malignancy and the patient has lost the best opportunity of surgical resection[5]. Encouragingly, TACE is increasingly used in the clinical treatment of primary liver cancer with the advancement in the treatment approaches[6]. Lipiodol, as a carrier for chemotherapy agents, can selectively deliver agents into microvessels in liver tumor tissues *via* the hepatic artery, which improves the treatment efficacy for liver cancer[7]. Liposoluble chemotherapy agents dissolved in lipiodol remain in the liver tumor longer, which may strengthen the anti-tumor efficacy of chemotherapy agents[8].

Drug-eluting microspheres, as a new embolic agent for peripheral vessels in tumors, can enhance embolization efficacy and is independent of the impact of embolic materials being washed away by blood flow as well as that of tissue degradation[9]. Studies showed that intervention therapies with lobaplatin pirarubicin revealed obvious efficacy for primary liver cancer with mild adverse reactions and prolonged survival[10,11]. The present study aimed to discuss the efficacy of TACE with pi-

pirarubicin-loaded microspheres combined with lobaplatin for primary liver cancer and determine progression-free survival, overall survival, clinical response rate, disease control rate, liver and kidney function and adverse reactions.

MATERIALS AND METHODS

Participants

Sixty patients with primary liver cancer were selected at Hebei North University Affiliated First Hospital between January 2019 and March 2020. They were categorized into two groups based on the treatment approaches. Thirty patients receiving pirarubicin-loaded microspheres combined with lobaplatin were included in an observation group, and 30 patients receiving pirarubicin emulsion with lipiodol combined with lobaplatin were included in the control group. The current study was approved by the hospital ethics committee, and all included patients signed the informed consent form for the academic research.

Inclusion criteria for this study were as follows: (1) Patients who were pathologically diagnosed with primary liver cancer after a biopsy; (2) Patients with class of liver function A to B; (3) Patients whose alpha-fetoprotein (AFP) was above 50 ng/mL; (4) Patients without metastasis or portal vein thrombosis; and (5) Patients whose tumor volume was less than 60% of the liver volume. Exclusion criteria for this study included: (1) Patients with severe heart, liver and kidney dysfunction; (2) Patients with other types of cancer; (3) Patients with iodine allergy; and (4) Patients who had an arteriovenous shunt.

Of the 30 patients in the observation group, 24 were male and 6 were female aged 34 to 66 (52.13 ± 13.12) years. In terms of Child-Pugh classification for liver function, 25 were class A patients, and 5 were class B patients. For complications, 18 patients had hepatitis B virus, and 17 patients had hepatocirrhosis. Of 30 patients in the control group, 25 were male and 5 were female aged 33 to 65 (50.36 ± 11.09) years. Regarding Child-Pugh classification for liver function, 26 were class A patients, and 4 were class B patients. Concerning complications, 19 patients had hepatitis B virus and 16 patients had hepatocirrhosis. The general information was comparable between the two groups ($P > 0.05$).

Protocols

For the observation group, a 5-F tube introducer was inserted following femoral artery puncture. Routine radiography of celiac arteries and superior mesenteric arteries including left gastric arteries, bilateral phrenic arteries, right suprarenal arteries, internal thoracic arteries and intercostal arteries was performed to determine feeding arteries and whether hepatic arterioportal fistulas or hepatic arterial venous fistulas existed. Then a 2.2-F microcatheter was inserted into the feeding artery branches for chemoembolization. First, 50 to 150 mg of lobaplatin (H20080359; Hainan Changan International Pharmaceutical Co., Ltd., China) was perfused based on each patient's disease severity. Afterwards, 5 to 40 mL of pirarubicin-loaded microspheres (H10930105; Shenzhen Main Luck Pharmaceuticals Inc., China) were injected fluoroscopically at a slow pace. Patients were closely monitored until blood flow interruption occurred within the blood vessels on radiography and until the staining disappeared. The operation for the control group was similar to the observation group. In the same way, 50 to 150 mg of lobaplatin was perfused based on each patient's condition. Then pirarubicin emulsion with lipiodol combined with lobaplatin was injected. Also, they were closely monitored until blood flow was interrupted on radiography and until the staining disappeared. Patients in both groups were followed-up for 18 mo after the operation.

Measures

Progression-free survival was estimated after a follow-up of 18 mo. Overall survival at 6 mo, 12 mo and 18 mo was compared between the two groups. Short-term efficacy was compared between the two groups based on Evaluation Criteria in Solid Tumors. Complete remission was defined as all contrast enhancement of targeted lesions in the arterial phase had disappeared. Partial remission (PR) was defined as the total sum of the diameter for contrast enhancement of targeted lesions in the arterial phase reduced $\geq 30\%$. Stable disease was defined as a reduction in tumor enhancement intensity in the arterial phase on contrast-enhanced computed tomography but PR or progressive disease was not observed. Progressive disease was defined as the total sum of the diameter for contrast enhancement of targeted lesions in the arterial phase increased by $\geq 20\%$ or new lesions were observed. Clinical efficacy = complete remission + PR. Disease control rate = complete remission + PR + stable disease. AFP was used to analyze hepatic and renal function. Higher AFP is associated with greater hepatic injury. In addition, adverse reactions were compared between the two groups.

Statistical analysis

SPSS22.0 software was used for data processing. Student's *t* test was used for quantitative variables, which was reported with mean \pm SD. χ^2 test was used for qualitative variables and was presented as (%). $P < 0.05$ represented a significant difference.

RESULTS

Progression-free survival was 14 mo in the observation group, which was higher than 9 mo of the control group ($P < 0.05$). The 6-mo, 12-mo and 18-mo survival was 93.33% (28/30), 67.77% (20/30) and 23.33% (7/30), respectively, which was higher than 83.33% (25/30), 50.00% (15/30) and 13.33% (4/30), respectively, of the control group (all $P < 0.05$).

In terms of treatment efficacy, the clinical efficacy and disease control rate was 73.33% and 93.33%, respectively, which was higher than 53.55% and 80.00%, respectively, in the control group (all $P < 0.05$, Table 1).

There was no significant difference in AFP between the two groups before the treatment ($P > 0.05$). After the treatment, AFP was 289.06 ± 76.21 ng/mL in the observation group and 365.01 ± 73.11 ng/mL in the control group. AFP was low after the treatment compared with those before the treatment, and it was significantly lower in the observation group than in the control group (all $P < 0.05$, Table 2).

After comparing adverse reactions after the treatment, the primary adverse reactions included nausea and vomiting, pain and fever. Most of them were mild to moderate. The incidence of nausea and vomiting was significantly lower in the observation group than in the control group (all $P < 0.05$, Table 3). However, there was no significant difference in the incidence of pain and fever between the two groups ($P > 0.05$).

DISCUSSION

Currently, imaging and biopsy after resection are generally used for the diagnosis of primary liver cancer. However, most patients with liver cancer develop advanced stages before they are diagnosed, which causes the disease to be hard to treat and leads to high mortality[12,13]. The optimal treatment for liver cancer is surgical resection, which can thoroughly remove the primary lesions, and the recurrence rate is low. However, this therapy only applies to early-stage primary liver cancer patients with Child-Pugh class A or B and without metastasis[14,15].

For patients who were considered ineligible for surgery, the well-accepted therapy of TACE is used, which can effectively inhibit the development of primary liver cancer by blocking the blood flow to a tumor in the liver and cutting off the liver tumor's nutrient supply[16,17]. Clinical studies showed that arterial embolization using a microcatheter can directly embolize blood supply to tumors and cut off nutrient supply for tumor growth[18]. Meanwhile, pirarubicin-loaded microspheres combined with lobaplatin contribute to a thorough embolism, which may inactivate tumor cells and tissues and to some extent inhibit tumor growth causing tumor atrophy and necrosis[19,20]. Moreover, hepatic artery embolization using lipiodol-based emulsion alone can easily lead to hepatic necrosis or biliary duct necrosis, which may increase the burden of liver function[21,22]. Favorably, microsphere embolism can effectively reduce tumor feeding arteries, embolize tumors, reduce establishment of collateral circulation for incomplete tumor necrosis and cut off nutrient supply for tumor growth[23].

Microspheres loaded with pirarubicin combined with lobaplatin can facilitate concentrations of chemotherapeutic agents to a high level for a prolonged period in local tumors. In this way, concentrations of chemotherapeutic agents in the systemic circulation was reduced thus mitigating adverse effects of these agents in other organ systems and to lower the incidence of complications. The present study manifested that pirarubicin-loaded microspheres combined with lobaplatin can extend survival in patients undergoing TACE. The 6-mo, 12-mo and 18-month survival was higher in patients receiving pirarubicin-loaded microspheres combined with lobaplatin than those receiving pirarubicin emulsion with lipiodol combined with lobaplatin for TACE.

Meanwhile, the clinical treatment efficacy and disease control rate was high in patients receiving pirarubicin-loaded microspheres combined with lobaplatin compared with those receiving pirarubicin emulsion with lipiodol combined with lobaplatin. The effect of pirarubicin-loaded microspheres combined with lobaplatin was relatively small, and the adverse reactions were mild after treatment. Further studies are needed to confirm these findings.

CONCLUSION

The efficacy is good and adverse reactions are mild in patients with primary liver cancer undergoing TACE using pirarubicin-loaded microspheres combined with lobaplatin. Large-scale studies with long follow-up periods are needed to further investigate these results.

Table 1 Efficacy of the two treatment approaches, *n* (%)

Groups	CR	PR	SD	PD	Clinical efficacy, %	Disease control rate, %
Observation group, <i>n</i> = 30	7 (23.33)	15 (50.00)	6 (20.00)	2 (6.67)	73.33	93.33
Control group, <i>n</i> = 30	5 (16.67)	11 (36.67)	8 (26.67)	6 (20.00)	53.33	80.00
χ^2 value					15.521	5.660
<i>P</i> value					0.001	0.041

Clinical efficacy = complete remission + partial remission; Disease control rate = complete remission + partial remission + stable disease. CR: Complete remission; PR: Partial remission; SD: Stable disease; PD: progressive disease.

Table 2 Comparison of alpha-fetoprotein between the two groups before and after the treatment (mean \pm SD, ng/mL)

Groups	Before the treatment	After the treatment
Observation group, <i>n</i> = 30	621.07 \pm 154.76	289.06 \pm 76.21
Control group, <i>n</i> = 30	609.76 \pm 145.69	365.01 \pm 73.11
<i>t</i> value	1.024	6.843
<i>P</i> value	0.237	0.034

Table 3 Incidence of adverse reactions in the two groups after the treatment, *n* (%)

Groups	Nausea and vomiting	Pain	Fever
Observation group, <i>n</i> = 30	9 (30.00)	21 (70.00)	11 (36.67)
Control group, <i>n</i> = 30	19 (63.33)	22 (73.33)	12 (40.00)
χ^2 value	6.421	0.245	0.312
<i>P</i> value	0.035	0.543	0.564

ARTICLE HIGHLIGHTS

Research background

Transcatheter arterial chemoembolization (TACE) using microspheres as the drug carrier and embolization agent shows good efficacy and safety for the treatment of liver cancer compared with conventional chemotherapy.

Research motivation

Data on the clinical efficacy of TACE using pirarubicin-loaded microspheres combined with lobaplatin is rare in China.

Research objectives

This study evaluated the effectiveness and safety of TACE using pirarubicin-loaded microspheres combined with lobaplatin for treatment of primary liver cancer.

Research methods

In this observational study, patients with primary liver cancer undergoing TACE were recruited at Hebei North University Affiliated First Hospital. Patients were categorized into an observation group and a control group based on different types of embolic agents. The observation group received pirarubicin-loaded microspheres combined with lobaplatin, and the control group received conventional pirarubicin emulsion with lipiodol combined with lobaplatin. The primary outcomes included progression-free survival, overall survival, clinical response rate, disease control rate, liver and kidney function and adverse reactions.

Research results

In general, the treatment efficacy was better in the observation group than in the control group. Progression-free survival was higher in the observation group than in the control group. After the

treatment, alpha-fetoprotein, which represents hepatic function, was lower in the observation group than in the control group. For the primary adverse reactions, the incidence of nausea and vomiting was lower in the observation group than in the control group. However, there was no significant difference in the incidence of pain and fever between the two groups.

Research conclusions

Pirarubicin-loaded microspheres combined with lobaplatin can extend survival and improve hepatic function in patients undergoing TACE compared with those receiving pirarubicin emulsion with lipiodol combined with lobaplatin.

Research perspectives

Further research is needed to better investigate the long-term efficacy and safety of cancer microsphere intervention in patients with primary liver cancer.

FOOTNOTES

Author contributions: Zhang C, Dai YH, Lian SF, Liu L, Zhao T and Wen JY designed the research study; Zhang C and Dai YH performed the research; Zhang C, Dai YH, Lian SF, Liu L, Zhao T and Wen JY analyzed the data and wrote the manuscript; All authors have read and approved the final manuscript.

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