



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	P <sub>3</sub>
	2	Four to seven key words—Include "case report" as one of the key words	P <sub>3</sub>
			P <sub>3</sub>
Abstract	3a	Background: What does this case report add to the medical literature?	P <sub>3</sub>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	P <sub>3</sub>
	3c	Conclusion: What is the main "take-away" lesson from this case?	P <sub>3</sub>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	P <sub>2</sub>
Timeline	5	Information from this case report organized into a timeline (table or figure)	P <sub>2</sub> , P <sub>3</sub> , B <sub>1</sub> , P <sub>3</sub>
Patient Information	6a	De-identified demographic and other patient or client specific information	P <sub>1</sub>
	6b	Chief complaint—what prompted this visit?	P <sub>2</sub>
	6c	Relevant history including past interventions and outcomes	P <sub>2</sub>
Physical Exam	7	Relevant physical examination findings	P <sub>3</sub>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	P <sub>1</sub>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	P <sub>4</sub>
	8c	Consider tables or figures linking assessment, diagnosis and interventions	P <sub>4</sub>
	8d	Prognostic characteristics where applicable	P <sub>3</sub>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	P <sub>4</sub>
	9b	Intervention administration such as dosage, frequency and duration	P <sub>4</sub>
	9c	Note changes in intervention with explanation	P <sub>4</sub>
	9d	Other concurrent interventions	P <sub>4</sub>
Follow-up and Outcomes	10a	Clinician assessment (aid patient or client assessed outcomes when appropriate)	P <sub>6</sub>
	10b	Important follow-up diagnostic evaluations	P <sub>4</sub>
	10c	Assessment of intervention adherence and tolerability, including adverse events	P <sub>6</sub>
Discussion	11a	Strengths and limitations in your approach to this case	P <sub>5</sub>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPL)	P <sub>5</sub>
	11c	How does this case report suggest a testable hypothesis?	P <sub>4</sub>
	11d	Conclusions and rationale	P <sub>4</sub>
Patient Perspective	12	When appropriate include the assessment of the patient or clinician on this episode of care	P <sub>7</sub>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	P <sub>7</sub>
Additional Information	14	Acknowledgement section; Competing interests; IRB approval; when required	P <sub>7</sub>