**CARE** **Checklist** **–** **2016:** **Information** **for** **writing** **a** **case** **report**

January 31, 2016

**Checklist** **item** **description**

**Topic**

**Item**

**Line/Page**

**Title**

**Key** **Words**

**Abstract**

**Introduction**

**Timeline**

**Patient** **Information**

**Physical** **Exam**

**Diagnostic**

**Assessment**

**Interventions**

**Follow-up** **and**

**Outcomes**

**Discussion**

**Patient** **Perspective** **Informed** **Consent**

**Additional** **Information**

**1** Thewords“casereport”shouldbeinthetitlealongwiththeareaoffocus

**2** Fourtosevenkeywords—include“casereport”asoneofthekeywords

**3a** Background:Whatdoesthiscasereportaddtothemedicalliterature?

**3b** Casesummary:chiefcomplaint,diagnoses,interventions,and outcomes

**3c** Conclusion:Whatisthemain“take-away”lessonfromthiscase?

**4** Thecurrentstandardofcareandcontributionsofthiscase—withreferences(1-2paragraphs)

**5** Informationfromthiscasereportorganizedintoatimeline(tableorfigure)

**6a** De-identifieddemographicandotherpatientorclientspecificinformation

**6** **b** Chiefcomplaint—whatpromptedthisvisit?

**6c** Relevant history including past interventions and outcomes

**7** Relevant physical examination findings

**8a** Evaluations such as surveys, laboratory testing, imaging, etc.

**8b** Diagnostic reasoning including other diagnoses considered and challenges

**8c** Consider tables or figures linking assessment, diagnoses and interventions

**8d** Prognostic characteristics where applicable

**9a** Types such as life-style recommendations, treatments, medications, surgery

**9b** Intervention administration such as dosage, frequency and duration

**9c** Notechangesininterventionwith explanation

**9d** Otherconcurrentinterventions

**10a** Clinicianassessment(andpatientorclientassessedoutcomeswhenappropriate)

**10b** Importantfollow-updiagnostic evaluations

**10c** Assessmentofinterventionadherenceandtolerability, including adverse events

**11a** Strengthsandlimitationsinyourapproachtothis case

**11b** SpecifyhowthiscasereportinformspracticeorClinicalPracticeGuidelines(CPG)

**11c** Howdoesthiscasereportsuggestatestablehypothesis?

**11d** Conclusionsand rationale

**12** Whenappropriateincludetheassessmentofthepatientorclientonthisepisodeofcare

**13** Informedconsentfromthepersonwhoisthesubjectofthiscasereportisrequiredbymostjournals

**14** Acknowledgementsection;CompetingInterests; IRBapprovalwhenrequired

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