



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>1:page 1,line5-6</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>2:page 3, line 27-28</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>3a:page 3, line 2-6</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>3b: page 3,line 8-20</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>3c:page 3, line 22-25</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>4: page 4, line 13-25;</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>5:NA</u>
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>6a:page 4line24-25</u>
	6b	Chief complaint—what prompted this visit?	<u>6b:page 4 line 29</u>
	6c	Relevant history including past interventions and outcomes	<u>6c:page 5 line 9-12</u>
Physical Exam	7	Relevant physical examination findings	<u>7: page 5 line 18-19</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>8a:page 5, line 21-30, page 6 line 1-2</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>8b:page 6,line 4-7</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>8c:page 5, line 23, 28, 30; Page 6 line 2</u>
	8d	Prognostic characteristics where applicable	<u>8d: page 6, line 16;</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>9a:page 6 , line 10-13,line 27-28</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>9b: page 6, line 13</u>
	9c	Note changes in intervention with explanation	<u>9c:page 7, line 12-15</u>
	9d	Other concurrent interventions	<u>9d:NA</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>10a: page 6, line 16-21</u>
	10b	Important follow-up diagnostic evaluations	<u>10b:page 6, line 22-24</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>10c: Page 7 line 15</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>11a:Page 11line23-26</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>11b: page 7 line 18-27;</u>
	11c	How does this case report suggest a testable hypothesis?	<u>11c:page 9,line 27-30;Page 10,line 1-9</u>
	11d	Conclusions and rationale	<u>11d: page 11,line 18-26</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>12: NA</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>13:page20 line 2-3</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>14: page 2, line 9-11</u>