

# World Journal of *Clinical Cases*

*World J Clin Cases* 2022 November 26; 10(33): 12066-12461



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**RESPONSIBLE EDITORS FOR THIS ISSUE**

Production Editor: *Ying-Yi Yuan*; Production Department Director: *Xiang Li*; Editorial Office Director: *Jin-Lei Wang*.

**NAME OF JOURNAL**

*World Journal of Clinical Cases*

**ISSN**

ISSN 2307-8960 (online)

**LAUNCH DATE**

April 16, 2013

**FREQUENCY**

Thrice Monthly

**EDITORS-IN-CHIEF**

Bao-Gan Peng, Jerzy Tadeusz Chudek, George Kontogeorgos, Maurizio Serati, Ja Hyeon Ku

**EDITORIAL BOARD MEMBERS**

<https://www.wjgnet.com/2307-8960/editorialboard.htm>

**PUBLICATION DATE**

November 26, 2022

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<https://www.wjgnet.com/bpg/gerinfo/242>

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<https://www.wjgnet.com/bpg/GerInfo/239>

**ONLINE SUBMISSION**

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## Colon mucosal injury caused by water jet malfunction during a screening colonoscopy: A case report

Parth Patel, Chien-Huan Chen

**Specialty type:** Gastroenterology and hepatology

**Provenance and peer review:** Unsolicited article; Externally peer reviewed.

**Peer-review model:** Single blind

**Peer-review report's scientific quality classification**

Grade A (Excellent): 0  
Grade B (Very good): B  
Grade C (Good): C, C, C, C  
Grade D (Fair): 0  
Grade E (Poor): 0

**P-Reviewer:** Ko J, South Korea; Nakamura K, Japan; Serban ED, Romania; Sulbaran MN, Brazil; Tan Y, China

**Received:** August 11, 2022

**Peer-review started:** August 11, 2022

**First decision:** September 25, 2022

**Revised:** October 20, 2022

**Accepted:** October 26, 2022

**Article in press:** October 26, 2022

**Published online:** November 26, 2022



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### Abstract

#### BACKGROUND

Screening colonoscopies are routinely performed and have low occurrences of adverse events such as perforation, bleeding, infection, and post-polypectomy syndrome. True device related adverse events are rarely reported in the literature.

#### CASE SUMMARY

We report a case of a 51-year-old patient without past medical history who presented for her first screening colonoscopy. The patient was thought to have friable mucosa in the cecum and oozed upon water irrigation during screening colonoscopy. It was later identified that the colonoscope used during the index procedure had malfunctioned and produced a pin-point water jet which damaged the colon mucosa of cecum. The maintenance service identified a piece of rubber fragment lodged in the instrument component at the tip of the scope, resulting in high pressure water jet. Repeat colonoscopy with a functioning colonoscope confirmed normal colon mucosa without friability.

#### CONCLUSION

This is the first report of mucosa injury from a colonoscope water jet malfunction. Endoscopists should recognize the potential for endoscopic malfunction.

**Key Words:** Iatrogenic disease; Colonoscopy; Water jet injury; Friable colon mucosa; Case report

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**Core Tip:** We report a case of colon mucosal injury due to a colonoscope water jet malfunction. During a screening colonoscopy, a patient was found to have friable oozing colon mucosa upon water irrigation. We later found that the water jet of the colonoscope was abnormally narrow with high pressure, resulting in mucosal injury. Removal of a piece of rubber lodged at the tip of the scope normalized the water pressure. The patient's subsequent colonoscopy showed normal colon mucosa. This is the first reported case of iatrogenic injury from a colonoscope water jet malfunction.

**Citation:** Patel P, Chen CH. Colon mucosal injury caused by water jet malfunction during a screening colonoscopy: A case report. *World J Clin Cases* 2022; 10(33): 12375-12379

**URL:** <https://www.wjgnet.com/2307-8960/full/v10/i33/12375.htm>

**DOI:** <https://dx.doi.org/10.12998/wjcc.v10.i33.12375>

## INTRODUCTION

Screening colonoscopies are routinely performed to prevent colon cancer by detecting and removing precancerous polyps and by the early detection of colon cancer. Devices currently approved for screening colonoscopies offer excellent diagnostic and therapeutic abilities while meeting safety standards[1]. Known adverse events related to colonoscopy include perforation, bleeding, infection, and post-polypectomy syndrome[2]. Perforation is the most feared complication which occurs mostly in recto-sigmoid colon and its rate has been estimated to be 0.02%-0.08%, depending on the indication for colonoscopy[3]. However, true device-related adverse events are rare and upon literature review, we only identified cases related to infection transmission through endoscopes[4]. Current endoscopic system has an integrated water jet connected through an external irrigation pump to assist with endoscopic visualization[5]. To date, there has been no safety report of a water jet related adverse event. Here, we report a case of colon mucosal injury related to malfunction of the water jet.

## CASE PRESENTATION

### **Chief complaints**

A 51-year-old female presented for her first asymptomatic screening colonoscopy.

### **History of present illness**

The patient underwent bowel preparation with SUPREP™ split prep, and the procedure was performed with monitored anesthesia care using propofol. During the colonoscopy, her cecum was thought to be friable and oozed upon water irrigation to clear the debris. Despite prolonged and copious irrigation, clear visualization of the cecum could not be achieved due to mucosal friability (Figure 1A). The rest of the colon was clear, without debris that would require cleansing with water jet, and appeared to have normal mucosa (Figure 1B).

Later in the same endoscopy unit, during a colonoscopy on another patient, a different endoscopist found that the water jet of the colonoscope (Olympus, CF-HQ190L) had a very narrow stream of water, which resulted in focal mucosal damage and hemorrhage upon irrigation. After the procedure, the scope was identified to be the same scope used in the previous case with "cecal mucosal friability". The high water pressure generated from the sharp pin-point water jet was the suspected cause of mucosal damage. When the scope was sent for repair, the maintenance service found that a piece of rubber was lodged in the hole of C-Cover (an instrument component at the tip of the scope) which resulted in a sharper water stream. The water pressure was very high but normalized after the piece of rubber was removed. That piece of rubber was a component of the scope which broke off and lodged there.

### **History of past illness**

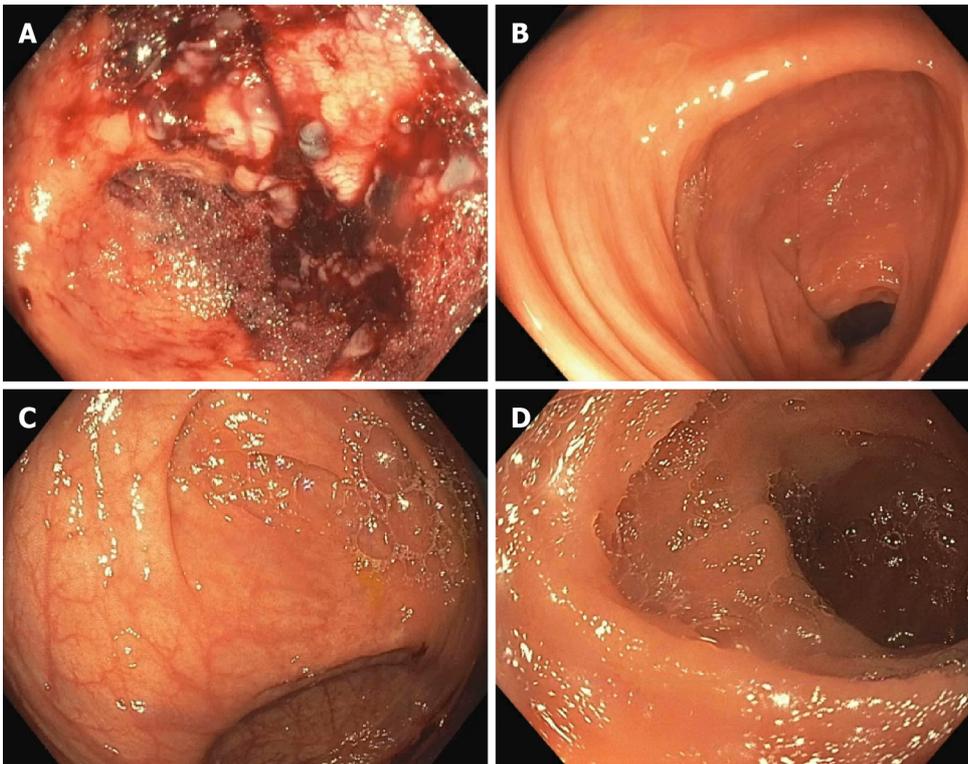
No known past medical conditions.

### **Personal and family history**

No family history of colon cancer.

### **Physical examination**

No abnormalities were noted on the abdominal exam.



DOI: 10.12998/wjcc.v10.i33.12375 Copyright ©The Author(s) 2022.

**Figure 1 Colonoscopy.** A: Initial colonoscopy showing cecum with mucosal oozing post-water jet irrigation; B: Initial colonoscopy with normal transverse colon mucosa; C: Repeat colonoscopy with normal cecum mucosa; D: Repeat colonoscopy with normal terminal ileum.

### Laboratory examinations

Normal hemoglobin value of 13.4 g/dL, and normal platelets count of 320 K/cumm. Other values of basic chemistries and of a complete blood panel were within normal limits.

### Imaging examinations

No relevant imaging data.

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## FINAL DIAGNOSIS

Iatrogenic colon mucosa injury due to water jet malfunction.

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## TREATMENT

Given that the colonoscopy finding was due to a water jet malfunction, no specific therapy or treatment was given or needed.

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## OUTCOME AND FOLLOW-UP

Three months later, the patient underwent a repeat colonoscopy and had a normal terminal ileum and normal mucosa of the entire colon, including of the cecum (Figure 1C and D). The patient did have a 2 mm sessile polyp at the cecum base that was removed with cold biopsy forceps. The pathology showed that the polyp was a tubular adenoma. It is possible that this polyp was not seen during the index colonoscopy due to limited visualization in the setting of extensive mucosal injury. There were no other abnormalities found in the colon during this examination.

## DISCUSSION

To our knowledge, we have not identified any other case of water irrigation related mucosal injury in the literature. The manufacturer of the scope, Olympus, also was not aware of prior similar incident (personal communication). This case highlights the importance of recognizing the potential for iatrogenic mucosa damage from a high-pressure water jet. When the water-jet pressure is high enough, the water stream can penetrate the mucosa and into the submucosal space. In fact, pin-point high-pressure water jets have been utilized in commercial products for needle-free submucosal injection to create a submucosal cushion (for example, HybridAPC, Erbe United States). Water jets have also been used extensively as a hydrosurgery dissecting tool for burn wound debridement[6]. Endoscopists should be aware of the power of high-pressure water jets, their potential application, and the possibility of iatrogenic damage.

In our endoscopy unit, all endoscopes undergo routine maintenance and processing as recommended by the manufacturer. Nevertheless, endoscopists or endoscopy lab staff should still check the endoscope and water jet before procedures to ensure proper instrument function. To recognize the high-pressure narrow water jet stream during the instrument check, awareness and vigilance are required. In addition, this case highlighted the need for studies to identify the threshold of water pressure that the mucosa can withstand without injury, as well as additional safety measures that include checking the water jet and pressure before procedures. We hope that the publication of this case report will increase awareness of this uncommon but important issue so it can be detected before procedures are conducted and thus avoid potential damage and complications.

In our case, the high water jet pressure was caused by a piece of rubber lodged in the scope. The piece of rubber was a component of the scope that broke off and lodged under the C-Cover. Given its location, it would not be possible to see or find the piece of rubber during inspection or brushing during reprocessing of the scope. Although this incident was not preventable, we were able to link the patient with cecal mucosal damage to the scope with water jet malfunction because in our endoscopic unit the identification number of every scope utilized is meticulously documented. From the standpoint of patient safety and quality improvement, it is very important to document the scope identification number so that any potential adverse event is traceable, and the patients involved can be contacted as needed.

## CONCLUSION

In summary, we report a case of iatrogenic colon mucosa damage from high-pressure water jet due to colonoscope malfunction. Endoscopists should be vigilant to recognize this potential endoscopic complication.

## FOOTNOTES

**Author contributions:** Patel P wrote the manuscript draft, revised; Chen CH reviewed and revised manuscript and is the article guarantor; all authors have read and approved the final manuscript.

**Informed consent statement:** Informed consent was obtained for this case report and patient consented verbally and provided written consent for the procedure.

**Conflict-of-interest statement:** All the authors declare that they have no conflicts of interest to disclose.

**CARE Checklist (2016) statement:** The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

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**S-Editor:** Liu JH

**L-Editor:** A

**P-Editor:** Liu JH

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