**Name of Journal:** *World Journal of Clinical Cases*

**Manuscript NO:** 79259

**Manuscript Type:** CASE REPORT

**Devastating complication of negative pressure wound therapy after deep inferior epigastric perforator free flap surgery: A case report**

Lim S *et al.* Complications of negative pressure wound therapy

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**Received:** August 12, 2022

**Revised:** November 1, 2022

**Accepted:** December 9, 2022

**Published online:** January 6, 2023

**Abstract**

BACKGROUND

Thermal injuries on free transferred or replanted tissues resulting from loss of sensibility are an infrequent occurrence. They require immediate and appropriate management before they progress to an irreversible condition. Although negative pressure wound therapy (NPWT) can prevent wound progression by increasing microcirculation, the inappropriate application of NPWT on complication-threatened transferred and replanted tissues can induce an adverse effect.

CASE SUMMARY

A 48-year-old woman who underwent immediate breast reconstruction with a deep inferior epigastric artery perforator free flap. While applying a heating pad directly to the flap site, she sustained a deep second to third-degree contact burn over 30% of the transferred flap on postoperative 7 d. As the necrotic changes had progressed, we applied an NPWT dressing over the burned area after en-bloc debridement of the transferred tissues on postoperative 21 d. After 4 d of NPWT application, the exposed fatty tissues of the flap changed to dry and brown-colored necrotic tissues. Upon further debridement, we noted that the wound gradually reached total necrosis with a collapsed vascular pedicle of deep inferior epigastric artery.

CONCLUSION

Although NPWT has been shown to be successful for treating various wound types, the significant risk of NPWT application in short-lasting reconstructed flap wounds after thermal injury should be reminded.

**Key Words:** Negative Pressure Wound Therapy; Complications; Breast reconstruction; Deep inferior epigastric artery perforator; Free flap; Burn injury; Case report

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**Citation**: Lim S, Lee DY, Kim B, Yoon JS, Han YS, Eo S. Devastating complication of negative pressure wound therapy after deep inferior epigastric perforator free flap surgery: A case report. *World J Clin Cases* 2023; 11(1): 143-149

**URL**: https://www.wjgnet.com/2307-8960/full/v11/i1/143.htm

**DOI**: https://dx.doi.org/10.12998/wjcc.v11.i1.143

**Core Tip:** Negative pressure wound therapy (NPWT) is the effective promotion of survival in free tissue transfer, but special attention is required in cases of burn injury over the transferred flap site. Microsurgeons should be cautious about location of the pedicle, pressure and mode when using NPWT at burned site over transferred free flap tissue.

**INTRODUCTION**

A significant complication of autologous breast reconstruction is immediate postoperative burn injury. This is caused by transient skin insensitivity and autonomic denervation at the flap site[1-5]. Transferred flap tissues are vulnerable to thermal injury even at low temperatures because of the inability to detect and dissipate heat[2,3].Non-hazardous heat sources, such as heating pads, sunlamps, and hot water bottles can cause thermal injury in the transferred flap tissues, which may lead to reconstructive failure[1,4]. Therefore, several precautions and treatment modalities have been proposed after postoperative burn injuries to address this critical drawback[6-9].

Negative pressure wound therapy (NPWT) is known as one of the most efficient dressing modalities[9,10]. Because its clinical application has been well documented for various types of wounds, including chronic infected wounds and ischemia-perfusion injuries[11], researchers have investigated whether the application of NPWT can be expanded to different flap surgeries[12-16]. Despite the successful results of NPWT applications, the safety of NPWT remains unclear[11]. Improper placement and high external negative pressure at the flap with compromised perfusion increases the possibility of flap failure by compressing the main pedicle and microvessels[11,17-19]. The purpose of this article was to provide a warning against the use of NPWT for treating thermal injury at the short-term free flap site in breast reconstruction, based on our notable case.

**CASE PRESENTATION**

***Chief complaints***

A 48-year-old woman underwent a skin-sparing mastectomy for ductal carcinoma of the right breast.

***History of present illness***

We immediately reconstructed the breast using a deep inferior epigastric artery perforator (DIEP) free flap from the lower abdomen. The pedicle of the recipient was the thoracodorsal artery and its venae comitantes, which are commonly used in breast reconstruction. The surgery was successfully performed, and the patient was on the usual course without any postoperative complications (Figure 1). However, on postoperative day 7, she suffered a deep second- to third-degree contact burn over 30 percent of the reconstructed right breast due to incorrect application of a heating pad at the flap site (Figure 2A).

***History of past illness***

Ductal carcinoma of the right breast

***Physical examination***

The burn wound was initially treated with a conventional dressing; however, the necrotic changes progressed with eschar formation (Figure 2). Therefore, we performed en bloc resection of the necrotic tissue at the 21st d postburn. During eschar resection, we confirmed flap survival by observing surviving glistening yellow adipose tissue in the subdermal layer (Figure 3A).

***Imaging examinations***

As the Doppler sound of the flap pedicle was also traceable, we applied a V.A.C. dressing (KCI International, San Antonio, TX, USA) to promote healing of the burn wounds. We sealed it entirely over the exposed area of the patient’s right breast under a pressure of -125 mmHg in continuous mode. However, after four days of V.A.C. application, the burn wound worsened, and the exposed adipose tissue changed to dry and brown-colored necrotic tissue (Figure 3B). Upon further debridement, we observed an obstructed vascular pedicle with multiple thrombi in the transferred DIEP flap tissue (Figure 3C). We also observed the presence of unviable adipose tissue. First, we performed daily dressing to demarcate the necrotic tissue.

**FINAL DIAGNOSIS**

The burned wound gradually reached total necrosis with a collapsed vascular pedicle of the DIEP; additionally, all of the necrotic tissue was removed with aggressive debridement.

**TREATMENT**

The remnant defect was covered by bilateral advancement flap surgery.

**OUTCOME AND FOLLOW-UP**

No additional complications, such as necrotic changes, were found at the subsequent return visit (Figure 3D). This resulted in the same situation as flap failure.

**DISCUSSION**

Thermal injuries have been occasionally reported after replantation[3] and various free tissue transfers, including autologous breast reconstruction[1-5]. The majority of thermal injuries occur in the early postoperative period by the application of warming devices to increase flap viability[1],and debilitate dissipating heat through thermoregulatory responses, such as cutaneous vasodilation[4]. After thermal injury at the transferred flap site, progression of the wound must be prevented to avoid the devastating consequences of flap loss. Therefore, various studies have discussed the accurate assessment and appropriate treatment of burn wounds at the flap site[6-9].

Most reported thermal injuries at the flap site have been treated conservatively with conventional dressings or surgical interventions[2,4,5]. Conservative dressing methods include the removal of heat sources and standard burn dressing combined with topical chloramphenicol/collagenase applications, paraffin gauze, silver sulfadiazine, or topical antibiotics to for induce secondary intention. Surgical intervention implies the debridement of necrotic tissue, full thickness or split thickness skin graft, locoregional flaps accompanied with undermining dissection for flap advancement, additional pedicled flap or free tissue transfer[5]. However, the degree of the burn can be aggravated by excessive edema formation, inflammatory activation, and bacterial load to the open wound, which might require a more invasive surgical approach to salvage the damaged tissue[6]. Several studies have proved that NPWT application at the burn site has potential benefits in burn wound care[6-8]. The application of NPWT within 48 h on burn wounds promotes wound healing by stabilizing the wound environment, including cell proliferation, angiogenesis, and tissue oxygenation[7,8]. The potential ischemia caused by adequate negative tissue pressure stimulates vasodilator mediators[18]. In addition, the application of NPWT to the burn site increases microvascular perfusion, resulting in the reduction of edema and capillary congestion[8]. Those studies suggest that the use of NPWT may be applied extensively to various complicated flap wounds.

The efficacy of NPWT has been expanded to include various clinical trials of flap wounds. Borderline perfusion of the transferred flaps may also benefit from the application of NPWT to restore microcirculation by reducing capillary congestion and lowering interstitial tissue pressure[12-16]. Hanasono *et al*[12] showed that the uptake of skin grafts in pedicled and free muscle flaps was increased *via* a reduction in hematoma, seroma, and shear forces after the application of negative pressure. Goldstein *et al*[13] demonstrated that random local flaps with poor perfusion increased viability *via* the restoration of blood circulation under NPWT application. However, the use of NPWT on traumatized or skin-containing free flaps with impaired perfusion still carries a high risk of entering a state of irreversible ischemia caused by arterial insufficiency[18]. This phenomenon can be explained by the fact that the main vascular pedicle and the microcirculation of the subcutaneous and subdermal regions can be compressed under relatively high negative pressure[11,18]. If the main flap pedicle is within 1 cm of the absorbent foam, it can be compressed due to the proportional effect of the suction pressure[19]. In our case, the flap pedicle was located at the level of the anterior axillary line, which was sufficiently far from the NPWT application site. Therefore, it was assumed that the collapse of some perforators at the NPWT application site led to damage of the main pedicle.

To maximize the efficacy and safety of NPWT in free tissue transfers, various studies have used different negative pressure levels and application designs considering the condition and stability of the flap tissue[11]. Uygur *et al*[14] placed the NPWT device on only one side of the flap to prevent compression of the major pedicle. In addition, a canister-free disposable NPWT system (Pico Smith & Nephew, NJ) was also developed to compensate for the limitations of conventional NPWT devices. This system is easy to use for burn injuries and a variety of wounds, and increases patient mobility by reducing the size and weight of the system[20,21].

Closed-incision negative wound therapy represents as reliable tools to reduce surgical site complications on the abdominal donor-site in autologous free-flap breast reconstruction[22]. Kuo *et al*[23] presented successful cases of latissimus dorsi muscle flap and skin graft reconstruction with NPWT to large breast wounds. Complete resection of necrotic tissue preceded the application of NPWT, and most of the necrotic tissue resolved within five days according to previous research[16]. In contrast to previous successful reports, we were confronted with a devastating outcome after applying NPWT to the compromised perfusion site of the reconstructed breast due to thermal injury. Because there are few clinical cases on the application of NPWT to reconstructed breasts with thermal injury[2], this report may indicate several concerns that should be considered before NPWT is applied to a short-lasting free flap site after burn injury. The first concern with this unexpected event was thought to be the collapse of the exposed microvessels after debridement due to the increased tissue pressure caused by the high external negative pressure. Second, we believe that compression of the main pedicle could be induced by its proximity to the absorbent foam of NPWT. The final concern with the application of NPWT is the inability to monitor the flap conditions under complete sealing. The other possible reasons for flap failure are arterial insufficiency or venous congestion of the flap itself or mechanical compression induced by the patient’s position or involuntary activity. However, this is highly unlikely because of the postoperative period. Although the default setting of NPWT (-125 mmHg in the continuous mode) has been routinely applied regardless of the flap type, the level of pressure, mode, duration of NPWT, and monitoring methods for flap salvage should be considered before installation. Lance *et al*[16] recommended that -75 to -100 mmHg with an intermittent mode would be appropriate for the exposed fat tissue or muscles, especially in free flap cases with the prevention of vascular compression of the perfusion compromised structure. The usual duration of NPWT was less than a week, and daily change of the foam was necessary to monitor the free flap[15]. Most importantly, the location of absorbent foam is crucial because it must avoid the pedicle site. It is recommended that the foam be located on the margin of the wound, similar to the usual manner of Pico application.

**CONCLUSION**

In conclusion, NPWT effectively promotes survival in free tissue transfer; however, special attention is required in cases of burn injury at the transferred flap site. Microsurgeons should be cautious about the location of the pedicle, pressure, and mode when using NPWT at the burn site over the transferred free flap tissue.

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**Footnotes**

**Informed consent statement:** All study participants or their legal guardian provided informed written consent about personal and medical data collection prior to study enrolment.

**Conflict-of-interest statement:** All the authors report no relevant conflicts of interest for this article.

**CARE Checklist (2016) statement:** The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

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**Provenance and peer review:** Unsolicited article; Externally peer reviewed.

**Peer-review model:** Single blind

**Peer-review started:** August 12, 2022

**First decision:** October 12, 2022

**Article in press:** December 9, 2022

**Specialty type:** Medicine, research and experimental

**Country/Territory of origin:** South Korea

**Peer-review report’s scientific quality classification**

Grade A (Excellent): 0

Grade B (Very good): B

Grade C (Good): C

Grade D (Fair): 0

Grade E (Poor): 0

**P-Reviewer:** Long P, China; Zhu L, China **S-Editor:** Liu GL **L-Editor:** A **P-Editor:** Liu GL

**Figure Legends**



**Figure 1 Immediate postoperative view of the deep inferior epigastric artery perforator free flap after total mastectomy of the right breast.** The operation was successful without any events.



**Figure 2 Suffering a deep second to third burn injury.** A:At postoperative day 7, she suffered a deep second to third-degree contact burn with bullae formation (arrows) on the reconstructed right breast due to the incorrect application of a heating pad; B: The burn wound was treated initially with a conventional dressing; C: However, the necrotic changes progressed with eschar formation.



**Figure 3 Treatment for burn injury.** A:During eschar resection at postoperative day 21, we could confirm the flap survival by observing the glistening yellow adipose tissue in the subdermal layer and the strongly traceable Doppler sound of the flap pedicle; B: Although we applied a V.A.C. dressing (KCI international, San Antonio, TX.) on the reconstructed right breast to promote burn wound healing, the burn wound worsened, and the exposed adipose tissue changed to dry and brown-colored necrotic tissue after four days of V.A.C. application; C: With further debridement, we observed an obstructed vascular flap pedicle with multiple thrombi in the transferred deep inferior epigastric artery perforator flap tissue; D: After thorough debridement, a bilateral advancement flap was performed and the patient was discharged without any other surgical complications on the 3rd postoperative day.



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