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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Reported on Page No**

**Title 1** The words “case report” should be in the title along with the area of focus\_ 1\_\_\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_\_3\_\_\_\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_\_3\_\_\_\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_\_3\_\_\_\_

**3c** Conclusion: What is the main “take-away” lesson from this case? \_\_3\_\_\_

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_\_4\_\_\_\_\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_\_\_5\_\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_\_ 5\_\_\_\_

**6b** Chief complaint—what prompted this visit? \_\_\_5\_\_\_\_

**6c** Relevant history including past interventions and outcomes \_\_\_5\_\_\_

**Physical Exam 7** Relevant physical examination findings \_\_\_5-6\_\_\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. \_\_\_6\_\_

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_\_\_6\_\_\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_\_\_6\_\_\_\_

**8d** Prognostic characteristics where applicable \_\_\_\_\_\_\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_\_\_6-7\_\_\_\_

**9b** Intervention administration such as dosage, frequency and duration \_\_\_6-7\_\_\_\_

**9c** Note changes in intervention with explanation \_\_\_6-7\_\_\_

**9d** Other concurrent interventions \_\_\_6-7\_\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) \_\_\_7\_\_

**Outcomes 10b** Important follow-up diagnostic evaluations \_ 7\_\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_ 7\_\_

**Discussion 11a** Strengths and limitations in your approach to this case \_ 7-9\_\_

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_ 7-9\_\_

**11c** How does this case report suggest a testable hypothesis? \_ 7-9\_\_

**11d** Conclusions and rationale \_\_ 9\_\_\_\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_\_\_\_\_\_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_ 9\_\_\_\_\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_ 9,12\_\_\_\_\_

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