**STROBE statement**

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| Items |  Description or not |
| **Title and abstract** | Yes |
| Introduction | Yes |
| Background/rationale | Yes |
| Objectives | Yes |
| **Methods** |  |
| Study design  | Yes |
| Setting | Yes |
| Participants | Yes |
| Variables | Yes |
| Data sources/measurement | Yes |
| Bias | Yes |
| Study size | Yes  |
| Quantiative variables | Yes |
| Statistical methods | Yes |
| **Results** |  |
| Participants | Yes |
| Descriptive data | Yes |
| Outcome data | Yes |
| Main results | Yes |
| Other analyses | Yes |
| **Discussion** |  |
| Key results | Yes |
| Limitations | Yes |
| Interpretation | Yes |
| Generalisability |  |
| **Other information** |  |
| Funding | Yes |