

ARE Checklist (2013) of information to include when writing a case report

Topic	Item	Checklist item description	Reported on page
Title	1	The words “case report” should be in the title along with what is of greatest interest in this case	1 (line 4)
Key Words	2	The key elements of this case in 2 to 5 key words	3 (line 55)
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	3 (line 38)
	3b	The main symptoms of the patient and the important clinical findings	3 (line 41)
	3c	The main diagnoses, therapeutics interventions, and outcomes	3 (line 43-51)
	3d	Conclusion—What are the main “take-away” lessons from this case?	4 (line 53)
Introduction	4	Brief background summary of this case referencing the relevant medical literature	5 (line 71-84)
Patient Information	5a	Demographic information (such as age, gender, ethnicity, occupation)	6 (line 92-95)
	5b	Main symptoms of the patient (his or her chief complaints)	6 (line 92-95)
	5c	Medical, family, and psychosocial history including co-morbidities, and relevant genetic information	7 (line 113-121)
	5d	Relevant past interventions and their outcomes	N/A
Clinical Findings	6	Describe the relevant physical examination (PE) findings	8 (line 124-130)
Timeline	7	Depict important milestones related to your diagnoses and interventions (table or figure)	Figure 1 & Table 1,2
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires)	8 (line 133) – 10 (line 164)
	8b	Diagnostic challenges (such as financial, language, or cultural)	N/A
	8c	Diagnostic reasoning including other diagnoses considered	10 (line 167)
	8d	Prognostic characteristics (such as staging in oncology) where applicable	N/A
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	10 (line 171) – 11 (line 184)
	9b	Administration of intervention (such as dosage, strength, duration)	10 (line 171-173), 11 (line 183-184)
	9c	Changes in intervention (with rationale)	N/A
Follow-up and Outcomes	10a	Clinician-assessed outcomes and when appropriate patient-assessed outcomes	11 (line 188) – 14 (line 231)
	10b	Important follow-up test results	11 (line 188) – 14 (line 231)
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A
	10d	Adverse and unanticipated events	N/A
Discussion	11a	Discussion of the strengths and limitations in the management of this case	14 (line 244) – 15 (line 252)
	11b	Discussion of the relevant medical literature	14 (line 255) – 16 (line 271)
	11c	The rationale for conclusions (including assessment of possible causes)	16 (line 271-275)
	11d	The main “take-away” lessons of this case report	16 (line 275-283)
Patient Perspective	12	Did the patient share his or her perspective or experience? (Include when appropriate)	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> 2 (line 23)