

1 **RESPONSE TO REVIEWERS**

2
3 RE: Editorial decision *World Journal of Gastroenterology* NO: 81658, entitled "New
4 uses for an old remedy: digoxin as a potential treatment for steatohepatitis and other
5 disorders"

6
7 We thank the editor and reviewers for their insightful and constructive critique of our
8 work. We took the comments very seriously and have substantially revised the
9 manuscript in the light of the comments received. Overall, we believe we have
10 responded to all of the comments and criticisms and hope the reviewers and editor
11 will agree. Our edits to the manuscript are noted with Track Changes in the revised
12 manuscript attached to this document, and our responses to individual reviewers are
13 noted below:

14 15 16 17 18 **Reviewer #1:**

19 **Comment**

20
21 Jamshed et al. present a review article suggesting the use of cardenolide, digoxin as
22 a potential drug in the treatment of steatohepatitis characterized by inflammation of
23 the liver with concurrent fat accumulation. The article reads well, but often one has
24 the impression of superficial treatment of some aspects of the topic. This also
25 applies to the omission of some citations, which is astonishing in some cases.

26 **Response:** We thank the reviewer for their input and thorough review of our
27 manuscript. We have revised the article extensively and included additional citations
28 as appropriate.
29

30
31 1. Digoxin in a Nutshell:an overview of 200 years.

32 Line 78-84.

33 The authors should cite the following papers:

34 [Am. J. Cardiol., 65 (1990), pp. 10E-16E. doi: 10.1016/0002-9149(90)90245-v];

35 [Prog. Cardiovasc. Dis., 21 (1978), pp. 141-158. doi: 10.1016/0033-0620(78)90020-
36 8];

37 [J. Am. Coll. Cardiol., 5 (1985), pp. 16A-21A. doi: 10.1016/s0735-1097(85)80459-9]

38 **Response:** We thank the reviewer for suggesting these landmark publications; we
39 have included them in the manuscript.
40

41 2. Digoxin in steatohepatitis section:

42 It has been recently reported that lack of hepatic glucose-6 phosphatase results in
43 liver damage [Mol Metab. 2021 Jan;43:101108.doi: 10.1016/j.molmet.2020.101108].

44 This gene is directly regulated by the RORgamma isoform of the RORC gene. Karas
45 et al. showed that at non-toxic concentrations digoxin and other cardiac glycosides
46 are agonists of this receptor [Front Pharmacol. 2019 Jan 7;9:1460. doi:
47 10.3389/fphar.2018.01460]; [Toxicol Lett. 2018 Oct 1;295:314-324. doi:
48 10.1016/j.toxlet.2018.07.002] being able to upregulate G6PC expression and thus
49 might improve liver cell functions.

50 **Response:** We have made extensive changes to the steatohepatitis section to
51 discuss digoxin as an inhibitor of ROR γ T in high doses, and as an activator of
52 ROR γ T in low doses. We have also included in this section the ability of ROR γ T to
53 modulate hepatic glucose-6 phosphatase potentially improving liver cell functions.
54

553. Digoxin in obesity and metabolic disorders:

56 The authors mentioned ROR γ T and IL17A, however, they did not cite the first
57 identification of digoxin as an inverse agonist of this receptor [Nature. 2011 Apr
58 28;472(7344):486-90. doi: 10.1038/nature09978.]! This is not ok in my opinion. The
59 authors should put more attention the fact that digoxin is considered as an
60 endogenous cardiac glycoside and a modulator of many nuclear receptors' activity
61 Please see and cite: [Biomed Pharmacother. 2020 Jul;127:110106. doi:
62 10.1016/j.biopha.2020]

63 **Response:** As mentioned in our response above, we have extensively revised the
64 manuscript in regards to explaining the multifunctional role of ROR γ T. We have
65 included the Nature paper by Hull et al noting the first identification of ROR γ T, and
66 digoxin modulation the nuclear receptors. We have also noted digoxin and other
67 cardiac glycosides as modulators of nuclear receptor activity, citing the suggested
68 reference, in the section entitled "Digoxin in a Nutshell: overview of 200 years".
69

704. Digoxin in cancer:

71
72 The authors should definitively read and cite [Biomed. Pharmacother., 84 (2016), pp.
73 1036-1041 doi: 10.1016/j.biopha.2016.10.030]. As Th17 cells are promising in
74 adoptive therapy [Blood 112, 362–373. Doi: 10.1182/blood-2007-11-120998];
75 [Immunotherapy 2, 21–24. Doi: 10.2217/imt.09.83] digoxin was suggested to be an
76 effective compound that could improve the Th17 phenotype [Front Pharmacol. 2019
77 Jan 7;9:1460. Doi: 10.3389/fphar.2018.01460]

78 **Response:** We thank the reviewer for their suggested references, which have all
79 been discussed and appropriately cited in the manuscript in the section entitled
80 "Digoxin in a Nutshell: overview of 200 years" and/or in the section on "Digoxin and
81 cancer".
82

835. Digoxin in viral infection:

84 In line 336, the authors claim "Digoxin inhibits coronavirus and other viruses [46]".
85 What does it mean? Which coronavirus (there are many) and what it inhibits?
86 Replication, infectivity, entry? The authors should also write on which concentrations
87 of digoxin show its antiviral activity and how it is related to the toxicity of this drug.

88 **Response:** We have clarified that digoxin interferes with endocytosis through a non-
89 elucidated pathway thus inhibiting cells entry. In the post-entry stage, digoxin
90 significantly inhibits viral replication and viral protein expression, and provided the
91 dose at which this viral replication occurs.
92

936. In general, the authors avoid indicating digoxin concentrations when describing
94 various studies, which is crucial to whether digoxin can be considered a drug for a
95 given condition at all. Please correct it.

96 **Response:** We thank the reviewer for their comment. In most of the studies, a range
97 of digoxin doses were used; we have added digoxin dose wherever feasible.
98

997. Why in the last paragraph the authors do not cite relevant articles? This is
100 completely incomprehensible. In this paragraph, the authors should focus on the
101 rationale for the use of digoxin having in mind that this drug exerts high toxicity and
102 is dangerous to patients. Lines 430-433 – statements like that require relevant
103 citations and based on the [Front Pharmacol. 2019 Jan 7;9:1460. Doi:
104 10.3389/fphar.2018.01460.] there are not fully true.
105 **Response:** We have included the relevant references in the conclusion and future
106 directions paragraph, and also expanded on the paragraph to clarify the effects of
107 high versus low digoxin concentrations. In light of the potential toxicity of high dose
108 digoxin above a certain threshold, we have highlighted the biological effects hitherto
109 known regarding high versus low digoxin, and emphasized the need for more studies
110 clarifying the biological mechanisms and potential therapeutic effects of low dose
111 digoxin.
112

1138. Lines 426-430 “At relatively high concentrations, digoxin and other cardiac
114 glycosides inhibit the Na-K ATPase pump, leading to accumulation of sodium ions in
115 the cytosol that drives an influx of calcium into the heart, increasing contractility. At
116 lower doses, digoxin induces the Na-K ATPase to act as a receptor that can
117 modulate a variety of pathways.” Please include these concentrations and cite
118 relevant articles.
119 **Response:** We have included the references as requested and have also provided a
120 concentrations for high versus low digoxin.
121

1229. Figure 1. The authors should improve the figure. First, please include the structure
123 of digoxin, include names of the reactive oxygen species, etc. Include also the figure
124 showing other digoxin activities.
125 **Response:** We thank the reviewer for their comment. We have included the
126 structure of digoxin as suggested, as well as the names of the reactive oxygen
127 species shown to be modulated by digoxin. Given our emphasis on GI-related
128 digoxin applications for the benefit of WJG readership, we have focused Figure 1 on
129 GI-related activities, and in addition, we have put together an additional Table (Table
130 2) that summarizes digoxin activities in other organ systems.
131

13210. Table 1. Please include digoxin doses that are planned to be examined in the clinical
133 trials.
134 **Response:** We have edited the table to include the dose of digoxin and other
135 medications being studied in these ongoing clinical trials.
136

13711. Minor concerns 1. Line 431. Replace RORt with RORyT.
138 **Response:** We thank the reviewer for their thorough review of the article. We have
139 made this correction.
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143

144 **Reviewer #2:**
145
146 **Comment:** The writing and organize of the manuscript need to improve. There are
147 also some issues in structure and scientific writing, need to be noted:

- 148 **Response:** We thank the reviewer for their comments. We have extensively revised
149 and edited the manuscript to improve the writing and organization.
150
- 151 1. Review papers must provide a comprehensive critical review of recent developments
152 in a specific area or theme that is within the journal's scope and not only a list of
153 published studies.
154 **Response:** We have revised the manuscript to provide an extensive review of recent
155 developments pertaining to the non-cardiac application of digoxin.
156
- 157 2. Reviews are expected to have an extensive literature review followed by an indepth
158 and critical analysis of the state of the art, and identify challenges for future research.
159 **Response:** We have revised the manuscript to review the available literature even
160 further, and to identify challenges for future research in the field. In this regard, we
161 have substantially increased the number of primary articles and total references
162 reviewed and cited, from 59 references cited in our initial submission to 96
163 references cited in this revised version.
164
- 165 3. It is better to cite more original studies.
166 **Response:** We thank the reviewer for their comment. We have edited the article to
167 include citations of original papers wherever necessary, and have also increased the
168 number of original papers reviewed and cited.
169
- 170 4. The content of the selected original articles used in this review should be prepared in
171 the form of a table.
172 **Response:** We have created a new Table (ie Table 2) which summarizes the main
173 findings, including molecular/biochemical and histological findings, from the original
174 articles reviewed in the manuscript.
175
- 176 5. It would be helpful to add explanations in more detail about therapeutic results of
177 digoxin and discuss subsequent pathological and also therapeutic outcomes in every
178 research. therefore, in order to make the article more informative, each therapeutic
179 case of digoxin should be accompanied by their biochemical, histological, and
180 molecular outcomes at least included in the table.
181 **Response:** We thank the reviewer for their comment. Please refer to response
182 above for question #4.
183
- 184 6. In text: When “CGs”, “RORyt”, “IL”, ... were first written, their full names were not
185 mentioned and direct abbreviations were written in the text.
186 **Response:** We have checked the article and added the full names of each
187 abbreviation when they are mentioned for the first time.
188
- 189 7. Unfortunately, the manuscript has revealed some grammatical and typographical
190 problems that needs to be addressed. So, the English language of manuscript
191 should carefully check and edit.
192 **Response:** We have extensively reviewed and corrected all grammatical and
193 typographical errors.
194
- 195 8. The authors should add related references to the results using the table.

196 **Response:** Table 1 contains ongoing studies listed on clinicaltrials.gov. We have
197 provided the clinical trial registration number (NCT) for easy reference for the
198 readership.

199

2009. It would be nice to add more recent articles in references.

201 **Response:** We thank the reviewer for their comment. We have revised the
202 manuscript to include pivotal and recent references on this important subject.

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ROUND 2

The authors improved the manuscript significantly however, they made a substantial error: “More recently, Karas et al. reported opposing findings with cardiac glycosides activating ROR γ T in HepG2 cells (...) ROR γ is broadly expressed so in HepG2 this isoform is present, and Th17 express exclusively ROR γ T, thus the authors should correct this sentence accordingly: “More recently, Karas et al. reported opposing findings with cardiac glycosides activating ROR γ in HepG2 cells and ROR γ T in Th17 lymphocytes” And further: “ROR γ directly regulates glucose-6 phosphatase (G6Pase) and a number of genes involved in glucose regulation and insulin sensitivity **. G6Pase facilitates glucose-6 phosphate (G6P) hydrolysis into inorganic phosphate and free glucose [50-52], with suppression of hepatic G6Pase resulting in accumulation of G6P and metabolic reprogramming involving increased carbohydrate response element binding protein (ChREBP) activity and gene expression that lead to hepatic steatosis [53-56]. Digoxin-mediated activation of ROR γ upregulates G6Pase, resulting in improved glucose homeostasis and decreased NAFLD phenotype”

Response: All comments from the reviewers have been addressed.