



CARE Checklist – 2016: Information for writing a case report

T	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	line3/page1
Key Words	2	Four to seven key words—include “case report” as one of the key words	line28/page1
Abstract	3a 3b 3c	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main “take-away” lesson from this case?	line35-38/page2: line8-25/page1; line25-27/page1
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	line172- 226/page9-10
Timeline	5	Information from this case report organized into a timeline (table or figure)	line117- 129/page6-7
Patient Information	6a 6b 6c	De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit? Relevant history including past interventions and outcomes	line46-47,48- 49/page2-3: line46-47,48- 49/page2-3: line55-58,73-
Physical Exam	7	Relevant physical examination findings	line58-61,79- 84/page3
Diagnostic Assessment	8a 8b 8c 8d	Evaluations such as surveys, laboratory testing, imaging, etc. Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	line63-67,85- line66-47,86- 87/page3: line88- 116/page4
Interventions	9a 9b 9c 9d	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration	line90-96/page4
Follow-up and Outcomes	10a 10b 10c	Clinician assessment (and patient or client assessed outcomes when appropriate) Important follow-up diagnostic evaluations Assessment of intervention adherence and tolerability, including adverse events	line97-

Discussion	11a	Strengths and limitations in your approach to this case	<u>line136-177/page8</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG) How does this case report suggest a	
	11c	testable hypothesis?	
	11d	Conclusions and rationale	
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>line179-182/page8</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>line195-196/page8</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>line186-197/page8</u>

