CARE Checklist – 2016: Information for writing a case report

Topic

Item

Checklist item description

Line/Page

Title

Key Words

1

2

The words “case report” should be in the title along with the area of focus

Four to seven key words—include “case report” as one of the key words

Line5/Page1

Line13-14/Page3

Abstract

3a

3b

3c

Background: What does this case report add to the medical literature?

Case summary: chief complaint, diagnoses, interventions, and outcomes

Conclusion: What is the main “take-away” lesson from this case?

Introduction

Timeline

4

5

The current standard of care and contributions of this case—with references (1-2 paragraphs)

Information from this case report organized into a timeline (table or figure)

Line1-21/Page4

Patient Information

6a

6b

6c

De-identified demographic and other patient or client specific information

Chief complaint—what prompted this visit?

Relevant history including past interventions and outcomes

Line11-12/Page6

Line24-25/Page8

Physical Exam

7

Relevant physical examination findings

Diagnostic

Assessment

8a

8b

8c

8d

Evaluations such as surveys, laboratory testing, imaging, etc.

Diagnostic reasoning including other diagnoses considered and challenges

Consider tables or figures linking assessment, diagnoses and interventions

Prognostic characteristics where applicable

Line8-9/Page5

Line19-20/Page7

Interventions

9a

9b

9c

9d

Types such as life-style recommendations, treatments, medications, surgery

Intervention administration such as dosage, frequency and duration

Note changes in intervention with explanation

Line29-31/Page5,Line1-6/Page6,Line7-16/Page8

Not Applicable

Not Applicable

Not Applicable

Other concurrent interventions

Follow-up and

Outcomes

10a

10b

10c

Clinician assessment (and patient or client assessed outcomes when appropriate)

Important follow-up diagnostic evaluations

Assessment of intervention adherence and tolerability, including adverse events

Line7-10/Page6, Line17-23/Page8

Line17-21/Page6,Line2-5/Page9

Not Applicable

Discussion

11a

11b

11c

11d

Strengths and limitations in your approach to this case

Specify how this case report informs practice or Clinical Practice Guidelines (CPG)

How does this case report suggest a testable hypothesis?

Conclusions and rationale

Line3-4/Page12

Line22-28/Page11

Line7-23/Page11

Line30-31/Page11，Line1-6/Page12

Patient Perspective

Informed Consent

12

13

When appropriate include the assessment of the patient or client on this episode of care

Informed consent from the person who is the subject of this case report is required by most journals

Acknowledgement section; Competing Interests; IRB approval when required

Not Applicable

Not Applicable

Not Applicable

Additional Information 14

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Not Applicable

Line24-26/Page4,Line2-4/Page7

Line1-3/Page5,Line12-14/Page7

Line18-31/Page2

Line3-16/Page2

Line6-11/Page3

Line11-20/Page5,Line22-30/Page7

Line22-24/Page5,Line1-2/Page8

Line15/Page6,Line26/Page9

Not Applicable

