
**Subject Information and Consent Form
(Signature Page)**

Research Title: Efficacy of low glycaemic index instant multigrain supplementation in Type II Diabetes Mellitus: A randomized, open-labelled intervention trial

Researcher's Name: Dr. Lee Lai Kuan
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Dr. Mohamad Hafizi Abu Bakar
Nur Anis binti Mohd Ariffin

To become a part this study, you or your legal representative must sign this page. By signing this page, I am confirming the following:

- I have read all of the information in this Patient Information and Consent Form **including any information regarding the risk in this study** and I have had time to think about it.
- All of my questions have been answered to my satisfaction.
- I voluntarily agree to be part of this research study, to follow the study procedures, and to provide necessary information to the doctor, nurses, or other staff members, as requested.
- I may freely choose to stop being a part of this study at anytime.
- I have received a copy of this Participant Information and Consent Form to keep for myself.

Participant Name

Participant I.C No

Signature of Participant or Legal Representative

Date (dd/MM/yy)

Name of Individual

Conducting Consent Discussion

Signature of Individual

Conducting Consent Discussion

Date (dd/MM/yy)

Name & Signature of Witness

Date (dd/MM/yy)

Note: i) All participants who are involved in this study will not be covered by insurance.