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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus1/1

**Key Words 2** Four to seven key words—include “case report” as one of the key words YES

**Abstract 3a** Background: What does this case report add to the medical literature? 2

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes 4

**3c** Conclusion: What is the main “take-away” lesson from this case? 5

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) 1-11

**Timeline 5** Information from this case report organized into a timeline (table or figure) Fig 1-3

**Patient Information 6a** De-identified demographic and other patient or client specific information 14-17

**6b** Chief complaint—what prompted this visit? 16

**6c** Relevant history including past interventions and outcomes 14

**Physical Exam 7** Relevant physical examination findings 14

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 17-18

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges 17

**8c** Consider tables or figures linking assessment, diagnoses and interventions Fig 1-3

**8d** Prognostic characteristics where applicable 22

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery 26

**9b** Intervention administration such as dosage, frequency and duration n/a

**9c** Note changes in intervention with explanation n/a

**9d** Other concurrent interventions n/a

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) n/a

**Outcomes 10b** Important follow-up diagnostic evaluations 30

**10c** Assessment of intervention adherence and tolerability, including adverse events n/a

**Discussion 11a** Strengths and limitations in your approach to this case 3-5

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) 2

**11c** How does this case report suggest a testable hypothesis? 2-4

**11d** Conclusions and rationale 4

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care yes

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals yes

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required n/a