



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 3/ Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 1-2 /Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 2-9 /Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 12-17/ Page2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 20-21/ Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 11-23/ Page 3. Line 1-10 /Page 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not applicable
Patient Information	6a	De-identified demographic and other patient or client specific information	Applicable
	6b	Chief complaint—what prompted this visit?	Line 13-15/ Page 4
	6c	Relevant history including past interventions and outcomes	Line 21-23 /Page4
Physical Exam	7	Relevant physical examination findings	Line 2-4 /Page 5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 6-17 /Page 5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 11-15/ Page 8
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Fig 1/Page 5
	8d	Prognostic characteristics where applicable	Not applicable
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 7-12/Page 6,
	9b	Intervention administration such as dosage, frequency and duration	Line 15-20/Page7
	9c	Note changes in intervention with explanation	Not applicable
	9d	Other concurrent interventions	Not applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 2-5/Page 7
	10b	Important follow-up diagnostic evaluations	Line 2-5/Page 7
	10c	Assessment of intervention adherence and tolerability, including adverse events	Not applicable
Discussion	11a	Strengths and limitations in your approach to this case	Line 2-5/Page 9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 11-12/Page 9
	11c	How does this case report suggest a testable hypothesis?	Line9-11/Page9
	11d	Conclusions and rationale	Line 14-18/Page 9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 9-11/Page 9
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 18-19/Page11
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 20-21/Page 9