CARE Checklist – 2016: Information for writing a case report

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|  | **Topic** |  | **Item Checklist item description** | **Line/Page** |
| **Title** |  | **1** | The words “case report” should be in the title along with the area of focus | 1 |
| **Key Words** |  | **2** | Four to seven key words—include “case report” as one of the key words | 2 |
| **Abstract** |  | **3a 3b 3c** | Background:Whatdoesthiscasereportaddtothemedicalliterature? Casesummary:chiefcomplaint,diagnoses,interventions,andoutcomes Conclusion:Whatisthemain“take-away” lessonfromthiscase? | 1-21-21-2 |
|  |  |  | 2 |
| **Introduction** | **4** | The current standard of care and contributions of this case—with references (1-2 paragraphs) | 3 |
| **Timeline** | **5** | Information from this case report organized into a timeline (table or figure) |  \_\_\_\_ |
| **Patient Information** | **6a** | De-identifieddemographicandotherpatientorclientspecificinformation | 3-4 |
|  | **6b** | Chiefcomplaint—whatpromptedthisvisit? | 3-4 |
|  | **6c** | Relevant history including past interventions and outcomes | 3-4 |
| **48Physical Exam** | **7** | Relevant physical examination findings | 4-5 |
| **Diagnostic** | **8a** | Evaluations such as surveys, laboratory testing, imaging, etc. | 5-6 |
| **Assessment** | **8b** | Diagnostic reasoning including other diagnoses considered and challenges | 6-7 |
|  | **8c** | Consider tables or figures linking assessment, diagnoses and interventions | 6-7 |
|  | **8d** | Prognostic characteristics where applicable | 6-7 |
| **Interventions** | **9a** | Types such as life-style recommendations, treatments, medications, surgery | 7-8 |
|  | **9b** | Intervention administration such as dosage, frequency and duration | 7-8 |
|  | **9c** | Notechangesininterventionwithexplanation | 7-8 |
|  | **9d** | Other concurrentinterventions | 7-8 |
| **Follow-up and** | **10a** | Clinician assessment (and patient or client assessed outcomes when appropriate) | 8-9 |
| **Outcomes** | **10b** | Important follow-up diagnostic evaluations | 8-9 |
|  | **10c** | Assessment of intervention adherence and tolerability, including adverse events | 8-9 |
| **Discussion** | **11a** | Strengths and limitations in your approach to this case | \_\_\_\_ |
|  | **11b** | SpecifyhowthiscasereportinformspracticeorClinicalPracticeGuidelines(CPG) | 9-11 |
|  | **11c** | Howdoesthiscasereportsuggesta testablehypothesis? | 9-11 |
|  | **11d** | Conclusions and rationale | 11-13 |
| **Patient Perspective** | **12** | When appropriate include the assessment of the patient or client on this episode of care |  \_\_\_\_ |
| **Informed Consent** | **13** | Informed consent from the person who is the subject of this case report is required by most journals | 6,15 |
| **Additional Information** | **14** | Acknowledgement section; Competing Interests; IRB approval when required | 6,14-16 |
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