



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 1/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 4-5/Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 6-10/Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 11-28/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 26-28/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 14-22/Page 3
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure 2
Patient Information	6a	De-identified demographic and other patient or client specific information	No applicable
	6b	Chief complaint—what prompted this visit?	Line 25-27/Page 3
	6c	Relevant history including past interventions and outcomes	Line 28-29/Page 3 Line 1-9/Page 4
Physical Exam	7	Relevant physical examination findings	Line 10-12/Page 4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 13-30/Page 4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 21-29/Page 4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1/2
	8d	Prognostic characteristics where applicable	No applicable
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 8-27/Page 5
	9b	Intervention administration such as dosage, frequency and duration	Line 8-27/Page 5
	9c	Note changes in intervention with explanation	No applicable
	9d	Other concurrent interventions	No applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 3-5/Page 5
	10b	Important follow-up diagnostic evaluations	Line 30/Page 5 , Line 1-8/Page 6
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 3-4/Page 6
Discussion	11a	Strengths and limitations in your approach to this case	Line 2-16/Page 7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 3-7/Page 9
	11c	How does this case report suggest a testable hypothesis?	Line 28-30/Page 8 , Line 1-7/Page 9
	11d	Conclusions and rationale	Line 9-13/Page 9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	No applicable
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 28-29/Page 10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 22-26/Page 10