CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	**1**	The words "case report" should be in the title along with the area of focus	√
Key Words	**2**	Four to seven key words—include "case report" as one of the key words	√
Abstract	**3a**	Background: What does this case report add to the medical literature?	√
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	√
	3c	Conclusion: What is the main "take-away" lesson from this case?	√
Introduction	**4**	The current standard of care and contributions of this case—with references (1-2 paragraphs)	√
Timeline	**5**	Information from this case report organized into a timeline (table or figure)	√
Patient Information	**6a**	De-identified demographic and other patient or client specific information	√
	6b	Chief complaint—what prompted this visit?	√
	6c	Relevant history including past interventions and outcomes	√
Physical Exam	**7**	Relevant physical examination findings	√
Diagnostic Assessment	**8a**	Evaluations such as surveys, laboratory testing, imaging, etc.	√
	8b	Diagnostic reasoning including other diagnoses considered and challenges	√
	8c	Consider tables or figures linking assessment, diagnoses and interventions	√
	8d	Prognostic characteristics where applicable	√
Interventions	**9a**	Types such as life-style recommendations, treatments, medications, surgery	√
	9b	Intervention administration such as dosage, frequency and duration	√
	9c	Note changes in intervention with explanation	√
	9d	Other concurrent interventions	√
Follow-up and Outcomes	**10a**	Clinician assessment (and patient or client assessed outcomes when appropriate)	√
	10b	Important follow-up diagnostic evaluations	√
	10c	Assessment of intervention adherence and tolerability, including adverse events	√
Discussion	**11a**	Strengths and limitations in your approach to this case	√
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	√
	11c	How does this case report suggest a testable hypothesis?	√
	11d	Conclusions and rationale	√
Patient Perspective	**12**	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	**13**	Informed consent from the person who is the subject of this case report is required by most journals	
Additional Information	**14**	Acknowledgement section; Competing Interests; IRB approval when required	√