



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	1	The words “case report” should be in the title along with the area of focus	6/1
<b>Key Words</b>	2	Four to seven key words—include “case report” as one of the key words	23/3
<b>Abstract</b>	3a	Background: What does this case report add to the medical literature?	2/3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	9/3
	3c	Conclusion: What is the main “take-away” lesson from this case?	19/3
<b>Introduction</b>	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	2-18/5
<b>Timeline</b>	5	Information from this case report organized into a timeline (table or figure)	2/12, 1/3, 2/14
<b>Patient Information</b>	6a	De-identified demographic and other patient or client specific information	26/5
	6b	Chief complaint—what prompted this visit?	26-28/5
	6c	Relevant history including past interventions and outcomes	8-13/6
<b>Physical Exam</b>	7	Relevant physical examination findings	20-23/6
<b>Diagnostic Assessment</b>	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	25/6 ~ 6/17
	8b	Diagnostic reasoning including other diagnoses considered and challenges	8-10/7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	2/12
	8d	Prognostic characteristics where applicable	24/7
<b>Interventions</b>	9a	Types such as life-style recommendations, treatments, medications, surgery	12/7
	9b	Intervention administration such as dosage, frequency and duration	22/7
	9c	Note changes in intervention with explanation	24/7
	9d	Other concurrent interventions	13-14/7
<b>Follow-up and Outcomes</b>	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	25-27/7
	10b	Important follow-up diagnostic evaluations	2/14
	10c	Assessment of intervention adherence and tolerability, including adverse events	1-8/8
<b>Discussion</b>	11a	Strengths and limitations in your approach to this case	9-13/9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	19-26/8
	11c	How does this case report suggest a testable hypothesis?	1-13/9
	11d	Conclusions and rationale	15-21/9
<b>Patient Perspective</b>	12	When appropriate include the assessment of the patient or client on this episode of care	15-18/8
<b>Informed Consent</b>	13	Informed consent from the person who is the subject of this case report is required by most journals	19-20/11
<b>Additional Information</b>	14	Acknowledgement section; Competing Interests; IRB approval when required	22-23/11