



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 6 / Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Lines 26-27 / Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Lines 3-5 / Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Lines 8-20 / Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Lines 23-24 / Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Lines 9-10 / Page 16, Lines 14-17 / Page 2, Page 13-15
Timeline	5	Information from this case report organized into a timeline (table or figure)	Page 6 / Fig.1
Patient Information	6a	De-identified demographic and other patient or client specific information	Not Applicable
	6b	Chief complaint—what prompted this visit?	Lines 6-7 / Page 5
	6c	Relevant history including past interventions and outcomes	Lines 10-29 / Page 5, Lines 1-3 / Page 6
Physical Exam	7	Relevant physical examination findings	Lines 14-18 / Page 6
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Lines 5-11 / Page 6, Lines 20-29 / Page 6, Page 7, Lines 1-2 / Page 8
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	Lines 17-29 / Page 10, Lines 1-26 / Page 11
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Page 7 / Fig. 2, 3, 4
	8d	Prognostic characteristics where applicable	Not Applicable
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Lines 8-28 / Page 8, Lines 1-9 / Page 9
	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes in intervention with explanation	Lines 8-28 / Page 8, Lines 1-9 / Page 9
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Lines 12-29 / Page 9, Lines 1-4 / Page 10

Discussion	10b	Important follow-up diagnostic evaluations	Lines 24-28 / Page 9
	10c	Assessment of intervention adherence and tolerability, including adverse events	Lines 17-28 / Page 9
	11a	Strengths and limitations in your approach to this case	Lines 19-29 / Page 12
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Lines 21-29 / Page 10, Lines 1-5, 27-29/ Page 11, Lines 1-12/ Page 12
	11c	How does this case report suggest a testable hypothesis?	Lines 1-6 / Page13
	11d	Conclusions and rationale	Lines 9-15 / Page13
Patient Perspective	12	When appropriate include the assessme of the patient or client on th	Lines 1-2, 22-28 /Page 9
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Lines 2-3 / Page 16
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Lines 19-22 / Page 13, Lines 5-7 / Page 16