



www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927, (



Vedic Lifesciences Pvt. Ltd. 118, Morya House, Off New Link Road, Andheri (W), Mumbai–400 053, Maharashtra. India

22-JUL-2021

Subject: Review and approval of Protocol ID: UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), ACEAS-IEC Protocol Approval No. VED/P-20/22/JUL/2021, titled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome".

This has reference to your letter dated 02-JUL-2021 for review and approval of the protocol and other documents of the above clinical study, please note that the approval letter number for this study as UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), titled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome", is VED/P-20/22/JUL/2021, for all sites. This is for your information only.

Regards



Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 1 of 1

15, Shashwat, Opp. E.S.I Hospital, Gotri Road, Vadodara - 390021. Mob.: +91-8140375047, +91-9904402122, +91-9327925272, +91-9913279515

#### Study Approval letter

To, Dr. Aman Khanna, Aman Hospital and Research Center, 15, Shashwat, Opp. E.S.I Hospital, Gotri Road, Vadodara-390021.

Ref: Protocol No: UAS/201003/LPLANTARUMUALP05/IBS

Protocol Name: "A randomized, double-blinded, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea predominant-irritable bowel syndrome."

Sub: Letter no. AHRC/IEC/08/2021

Dear Dr. Aman Khanna,

The Institutional ethics committee of Aman Hospital and Research Center reviewed and discussed your application to conduct the clinical trial entitled "A randomized, double-blinded, placebo-controlled, parallel group study of the efficacy and safety of *L. plantarum* UALp-05<sup>TM</sup> in diarrhea predominant-irritable bowel syndrome."", an investigator initiated trial, at the IEC meeting held on 10-Jul-2021, 4:00 pm onwards at 15, Shashwat, Opp E.S.I Hospital, Gotri Road, Vadodara-390021.

The following documents were reviewed:

Sr	Document	Version No. and Date	
No.		Julia Julia	
1.	NDA / CSA		
2.	ClinicalTrial.gov Registration Certificate		
3.			
	Cnical Study Protocol	Version 1.0 Dated 22 A	
4.	Investigator's Brochure	Version 1.0_Dated 23 Apr 2021	
5.	Source Document- Screening_Randomization to	Version 1.0_22 Apr 2021	
-	End of visit	Version 1.0_27 Apr 2021	
6.	Unscheduled Visit		
7.	Adverse Event Form	Version 1.0_27 Apr 2021	
8.		Version 1.0_27 Apr 2021	
9.	Serious Adverse Event Form	Version 1.0_27 Apr 2021	
	Protocol Deviation Form	Version 1.0_27 Apr 2021	
10.	Subject Discontinuation Form	Varsion 1.0.27 Apr 2021	
11.	Patient Information Sheet- English, Hindi, Marathi,	Version 1.0_27 Apr 2021	
	enecta English, Hindi, Marathi,	Version 1.0_27 Apr 2021	

Date: 14-Jul-2021

15, Shashwat, Opp. E.S.I Hospital, Gotri Road, Vadodara - 390021. Mob.: +91-8140375047, +91-9904402122, +91-9327925272, +91-9913279515

	Gujarati	
		Translated from English to
-		Hindi, Marathi, Gujarati on 21
12.	Patient Information Sheet- BT- Hindi to English	Iviay 2021
	and Gujarati to English	Version 1.0_27 Apr 2021 Back
	- Andrews	Iranslated from Hindi to
		English and Gujarati to English
13.	Informed Consent Form - English, Hindi, Marathi,	on 26 Jun 2021
	Gujarati Lingiisii, Hindi, Marathi,	
		Translated from English to
		Hindi, Marathi, Gujarati on 21
14.	Informed Consent Form- BT- Hindi to English and	May 2021
	Gujarati to English	Version 1.0_27 Apr 2021 Back
	2 and a Linguisti	Iranslated from Hindi to
		English and Gujarati to English
<b>15</b> .	IBS-SSS Scale - English Util II As	on 26 Jun 2021
	IBS-SSS Scale - English, Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021
		Translated from English to
		Hindi, Marathi, Gujarati on 10
6.	IBS-SSS Scale DT III- III-	May 2021
	IBS-SSS Scale - BT- Hindi to English and Gujarati to English	Version 1.0_27 Apr 2021 Back
	7-18-13-1	Translated from Hindi to
		English and Gujarati to English
7.	APS- NRS Scala Same	on 26 Jun 2021
	APS- NRS Scale- Screening and Day0 - English, Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021
	, and attit, Gujarati	Translated from English to
		Hindi, Marathi, Gujarati on 10
3.	ADS. NDC Cools C	May 2021
•	APS- NRS Scale- Screening and Day0 - BT- Hindi to	Version 1.0_27 Apr 2021 Back
	English and Gujarati to English	Translated from Hindi to
		English and Gujarati to English
	RSC 222 222 22	on 26 Jun 2021
-	BSS-SSS Scale - Screening and Day0 - English,	Version 1.0_27 Apr 2021
	Hindi, Marathi, Gujarati	Translated from English to
. 1		Hindi, Marathi, Gujarati on 10
	222.228 Sala 6	May 2021
1	BSS-SSS Scale - Screening and Day0 - BT- Hindi to	Version 1.0_27 Apr 2021 Back
	LIEUDII ann Gullarati to English	Translated from Hindi to
		English and Gujarati to English
$\dashv$	IPS OOL S. I	on 26 Jun 2021
		Version 1.0_27 Apr 2021

15, Shashwat, Opp. E.S.I Hospital, Gotri Road, Vadodara - 390021.

Mob.: +91-8140375047, +91-9904402122, +91-9327925272, +91-9913279515

		Translated from English to Hindi, Marathi, Gujarati on 10
22.	IBS-QOL Scale - BT- Hindi to English and Gujarati to	May 2021
	English English and Gujarati to	
		Translated from Hindi to
		English and Gujarati to English
23.	PSS Scale - English, Hindi, Marathi, Gujarati	On 18 Jun 2021
		Version 1.0_27 Apr 2021
		Translated from English to
24.	PSS Scale PT III	Hindi, Marathi, Gujarati on 10 May 2021
	PSS Scale - BT- Hindi to English and Gujarati to English	
		Version 1.0_27 Apr 2021 Back Translated from Hindi to
		English and Gujarati to English
5.	Diet Recall Chart - English - Live	on 18 Jun 2021
.	Diet Recall Chart - English, Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021
1		Translated from English to
		Hindi, Marathi, Gujarati on 08
5.	E-CRF	Jun 2021
		Version 1.0

Dr. Himanshu Patel chaired the meeting. The list of members who attended the meeting is as follows:-

Name of Members	Position on IEC	Designation	
Dr. Himanshu Patel	Chairman	Director, International Gastro Institute	Qualification
Dr Tushar Sonaiya	Member		M.D. D.N.B
Dr. Cl.	Secretary	Medical officer and In-charge, Infection Control Committee	M.D.,
Dr. Shreya Shah	Basic Medical	Associate Professor, Medical College Baroda	Microbiology
De 1:- 15 11	Scientist	Troicessor, Medical College Baroda	M.D.
Or. Jigar Modia .	Clinician	Physician	Pharmacology
A. 37.			M.D., Interna
Mr. Viral Patel	Legal Expert	Advocate	Medicine
A			B.A. L.L.B,
Mr. Piyush Patel	Social Scientist	Social Worker	
f 3.f - 1.1.1		· · · · · · · · · · · · · · · · · · ·	B.Com.
Ars. Manjulaben latel	Lay Person	House wife	B.Com

15, Shashwat, Opp. E.S.I Hospital, Gotri Road, Vadodara - 390021. Mob.: +91-8140375047, +91-9904402122, +91-9327925272, +91-9913279515

It is hereby confirmed that neither you nor any of the study team members have participated in the voting

The ethics committee to be informed about the progress of the study, any Serious Adverse Events (SAE) occurring in the course of the study, any changes in the protocol and patient information or informed consent and to be provided with a copy of the final report.

Yours sincerely,

Member Secretary, Ethics Committee

Date of approval of the study: 14/Jul/2021





Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

To,

27 September 2021

Dr. Avadhoot Pandit Shantaee Nursing Home, Charkop Bhavneet CHS.LTD., Ground Floor, A wing, Sector 8, Charkop, Kandivali West Mumbai- 400 067, Maharashtra

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Avadhoot Pandit,

The meeting of the Harmony Ethical Research Committee (HERC) was held on 25th September 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- 1. Study Protocol\_V1.0\_Dated 23 Apr 2021
- IB\_V 1.0\_22 Apr 2021
   SD\_Screening Visit\_V 1.0\_27 Apr 2021
- 4. SD\_Randomization to End of study visit \_ V 1.0\_27 Apr 2021
- 5. Unscheduled Visit\_ V 1.0\_27 Apr 2021
- Adverse Event form\_V 1.0\_27 Apr 2021
- Serious Adverse Event Form\_ V 1.0\_27 Apr 2021
- 8. Protocol deviation form \_ V 1.0\_27 Apr 2021
- 9. Subject Discontinuation Form V 1.0 27 Apr 2021
- 10. Patient Information Sheet\_English\_V 1.0\_27 Apr 2021
- 11. Informed Consent Form\_English\_V 1.0\_27 Apr 2021
- 12. IBS-SSS Scale\_English\_V 1.0\_27 Apr 2021
- 13. APS-NRS scale English V 1.0 27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English\_V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale\_English\_V 1.0 27 Apr 2021
- 16. PSS Scale\_English\_V 1.0\_27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0\_27 Apr 2021
- 18. Informed Consent Form\_Hindi- V 1.0\_27 Apr 2021
- 19. IBS-SSS Scale\_ Hindi- V 1.0\_27 Apr 2021
- 20. APS-NRS scale \_ Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale\_Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- IBS-QOL Scale Hindi- V 1.0 27 Apr 2021
- 23. PSS Scale Hindi- V 1.0\_27 Apr 2021







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 24. Patient Information Sheet Marathi- V 1.0\_27 Apr 2021
- 25. Informed Consent Form Marathi V 1.0\_27 Apr 2021
- 26. IBS-SSS Scale Marathi- V 1.0 27 Apr 2021
- 27. APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0\_27 Apr 2021
- 30. PSS Scale Marathi- V 1.0\_27 Apr 2021
- 31. Patient Information Sheet Gujarati- V 1.0 27 Apr 2021
- 32. Informed Consent Form\_Gujarati V 1.0\_27 Apr 2021
- 33. IBS-SSS Scale Gujarati- V 1.0\_27 Apr 2021
- 34. APS-NRS scale \_ Gujarati- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 35. BSS Scale\_Gujarati- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 36. IBS-QOL Scale Gujarati- V 1.0\_27 Apr 2021
- 37. PSS Scale Gujarati- V 1.0 27 Apr 2021
- 38. Translation certificates Hindi, Marathi and Gujarati
- 39. Dr. Avadhoot Pandit's Undertaking
- 40. Dr. Avadhoot Pandit's Clinical Study Agreement
- 41. Dr. Avadhoot Pandit's Signed and dated CV
- 42. Dr. Avadhoot Pandit's Signed and dated MRC
- 43. Dr. Avadhoot Pandit's Signed and dated GCP
- 44. Dr. Avadhoot Pandit's Protocol signature page
- 45. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan-Basic Medical Scientist.
- Dr. Rohan Deshmukh- Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebocontrolled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- Kindly Notify following documents before initiation of the study:
  - a) Study Insurance







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded by the Investigator to Chairperson of the IEC and the head of the institution where the trial is being conducted, within 14 days of SAE or death.
- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the

Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.

- No changes of the protocol and Informed Consent Document should be initiated without prior written approval by IEC of an appropriate amendment. The IEC expects that the investigator should promptly report to IEC any deviations from, or changes of, the protocol to eliminate immediate hazards to the research participants and about any new information that may affect adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade. Member Secretary.

Member Secretary
Harmony Ethical Research Committee
Shree Hospital, Combur,
Mumbal - 400 071.





### INSTITUTIONAL ETHICS COMMITTEE RAHATE SURGICAL HOSPITAL



Near Telephone Exchange Square, 517, Juni Mangalwari, Central Avenue, Nagpur - 440 008. Tel.: +91 712 2732266, 6536080 Fax: +91 712 2732266 Email: iecrsh@gmail.com

Date: 19/Jul/2021

To, Dr. Prashant Rahate Rahate Surgical Hospital, 517, Kolbaswami Square, Old Mangalwari, Nagpur-440008 Maharashtra India

Ref: Submission letter dated 30 Jun 2021

Protocol: UAS/201003/LPLANTARUMUALP05/IBS/IEC/001: A randomized, double-blind, placebocontrolled, parallel group study of the efficacy and safety of L. plantarumUALp- $05^{\text{TM}}$  in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval of Documents.

Dear Sir,

We have received the following documents.

Sr No.	Document	Version No. and Date	
1.	NDA / CSA		
2.	ClinicalTrial.gov Registration Certificate		
3.	Cnical Study Protocol	Version 1.0 Dated 23 Apr 2021	
4.	Investigator's Brochure	Version 1.0 22 Apr 2021	
5.	Source Document- Screening_Randomization to End of visit	Version 1.0_27 Apr 2021	
6.	Unscheduled Visit	Version 1.0 27 Apr 2021	
7.	Adverse Event Form	Version 1.0 27 Apr 2021	
8.	Serious Adverse Event Form	Version 1.0 27 Apr 2021	
9.	Protocol Deviation Form	Version 1.0_27 Apr 2021	
10.	Subject Discontinuation Form	Version 1.0_27 Apr 2021	
11.	Patient Information Sheet- English, Hindi, Marathi,	Version 1.0_27 Apr 2021	
	Gujarati	Translated from English to	
		Hindi, Marathi, Gujarati on 21	
-18		May 2021	
12.	Informed Consent Form - English, Hindi, Marathi,	Version 1.0 27 Apr 2021	
	Gujarati	Translated from English to	
	CO.	Hindi, Marathi, Gujarati on 21	
100	1 48	May 2021	
13.	IBS-SSS Scale - English, Hindi, Marathi, Gujarati	Version 1.0 27 Apr 2021	
		Translated from English to	



#### INSTITUTIONAL ETHICS COMMITTEE RAHATE SURGICAL HOSPITAL



Near Telephone Exchange Square, 517, Juni Mangalwari, Central Avenue, Nagpur - 440 008. Tel.: +91 712 2732266, 6536080 Fax: +91 712 2732266 Email: iecrsh@gmail.com

1		Turning . Date:	
		Hindi, Marathi, Gujarati on 10	
14.	APS- NRS Scale- Screening and Day0 - English,	May 2021	
	Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021	
	Timui, Maratii, Oujarati	Translated from English to	
		Hindi, Marathi, Gujarati on 10	
15.	Dec egg c 1 c i	May 2021	
13.	BSS-SSS Scale - Screening and Day0 - English,	Version 1.0_27 Apr 2021	
	Hindi, Marathi, Gujarati	Translated from English to	
		Hindi, Marathi, Gujarati on 10	
16	IRG COV C	May 2021	
16.	IBS-QOL Scale - English, Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021	
		Translated from English to	
		Hindi, Marathi, Gujarati on 10	
_		May 2021	
17.	PSS Scale - English, Hindi, Marathi, Gujarati	Version 1.0_27 Apr 2021	
		Translated from English to	
		Hindi, Marathi, Gujarati on 10	
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	May 2021	
8.	Diet Recall Chart - English, Hindi, Marathi,	Version 1.0_27 Apr 2021	
	Gujarati	Translated from English to	
		Hindi, Marathi, Gujarati on 08	
		Jun 2021	
9.	E-CRF	Version 1.0	
0.	Investigator Undertaking	. 0.0.011 1.0	
1.	CTA		

At the Ethics Committee meeting held through video conference on 19 Jul 2021 at 4:00 PM your reference letter and above documents were examined and discussed. The EC has approved the submitted documents in its present form for the conduct of study at Rahate Surgical Hospital, 517, kolbaswami square, old Mangalwari, Nagpur-440008

The following member were present during the meeting

Sr.No.	Name of Member	Designation	Gender(M/F)	Scientific/ Non- Scientific	Affiliation with Institute (Y/S)
1	Dr. Sachin Makade	Chairman	M	Scientific	No
2	Dr. Kishore Rewatkar	Member Secretary	M	Scientific	Yes
3	Dr. Manoj Purohit	Clinician	M	Scientific	Yes
4	Adv. Vasant K. Narsapur	Legal Expert	M	Non- Scientific	No
5	Mrinalini Wankhede	Lay Person	F	Non- Scientific	No



#### INSTITUTIONAL ETHICS COMMITTEE RAHATE SURGICAL HOSPITAL



Near Telephone Exchange Square, 517, Juni Mangalwari, Central Avenue, Nagpur - 440 008. Tel.: +91 712 2732266, 6536080 Fax: +91 712 2732266 Email: iecrsh@gmail.com

The following members were absent:

Date:

- 1) Dr Suchet Khanzode (Member)
- 2) Dr. Devesh Dattatraya Gosavi (Basic Medical Scientist)
- 3) Mrs. Pushpa Ninave (Social Worker)

We confirm that neither you nor your study team members participated in the deliberations of the Ethics Committee & did not vote on the proposal for this study.

You should use copies of the ICD with the signature and seal of IEC Consultants to recruit patients for the study.

If an SAE happens at a study site approved by us, then the investigator should report the same to us within 7 days.

The Ethics Committee is constituted and works as per the ICH-GCP and ICMR guidelines.

We approve the trial to be conducted in its presented form.

Rahate Surgical Hospital of

ETHICS COMMITTEE

Yours sincerely,

**Authorised Signatory** 

Dr. Kishore Rewatkar Member Secretary **Ethics Committee** 







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

To,

27/05/2021

Dr. Ramesh Dargad.
Ashokwatika CHS Ltd, Marol Pipeline Road,
Mukund Nagar, J B Nagar, Andheri (East)
Mumbai 400059.

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Ramesh Dargad.

The meeting of the Harmony Ethical Research Committee (HERC) was held on 22<sup>nd</sup> May 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- 1. Study Protocol\_V1.0\_Dated 23 Apr 2021
- 2. IB V 1.0 22 Apr 2021
- 3. SD Screening Visit V 1.0 27 Apr 2021
- 4. SD Randomization to End of study visit V 1.0 27 Apr 2021
- Unscheduled Visit V 1.0 27 Apr 2021
- 6. Adverse Event form V 1.0 27 Apr 2021
- 7. Serious Adverse Event Form V 1.0 27 Apr 2021
- 8. Protocol deviation form V 1.0 27 Apr 2021
- 9. Subject Discontinuation Form V 1.0 27 Apr 2021
- 10. Patient Information Sheet English and Gujarati V 1.0 27 Apr 2021
- 11. Informed Consent Form English and Gujarati V 1.0 27 Apr 2021
- 12. IBS-SSS Scale\_English and Gujarati\_V 1.0 27 Apr 2021
- 13. APS-NRS scale \_ English and Gujarati V 1.0 27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale English and Gujarati V 1.0 27 Apr 2021
- 16. PSS Scale English and Gujarati V 1.0 27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0 27 Apr 2021
- 18. Informed Consent Form Hindi- V 1.0 27 Apr 2021
- 19. IBS-SSS Scale Hindi- V 1.0 27 Apr 2021
- 20. APS-NRS scale \_ Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale Hindi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 22. IBS-QOL Scale Hindi- V 1.0 27 Apr 2021
- 23. PSS Scale\_ Hindi- V 1.0\_27 Apr 2021
- 24. Patient Information Sheet Marathi- V 1.0 27 Apr 2021
- 25. Informed Consent Form Marathi V 1.0 27 Apr 2021







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 26. IBS-SSS Scale Marathi- V 1.0 27 Apr 2021
- 27. APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0 27 Apr 2021
- 30. PSS Scale Marathi- V 1.0 27 Apr 2021
- 31. Translation certificates Hindi, Marathi and Gujarati
- 32. Dr. Ramesh Dargad's Undertaking
- 33. Dr. Ramesh Dargad's Clinical Study Agreement
- 34. Dr. Ramesh Dargad's Signed and dated CV
- 35. Dr. Ramesh Dargad's Signed and dated MRC
- 36. Dr. Ramesh Dargad's Signed and dated GCP
- 37. Dr. Ramesh Dargad's Protocol signature page
- 38. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan- Basic Medical Scientist.
- Dr. Rohan Deshmukh-Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- Kindly Notify following documents before initiation of the study:
  - a) Study Insurance
- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded by the Investigator to Chairperson of the IEC and the head of the institution where the trial is being conducted, within 14 days of SAE or death.
- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.

- No changes of the protocol and Informed Consent Document should be initiated without prior
  written approval by IEC of an appropriate amendment. The IEC expects that the investigator
  should promptly report to IEC any deviations from, or changes of, the protocol to eliminate
  immediate hazards to the research participants and about any new information that may affect
  adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade.

Harrony Ethical Research Committee Shree Hospital, Chembur, Mumbai - 400 071.







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

27/05/2021

To,
Dr. Sanjeev Khanna.
Dr Khanna Clinic,
E-002, Vishal Apartment, Behind Vishal wedding hall,
Sir M. V. Road, Andheri (East) Mumbai
Maharashtra 400059

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Sanjeev Khanna,

The meeting of the Harmony Ethical Research Committee (HERC) was held on 22<sup>nd</sup> May 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- Study Protocol\_V1.0\_Dated 23 Apr 2021
- 2. IB V 1.0 22 Apr 2021
- 3. SD Screening Visit V 1.0 27 Apr 2021
- SD\_Randomization to End of study visit V 1.0\_27 Apr 2021
- 5. Unscheduled Visit V 1.0 27 Apr 2021
- 6. Adverse Event form V 1.0 27 Apr 2021
- 7. Serious Adverse Event Form V 1.0 27 Apr 2021
- 8. Protocol deviation form V 1.0 27 Apr 2021
- Subject Discontinuation Form V 1.0 27 Apr 2021
- 10. Patient Information Sheet\_ English and Gujarati\_ V 1.0\_27 Apr 2021
- 11. Informed Consent Form\_English and Gujarati\_ V 1.0\_27 Apr 2021
- 12. IBS-SSS Scale English and Gujarati V 1.0 27 Apr 2021
- 13. APS-NRS scale \_ English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021
- 16. PSS Scale\_English and Gujarati\_ V 1.0 27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0 27 Apr 2021
- 18. Informed Consent Form Hindi- V 1.0\_27 Apr 2021
- 19. IBS-SSS Scale Hindi- V 1.0 27 Apr 2021
- 20. APS-NRS scale Hindi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale Hindi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 22. IBS-QOL Scale Hindi- V 1.0 27 Apr 2021
- 23. PSS Scale Hindi- V 1.0 27 Apr 2021
- 24. Patient Information Sheet Marathi- V 1.0 27 Apr 2021
- 25. Informed Consent Form Marathi V 1.0\_27 Apr 2021







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 26. IBS-SSS Scale Marathi- V 1.0 27 Apr 2021
- 27. APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale\_Marathi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0 27 Apr 2021
- 30. PSS Scale Marathi- V 1.0 27 Apr 2021
- 31. Translation certificates Hindi, Marathi and Gujarati
- 32. Dr. Sanjeev Khanna's Undertaking
- 33. Dr. Sanjeev Khanna's Clinical Study Agreement
- 34. Dr. Sanjeev Khanna's Signed and dated CV
- 35. Dr. Sanjeev Khanna's Signed and dated MRC
- 36. Dr. Sanjeev Khanna's Signed and dated GCP
- 37. Dr. Sanjeev Khanna's Protocol signature page
- 38. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan- Basic Medical Scientist.
- Dr. Rohan Deshmukh- Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- Kindly Notify following documents before initiation of the study:
  - a) Study Insurance
- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded by the Investigator to Chairperson of the IEC and the head of the institution where the trial is being conducted, within 14 days of SAE or death.
- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the







HERC

Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.

- No changes of the protocol and Informed Consent Document should be initiated without prior
  written approval by IEC of an appropriate amendment. The IEC expects that the investigator
  should promptly report to IEC any deviations from, or changes of, the protocol to eliminate
  immediate hazards to the research participants and about any new information that may affect
  adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade.

Harmony Ethical Research Committee
Shree Hospital, Chembur,
Mumbai - 400 071.





Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

To,

27/05/2021

Dr. Satish Kulkarni Samarth Digestive Disease Centre, 405, JK Chambers, Sector 17, Vashi, Navi Mumbai 400705.

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Satish Kulkarni.

The meeting of the Harmony Ethical Research Committee (HERC) was held on 22<sup>nd</sup> May 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- 1. Study Protocol V1.0 Dated 23 Apr 2021
- 2. IB V 1.0 22 Apr 2021
- 3. SD\_Screening Visit\_V 1.0\_27 Apr 2021
- 4. SD\_Randomization to End of study visit V 1.0\_27 Apr 2021
- 5. Unscheduled Visit\_ V 1.0\_27 Apr 2021
- 6. Adverse Event form V 1.0 27 Apr 2021
- 7. Serious Adverse Event Form V 1.0 27 Apr 2021
- 8. Protocol deviation form V 1.0 27 Apr 2021
- 9. Subject Discontinuation Form V 1.0 27 Apr 2021
- 10. Patient Information Sheet\_ English and Gujarati\_ V 1.0\_27 Apr 2021
- 11. Informed Consent Form\_ English and Gujarati\_ V 1.0\_27 Apr 2021
- 12. IBS-SSS Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021
- 13. APS-NRS scale English and Gujarati V 1.0 27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale\_ English and Gujarati\_ V 1.0\_27 Apr 2021
- 16. PSS Scale English and Gujarati V 1.0 27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0 27 Apr 2021
- 18. Informed Consent Form Hindi- V 1.0 27 Apr 2021
- 19. IBS-SSS Scale Hindi- V 1.0 27 Apr 2021
- 20. APS-NRS scale \_ Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale Hindi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 22. IBS-QOL Scale Hindi- V 1.0 27 Apr 2021
- 23. PSS Scale Hindi- V 1.0 27 Apr 2021
- 24. Patient Information Sheet Marathi- V 1.0 27 Apr 2021
- 25. Informed Consent Form Marathi V 1.0 27 Apr 2021







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 26. IBS-SSS Scale Marathi- V 1.0 27 Apr 2021
- 27. APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0 27 Apr 2021
- 30. PSS Scale Marathi- V 1.0 27 Apr 2021
- 31. Translation certificates Hindi, Marathi and Gujarati
- 32. Dr. Satish Kulkarni's Undertaking
- 33. Dr. Satish Kulkarni's Clinical Study Agreement
- 34. Dr. Satish Kulkarni's Signed and dated CV
- 35. Dr. Satish Kulkarni's Signed and dated MRC
- 36. Dr. Satish Kulkarni's Signed and dated GCP
- 37. Dr. Satish Kulkarni's Protocol signature page
- 38. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan- Basic Medical Scientist.
- Dr. Rohan Deshmukh-Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- Kindly Notify following documents before initiation of the study:
  - a) Study Insurance
- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded by the Investigator to Chairperson of the IEC and the head of the institution where the trial is being conducted, within 14 days of SAE or death.
- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.

- No changes of the protocol and Informed Consent Document should be initiated without prior written approval by IEC of an appropriate amendment. The IEC expects that the investigator should promptly report to IEC any deviations from, or changes of, the protocol to eliminate immediate hazards to the research participants and about any new information that may affect adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade.

Member Secretary
Harmony Ethical Research Committee
Shree Hospital, Chambur,
Mumbai - 400 071.







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

To,

27/05/2021

Dr. Shrikant Deshpande. Ashirwad Hospital & Research Centre Near Jijamata Udyan, Maratha Section 32, Ulhasnagar 4, Mumbai.

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Shrikant Deshpande,

The meeting of the Harmony Ethical Research Committee (HERC) was held on 22<sup>nd</sup> May 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- Study Protocol\_ V1.0\_Dated 23 Apr 2021
- 2. IB\_ V 1.0 22 Apr 2021
- 3. SD\_Screening Visit\_ V 1.0\_27 Apr 2021
- SD\_ Randomization to End of study visit \_ V 1.0\_27 Apr 2021
- 5. Unscheduled Visit\_ V 1.0\_27 Apr 2021
- Adverse Event form\_ V 1.0\_27 Apr 2021
- Serious Adverse Event Form V 1.0 27 Apr 2021
- 8. Protocol deviation form V 1.0 27 Apr 2021
- 9. Subject Discontinuation Form V 1.0 27 Apr 2021
- 10. Patient Information Sheet English and Gujarati V 1.0 27 Apr 2021
- 11. Informed Consent Form\_English and Gujarati\_ V 1.0\_27 Apr 2021
- 12. IBS-SSS Scale\_English and Gujarati\_ V 1.0 27 Apr 2021
- 13. APS-NRS scale \_ English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English and Gujarati\_ V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale English and Gujarati V 1.0 27 Apr 2021
- 16. PSS Scale English and Gujarati V 1.0 27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0 27 Apr 2021
- 18. Informed Consent Form Hindi- V 1.0\_27 Apr 2021
- 19. IBS-SSS Scale Hindi- V 1.0 27 Apr 2021
- 20. APS-NRS scale \_ Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale\_Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 22. IBS-QOL Scale Hindi- V 1.0 27 Apr 2021
- 23. PSS Scale\_ Hindi- V 1.0 27 Apr 2021
- 24. Patient Information Sheet Marathi- V 1.0 27 Apr 2021
- 25. Informed Consent Form Marathi V 1.0 27 Apr 2021
- 26. IBS-SSS Scale Marathi- V 1.0 27 Apr 2021
- 27. APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0 27 Apr 2021
- 30. PSS Scale Marathi- V 1.0 27 Apr 2021
- 31. Translation certificates Hindi, Marathi and Gujarati
- 32. Dr. Shrikant Deshpande's Undertaking
- 33. Dr. Shrikant Deshpande's Clinical Study Agreement
- 34. Dr. Shrikant Deshpande's Signed and dated CV
- 35. Dr. Shrikant Deshpande's Signed and dated MRC
- 36. Dr. Shrikant Deshpande's Signed and dated GCP
- 37. Dr. Shrikant Deshpande's Protocol signature page
- 38. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan- Basic Medical Scientist.
- Dr. Rohan Deshmukh- Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- Kindly Notify following documents before initiation of the study:
  - a) Study Insurance
- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.
- No changes of the protocol and Informed Consent Document should be initiated without prior
  written approval by IEC of an appropriate amendment. The IEC expects that the investigator
  should promptly report to IEC any deviations from, or changes of, the protocol to eliminate
  immediate hazards to the research participants and about any new information that may affect
  adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade.

Ha Tay Ethical Research Committee Chree Hospital, Chembur, Mumbai - 400 071.







www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



Dr. Hardik Parikh Principal Investigator 4<sup>th</sup> Floor, Sarvopari Mall, Bhujangdev Circle, C. P. Nagar-1, Parul Nagar Society, Ahmedabad, Gujarat-380061.

22-JUL-2021

Dear Dr. Parikh,

Subject: Review and approval of Protocol ID: UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), titled,, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome".

This has reference to your letter dated 02-JUL-2021 for review and approval of the protocol and other documents of the above clinical study, being sponsored by Chr. Hansen A/S, Human Health Innovation, Kogle allé 6, DK-2970.

With the understanding that the proposed clinical study, is being conducted to assess the efficacy and safety of *L. plantarum* UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome, and its report is NOT MEANT FOR SUBMISSON TO DRUGS CONTROLLER GENERAL (INDIA), NEW DELHI, for the purpose of registration of the product, this ethics committee has reviewed the protocol and other related documents in its meeting held on 22-JUL-2021, in which the following members were participated:

- Dr. Akshay. O. Parikh Chairman
- 5
- 2 Mrs. Sanchita Mitra, Member Secretary
- 6 Mrs. Nisha S. Soni, Lay Person /Non-Scientific Person

Mrs. Sarita Kapoor, Social Scientist

- 3 Dr. Anuj Kumar Jain, Clinician
- 7 Mrs. Kalpana D. Oza, Legal Expert
- 4 Dr. Parag Bhattacharya, Basic Medical Scientist-Pharmacologist

#### Following documents have been reviewed in the meeting:

- 1. Protocol, Version No. 1.0, Dated 23-APR-2021
- 2. Investigator Brochure, Version No. 1.0, Dated 22-APR-2021
- 3. SD- Screening Visit, Version 1.0, Dated 27-APR-2021
- SD- Randomization to End of study visit, Version 1.0, Dated 27-APR-2021
- 5. Unscheduled Visit, Version 1.0, dated 27-APR-2021
- 6. Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 7. Serious Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 8. Protocol deviation Form, Version No. 1.0, Dated 27-APR-2021

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 1 of 3













+91 79 26460930, Mobile: +91 9327924927, (



- 9. Subject Discontinuation Form, Version 1.0, Dated 27-APR-2021
- 10. Patient Information Sheet, English, Version 1.0, Dated 27-APR-2021
- 11. Informed Consent Form, English, Version 1.0, Dated 27-APR-2021
- 12. IBS-SSS Scale English, Version 1.0, Dated 27-APR-2021
- 13. APS-NRS scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 14. BSS Scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 15. IBS-QOL Scale, English, Version 1.0, Dated 27-APR-2021
- 16. PSS Scale, English, Version 1.0, Dated 27-APR-2021
- 17. Patient Information Sheet, Hindi, Version 1.0, Dated 27-APR-2021
- 18. Informed Consent Form, Hindi, Version 1.0, Dated 27-APR-2021
- 19. IBS-SSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 20. APS-NRS scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 21. BSS Scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 22. IBS-QOL Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 23. PSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 24. Patient Information Sheet, Marathi, Version 1.0, Dated 27-APR-2021
- 25. Informed Consent Form, Marathi, Version 1.0, Dated 27-APR-2021
- 26. IBS-SSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 27. APS-NRS scale Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 28. BSS Scale, Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 29. IBS-QOL Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 30. PSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 31. Patient Information Sheet, Gujarati, Version 1.0, Dated 27-APR-2021
- 32. Informed Consent Form, Gujarati, Version 1.0, Dated 27-APR-2021
- 33. IBS-SSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 34. APS-NRS scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 35. BSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 36. IBS-OOL Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 37. PSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 38. Translation certificates Hindi, Marathi and Gujarati
- 39. Investigator's EC application (Dr Hardik Parikh), Dated 02-JUL-2021
- 40. Investigator's Undertaking (Dr Hardik Parikh), Dated 03-JUL-2021
- 41. Investigator's CV (Dr Hardik Parikh), Dated 03-JUL-2021
- Investigator's MRC (Dr Hardik Parikh), Gujarat Medical Council Registration No. 24452, Dated OCT-2016
- 43. Investigator's GCP (Dr Hardik Parikh)
- 44. E-CRF- Version 1.0

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 2 of 3

29-





www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



All the 7 of the7 members of the committee, who reviewed the scientific and ethical aspects of the study gave a favorable opinion on the protocol and other documents, as necessary precautionary and safety measures to take care of the rights, safety and wellbeing of the study subjects have been incorporated in the same. we are pleased to grant approval to the conduct of the reviewed clinical study by you at *Vedic Lifesciences Pvt. Ltd., 118, Morya House, Opp. Infinity mall, Andheri (W), Mumbai, subject to the following conditions:* 

i. this approval is valid for a period of one-year,

ii. that no subject would be admitted to the trial before necessary regulatory approvals, if required, are obtained, and other necessary documents, as applicable, are submitted to this committee,

 that the study will be conducted in full compliance to Good Clinical Practice guidelines and applicable regulatory requirements,

iv. the ACEAS-IEC shall do a continuing review of the progress of the trial, for which you will provide periodic
updates on the progress of the same, as a part of your responsibility,

 the ACEAS-IEC shall provide, according to the applicable regulatory requirements, expedited review and approval/favorable opinion on the minor change(s) in the trial protocol during the course of its conduct, if required,

vi. that no deviations from, or changes in, the protocol would be initiated without prior written ACEAS-IEC approval/favorable opinion on an appropriate amendment, except when necessary, to eliminate immediate hazards to the subjects or when the change(s) involve(s) only logistical or administrative aspects of the trial (e.g., change of monitor(s), telephone number(s),

vii. that the investigator would promptly report to the ACEAS-IEC: (a) deviations from, or changes, in the protocol to eliminate immediate hazards to the trial subjects, (b) changes increasing the risk to subjects and/or significantly affecting the conduct of the trial, (c) all serious adverse events, followed by a detailed report with due analysis of the causal relationship of the event with the clinical study as per applicable regulatory requirement, and (d) new information that may adversely affect the safety of the subjects or the conduct of the trial, and

viii. that the ACEAS-IEC would promptly notify in writing the investigator/institution concerning: (a) its trial-related decisions/opinions, (b) the reasons for its decisions/opinions, and (c) procedures for appeal on its decisions/opinions.

Dr. Akshay. O. Parikh, Chairman 22 - 07-24 Sanchita Mitra, Member-Secretary 22 May 2021





www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



Dr. Jignesh Patel Principal Investigator Apex Gastro Clinic and Hospital B-310, Shivalic Yash, Naranpura, Ahmedabad, Gujarat - 380013.

22-JUL-2021

Dear Dr. Patel,

Subject: Review and approval of Protocol ID: UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), titled,, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome".

This has reference to your letter dated 02-JUL-2021 for review and approval of the protocol and other documents of the above clinical study, being sponsored by Chr. Hansen A/S, Human Health Innovation, Kogle allé 6, DK-2970.

With the understanding that the proposed clinical study, is being conducted to assess the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome, and its report is NOT MEANT FOR SUBMISSON TO DRUGS CONTROLLER GENERAL (INDIA), NEW DELHI, for the purpose of registration of the product, this ethics committee has reviewed the protocol and other related documents in its meeting held on 22-JUL-2021, in which the following members were participated:

5

- 1 Dr. Akshay. O. Parikh Chairman
- v
- 2 Mrs. Sanchita Mitra, Member Secretary
- 6 Mrs. Nisha S. Soni, Lay Person /Non-Scientific Person

Mrs. Sarita Kapoor, Social Scientist

- 3 Dr. Anuj Kumar Jain, Clinician
- 7 Mrs. Kalpana D. Oza, Legal Expert
- 4 Dr. Parag Bhattacharya, Basic Medical Scientist-Pharmacologist

#### Following documents have been reviewed in the meeting:

- 1. Protocol, Version No. 1.0, Dated 23-APR-2021
- Investigator Brochure, Version No. 1.0, Dated 22-APR-2021
- 3. SD- Screening Visit, Version 1.0, Dated 27-APR-2021
- 4. SD- Randomization to End of study visit, Version 1.0, Dated 27-APR-2021
- 5. Unscheduled Visit, Version 1.0, dated 27-APR-2021
- 6. Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 7. Serious Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 8. Protocol deviation Form, Version No. 1.0, Dated 27-APR-2021

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 1 of 3





www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



- Subject Discontinuation Form, Version 1.0, Dated 27-APR-2021
- Patient Information Sheet, English, Version 1.0, Dated 27-APR-2021
- 11. Informed Consent Form, English, Version 1.0, Dated 27-APR-2021
- 12. IBS-SSS Scale English, Version 1.0, Dated 27-APR-2021
- 13. APS-NRS scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 14. BSS Scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 15. IBS-QOL Scale, English, Version 1.0, Dated 27-APR-2021
- 16. PSS Scale, English, Version 1.0, Dated 27-APR-2021
- 17. Patient Information Sheet, Hindi, Version 1.0, Dated 27-APR-2021
- 18. Informed Consent Form, Hindi, Version 1.0, Dated 27-APR-2021
- 19. IBS-SSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 20. APS-NRS scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 21. BSS Scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 22. IBS-OOL Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 23. PSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 24. Patient Information Sheet, Marathi, Version 1.0, Dated 27-APR-2021
- 25. Informed Consent Form, Marathi, Version 1.0, Dated 27-APR-2021
- 26. IBS-SSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 27. APS-NRS scale Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 28. BSS Scale, Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- IBS-QOL Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 30. PSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 31. Patient Information Sheet, Gujarati, Version 1.0, Dated 27-APR-2021
- 32. Informed Consent Form, Gujarati, Version 1.0, Dated 27-APR-2021
- 33. IBS-SSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 34. APS-NRS scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 35. BSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 36. IBS-QOL Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 37. PSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 38. Translation certificates Hindi, Marathi and Gujarati
- 39. Investigator's EC application (Dr Jignesh Patel), Dated 02-JUL-2021
- 40. Investigator's Undertaking (Dr Jignesh Patel), Dated 03-JUL-2021
- 41. Investigator's CV (Dr Jignesh Patel), Dated 03-JUL-2021
- 42. Investigator's MRC (Dr Jignesh Patel), Gujarat Medical Council Registration No. G-18549, dated 24-NOV-2011
- 43. Investigator's GCP (Dr Jignesh Patel)
- 44. E-CRF- Version 1.0

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 2 of 3





www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



All the 7 of the7 members of the committee, who reviewed the scientific and ethical aspects of the study gave a favorable opinion on the protocol and other documents, as necessary precautionary and safety measures to take care of the rights, safety and wellbeing of the study subjects have been incorporated in the same. we are pleased to grant approval to the conduct of the reviewed clinical study by you at Vedic Lifesciences Pvt. Ltd., 118, Morya House, Opp. Infinity mall, Andheri (W), Mumbai, subject to the following conditions:

this approval is valid for a period of one-year,

 that no subject would be admitted to the trial before necessary regulatory approvals, if required, are obtained, and other necessary documents, as applicable, are submitted to this committee,

 that the study will be conducted in full compliance to Good Clinical Practice guidelines and applicable regulatory requirements,

iv. the ACEAS-IEC shall do a continuing review of the progress of the trial, for which you will provide periodic updates on the progress of the same, as a part of your responsibility,

v. the ACEAS-IEC shall provide, according to the applicable regulatory requirements, expedited review and approval/favorable opinion on the minor change(s) in the trial protocol during the course of its conduct, if required.

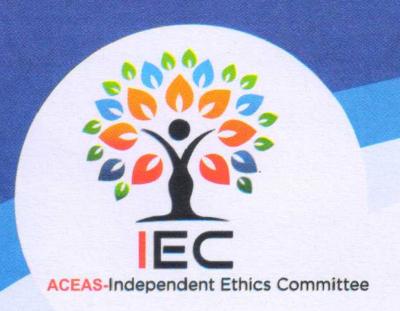
vi. that no deviations from, or changes in, the protocol would be initiated without prior written ACEAS-IEC approval/favorable opinion on an appropriate amendment, except when necessary, to eliminate immediate hazards to the subjects or when the change(s) involve(s) only logistical or administrative aspects of the trial (e.g., change of monitor(s), telephone number(s),

vii. that the investigator would promptly report to the ACEAS-IEC: (a) deviations from, or changes, in the protocol to eliminate immediate hazards to the trial subjects, (b) changes increasing the risk to subjects and/or significantly affecting the conduct of the trial, (c) all serious adverse events, followed by a detailed report with due analysis of the causal relationship of the event with the clinical study as per applicable regulatory requirement, and (d) new information that may adversely affect the safety of the subjects or the conduct of the trial, and

viii. that the ACEAS-IEC would promptly notify in writing the investigator/institution concerning: (a) its trial-related decisions/opinions, (b) the reasons for its decisions/opinions, and (c) procedures for appeal on its decisions/opinions.

Arclankh,
Dr. Akshay. O. Parikh,
Chairman 22 - 01 - 21

Acutelité
Sanchita Mitra,
Member-Secretary
22 W Tuny 212





www.aceas.co.in



iecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927



Dr. Rajendra P. Kushwaha Principal Investigator Rajsukh Medical Care Unit, 1<sup>st</sup> Floor, Om Laxmi Shopping Centre, Opp. Radha Krishna Hotel, Nallasopara, (E), Palghar – 401209.

11-NOV-2021

#### Dear Dr. Kushwaha,

Subject: Review and approval of Protocol ID: UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), titled,, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome".

This has reference to your letter dated 02-NOV-2021 wherein you requested this committee to review and approve the site of **Dr. Rajendra P. Kushwaha's** for conduct of this trial along with the Protocol and related documents of the above referred clinical study. Based upon the initial approval granted to the study by this committee on 22-JUL-2021, we have reviewed:

#### following site related documents:

- 1. Application Letter, Dated 02-NOV-2021
- 2. Investigator Undertaking, Dated 09-NOV-2021
- 3. CV of the investigator
- 4. Registration Certificate of Maharashtra Council of Indian Medicine, Mumbai, Registration No. I-21663, Dated 02-FEB-2008
- 5. GCP training record

The above documents have been found to be in order. Therefore, ACEAS-IEC is pleased to approve the site related documents and accord its concurrence to the conduct of the above clinical trial project using the documents detailed above. All the conditions of this approval remain the same as those mentioned in our letter dated 22-JUL-2021.

Aolan bh Dr. Akshay. O. Parikh, Chairman

11-11-21

Sanchita Mitra,
Member-Secretary

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 1 of 1





www.aceas.co.in



lecaceas@gmail.com



+91 79 26460930, Mobile: +91 9327924927,



Dr. Sushil Narang Principal Investigator SN Gastro and Liver Clinic 403-404, Maple Trade Center, Thaltej, Ahmedabad, Gujarat – 380054.

22-JUL-2021

#### Dear Dr. Narang,

Subject: Review and approval of Protocol ID: UAS/201003/LPLANTARUMUALP05/IBS, (Version 1.0, 23-APR-2021), titled,, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome".

This has reference to your letter dated 02-JUL-2021 for review and approval of the protocol and other documents of the above clinical study, being sponsored by Chr. Hansen A/S, Human Health Innovation, Kogle allé 6, DK-2970.

With the understanding that the proposed clinical study, is being conducted to assess the efficacy and safety of *L. plantarum* UALp-05<sup>TM</sup> in diarrhea-predominant-irritable bowel syndrome, and its report is NOT MEANT FOR SUBMISSON TO DRUGS CONTROLLER GENERAL (INDIA), NEW DELHI, for the purpose of registration of the product, this ethics committee has reviewed the protocol and other related documents in its meeting held on 22-JUL-2021, in which the following members were participated:

- Dr. Akshay. O. Parikh Chairman
  - Mrs. Sanchita Mitra, Member Secretary
- 3 Dr. Anuj Kumar Jain, Clinician
- 4 Dr. Parag Bhattacharya, Basic Medical Scientist-Pharmacologist
- 5 Mrs. Sarita Kapoor, Social Scientist
- 6 Mrs. Nisha S. Soni, Lay Person /Non-Scientific Person
  - Mrs. Kalpana D. Oza, Legal Expert

#### Following documents have been reviewed in the meeting:

- 1. Protocol, Version No. 1.0, Dated 23-APR-2021
- 2. Investigator Brochure, Version No. 1.0, Dated 22-APR-2021
- 3. SD- Screening Visit, Version 1.0, Dated 27-APR-2021
- 4. SD- Randomization to End of study visit, Version 1.0, Dated 27-APR-2021
- Unscheduled Visit, Version 1.0, dated 27-APR-2021
- 6. Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 7. Serious Adverse Event Form, Version No. 1.0, Dated 27-APR-2021
- 8. Protocol deviation Form, Version No. 1.0, Dated 27-APR-2021

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 1 of 3













+91 79 26460930, Mobile: +91 9327924927,



- 9. Subject Discontinuation Form, Version 1.0, Dated 27-APR-2021
- 10. Patient Information Sheet, English, Version 1.0, Dated 27-APR-2021
- 11. Informed Consent Form, English, Version 1.0, Dated 27-APR-2021
- 12. IBS-SSS Scale English, Version 1.0, Dated 27-APR-2021
- APS-NRS scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 14. BSS Scale, English, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- IBS-QOL Scale, English, Version 1.0, Dated 27-APR-2021
- PSS Scale, English, Version 1.0, Dated 27-APR-2021
- Patient Information Sheet, Hindi, Version 1.0, Dated 27-APR-2021
- 18. Informed Consent Form, Hindi, Version 1.0, Dated 27-APR-2021
- 19. IBS-SSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 20. APS-NRS scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 21. BSS Scale, Hindi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 22. IBS-QOL Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 23. PSS Scale, Hindi, Version 1.0, Dated 27-APR-2021
- 24. Patient Information Sheet, Marathi, Version 1.0, Dated 27-APR-2021
- 25. Informed Consent Form, Marathi, Version 1.0, Dated 27-APR-2021
- 26. IBS-SSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 27. APS-NRS scale Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 28. BSS Scale, Marathi, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 29. IBS-QOL Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 30. PSS Scale, Marathi, Version 1.0, Dated 27-APR-2021
- 31. Patient Information Sheet, Gujarati, Version 1.0, Dated 27-APR-2021
- 32. Informed Consent Form, Gujarati, Version 1.0, Dated 27-APR-2021
- 33. IBS-SSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 34. APS-NRS scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 35. BSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021 (Screening and Day 0)
- 36. IBS-QOL Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 37. PSS Scale, Gujarati, Version 1.0, Dated 27-APR-2021
- 38. Translation certificates Hindi, Marathi and Gujarati
- 39. Investigator's EC application (Dr Sushil Narang), Dated 02-JUL-2021
- 40. Investigator's Undertaking (Dr Sushil Narang), Dated 06-JUL-2021
- 41. Investigator's CV (Dr Sushil Narang), Dated 06-JUL-2021
- 42. Investigator's MRC (Dr Sushil Narang) Gujarat Medial Council Registration No. G-19663, Dated 06-MAY-2013
- 43. Investigator's GCP (Dr Sushil Narang)
- 44. E-CRF- Version 1.0

Project No. UAS/201003/LPL/ANTARUMUALP05/IBS

Page 2 of 3













+91 79 26460930, Mobile: +91 9327924927,



All the 7 of the 7 members of the committee, who reviewed the scientific and ethical aspects of the study gave a favorable opinion on the protocol and other documents, as necessary precautionary and safety measures to take care of the rights, safety and wellbeing of the study subjects have been incorporated in the same, we are pleased to grant approval to the conduct of the reviewed clinical study by you at *Vedic Lifesciences Pvt. Ltd., 118, Morya House, Opp. Infinity mall, Andheri (W), Mumbai*, subject to the following conditions:

i. this approval is valid for a period of one-year,

ii. that no subject would be admitted to the trial before necessary regulatory approvals, if required, are obtained, and other necessary documents, as applicable, are submitted to this committee,

 that the study will be conducted in full compliance to Good Clinical Practice guidelines and applicable regulatory requirements,

iv. the ACEAS-IEC shall do a continuing review of the progress of the trial, for which you will provide periodic updates on the progress of the same, as a part of your responsibility,

 the ACEAS-IEC shall provide, according to the applicable regulatory requirements, expedited review and approval/favorable opinion on the minor change(s) in the trial protocol during the course of its conduct, if required,

vi. that no deviations from, or changes in, the protocol would be initiated without prior written ACEAS-IEC approval/favorable opinion on an appropriate amendment, except when necessary, to eliminate immediate hazards to the subjects or when the change(s) involve(s) only logistical or administrative aspects of the trial (e.g., change of monitor(s), telephone number(s),

vii. that the investigator would promptly report to the ACEAS-IEC: (a) deviations from, or changes, in the protocol to eliminate immediate hazards to the trial subjects, (b) changes increasing the risk to subjects and/or significantly affecting the conduct of the trial, (c) all serious adverse events, followed by a detailed report with due analysis of the causal relationship of the event with the clinical study as per applicable regulatory requirement, and (d) new information that may adversely affect the safety of the subjects or the conduct of the trial, and

viii. that the ACEAS-IEC would promptly notify in writing the investigator/institution concerning: (a) its trial-related decisions/opinions, (b) the reasons for its decisions/opinions, and (c) procedures for appeal on its decisions/opinions.

Aolanikh, Dr. Akshay. O. Parikh, Chairman 22-07-21 Sanchita Mitra, Member-Secretary

Project No. UAS/201003/LPLANTARUMUALP05/IBS

Page 3 of 3





Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

To.

27 July 2021

Dr. Kapil Rathi. Room no. 04, Ground floor, B-4 Ground Nest Society, Marol Naka, Mumbai- 400059

Reference: Protocol Code: UAS/201003/LPLANTARUMUALP05/IBS

Study Title: A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05™ in diarrhea-predominant-irritable bowel syndrome

Subject: Ethics Committee Approval for above reference study

Dear Dr. Kapil Rathi,

The meeting of the Harmony Ethical Research Committee (HERC) was held on 24<sup>nd</sup> July 2021 at Shree Ethics Committee office, in the Shree Hospital with Dr. Vrushali Petkar as Chairperson.

The IEC reviewed the above mentioned clinical study and approved the following documents submitted for this clinical study at the meeting.

- 1. Study Protocol\_ V1.0\_Dated 23 Apr 2021
- 2. IB V 1.0 22 Apr 2021
- 3. SD\_Screening Visit\_V 1.0\_27 Apr 2021
- 4. SD Randomization to End of study visit \_ V 1.0\_27 Apr 2021
- 5. Unscheduled Visit\_ V 1.0\_27 Apr 2021
- 6. Adverse Event form V 1.0\_27 Apr 2021
- 7. Serious Adverse Event Form\_ V 1.0\_27 Apr 2021
- 8. Protocol deviation form V 1.0\_27 Apr 2021
- 9. Subject Discontinuation Form V 1.0\_27 Apr 2021
- 10. Patient Information Sheet English V 1.0\_27 Apr 2021
- 11. Informed Consent Form English V 1.0\_27 Apr 2021
- 12. IBS-SSS Scale English V 1.0\_27 Apr 2021
- 13. APS-NRS scale English V 1.0 27 Apr 2021 (Screening and Day 0)
- 14. BSS Scale\_English\_V 1.0\_27 Apr 2021 (Screening and Day 0)
- 15. IBS-QOL Scale\_English\_V 1.0\_27 Apr 2021
- 16. PSS Scale\_English V 1.0\_27 Apr 2021
- 17. Patient Information Sheet Hindi- V 1.0 27 Apr 2021
- 18. Informed Consent Form\_Hindi- V 1.0\_27 Apr 2021
- 19. IBS-SSS Scale Hindi- V 1.0\_27 Apr 2021
- 20. APS-NRS scale Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 21. BSS Scale\_Hindi- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 22. IBS-QOL Scale Hindi- V 1.0\_27 Apr 2021
- 23. PSS Scale Hindi- V 1.0 27 Apr 2021







Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- 24. Patient Information Sheet\_ Marathi- V 1.0\_27 Apr 2021
- 25. Informed Consent Form\_Marathi V 1.0\_27 Apr 2021
- 26. IBS-SSS Scale\_Marathi- V 1.0\_27 Apr 2021
- 27: APS-NRS scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 28. BSS Scale Marathi- V 1.0 27 Apr 2021 (Screening and Day 0)
- 29. IBS-QOL Scale Marathi- V 1.0 27 Apr 2021
- 30. PSS Scale Marathi- V 1.0 27 Apr 2021
- 31. Patient Information Sheet\_Gujarati- V 1.0\_27 Apr 2021
- 32. Informed Consent Form\_Gujarati V 1.0\_27 Apr 2021
- 33. IBS-SSS Scale Gujarati- V 1.0 27 Apr 2021
- 34. APS-NRS scale \_ Gujarati- V 1.0 27 Apr 2021 (Screening and Day 0)
- 35. BSS Scale\_Gujarati- V 1.0\_27 Apr 2021 (Screening and Day 0)
- 36. IBS-QOL Scale Gujarati- V 1.0 27 Apr 2021
- 37. PSS Scale\_Gujarati- V 1.0\_27 Apr 2021
- 38. Translation certificates Hindi, Marathi and Gujarati
- 39. Dr. Kapil Rathi's Undertaking
- 40. Dr. Kapil Rathi's Clinical Study Agreement
- 41. Dr. Kapil Rathi's Signed and dated CV
- 42. Dr. Kapil Rathi's Signed and dated MRC
- 43. Dr. Kapil Rathi's Signed and dated GCP
- 44. Dr. Kapil Rathi's Protocol signature page
- 45. E-CRF- V 1.0

The list of members who attended the meeting is as follows.

- Dr. Vrushali Petkar Chairperson.
- Ms. Vidula Shevade- Member Secretary.
- Dr. M. Mahajan- Basic Medical Scientist.
- · Dr. Rohan Deshmukh- Clinician.
- Dr. Pranali Pandit Clinician
- Ms. Manali Srikrushna Social Worker.
- · Mr. Eshan Khaire Legal person.
- Ms. Anita IP Lay Person

It is hereby confirmed that neither you nor any of the study team members have participated in the voting/decision making procedures of the committee.

The IEC hereby gives approval to the proposal entitled, "A randomized, double-blind, placebo-controlled, parallel group study of the efficacy and safety of L. plantarum UALp-05TM in diarrhea-predominant-irritable bowel syndrome."

- Ethics Committee is approving above mentioned study in its presented form, subject to the
  approval of Drugs Controller General (India) & / or all the regulatory authorities if / as
  required. Condition if any imposed, by the DCGI or any applicable regulatory authority have
  to be strictly adhered to. Review and approval of the above mentioned study by HERC is not
  an endorsement of the study or its outcome.
- · Kindly Notify following documents before initiation of the study:
  - a) Study Insurance

• Mobile No.: +91 8169598643 • Email ID: harmonyethicscommittee@gmail.com





Shree Hospital, Kavan 70M (Central Avenue) Near Station, Ambedkar Garden, 19th road, M. S. D. Marg, Chembur, Mumbai, Maharashtra 400 071

- It is the policy of IEC that, it be informed about any onsite serious adverse event report within 24 hours as per the SAE Reporting Format specified in applicable regulations to the IEC or by email if there is holiday. The report of SAE or death after due analysis shall be forwarded by the Investigator to Chairperson of the IEC and the head of the institution where the trial is being conducted, within 14 days of SAE or death.
- In case of injury or death occurring trial subject the sponsor (whether a pharmaceutical company or an institution) or his representative, whosoever had obtained permission from the

Licensing Authority for conduct of the clinical trial shall make payments for medical management of the subject and provide financial compensation for the clinical trial related injury or death.

- No changes of the protocol and Informed Consent Document should be initiated without prior
  written approval by IEC of an appropriate amendment. The IEC expects that the investigator
  should promptly report to IEC any deviations from, or changes of, the protocol to eliminate
  immediate hazards to the research participants and about any new information that may affect
  adversely the safety of the research participants or the conduct of the trial.
- For all studies undertaken by you, you will have to submit the yearly progress report for continuing assessment of the study.

A copy of the final study report should be submitted to the IEC for review.

The IEC functions in accordance with ICH GCP, New CT Rules 2019, ICMR guidelines and other applicable regulatory requirements.

Sincerely yours

Ms. Vidula Shevade. Member Secretary.

Harmony Ethical Research Committee Shree Hospital, Chembur, Numbel - 400 071.