



CARE Checklist – 2016: Information for writing a case report

	Topic	Item	Checklist item description	Line/Page
Title	1		The words "case report" should be in the title along with the area of focus	2/1
Key Words	2		Four to seven key words—include "case report" as one of the key words	53-55/2
Abstract	3a		Background: What does this case report add to the medical literature?	32/2
	3b		Case summary: chief complaint, diagnoses, interventions, and outcomes	37/2
	3c		Conclusion: What is the main "take-away" lesson from this case?	49/2
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	69-83/2
Timeline	5		Information from this case report organized into a timeline (table or figure)	85/3
Patient Information	6a		De-identified demographic and other patient or client specific information	87/3
	6b		Chief complaint—what prompted this visit?	88-88/3
	6c		Relevant history including past interventions and outcomes	90-92/3
Physical Exam	7		Relevant physical examination findings	94-96/4
Diagnostic Assessment	8a		Evaluations such as surveys, laboratory testing, imaging, etc.	98-104/4
	8b		Diagnostic reasoning including other diagnoses considered and challenges	106-108/4
	8c		Consider tables or figures linking assessment, diagnoses and interventions	131-187/4
	8d		Prognostic characteristics where applicable	
Interventions	9a		Types such as life-style recommendations, treatments, medications, surgery	120/4
	9b		Intervention administration such as dosage, frequency and duration	120-122/3
	9c		Note changes in intervention with explanation	120-122/
	9d		Other concurrent interventions	124-126/5
Follow-up and Outcomes	10a		Clinician assessment (and patient or client assessed outcomes when appropriate)	104-126/5
	10b		Important follow-up diagnostic evaluations	124-126/5
	10c		Assessment of intervention adherence and tolerability, including adverse events	124-126/5
Discussion	11a		Strengths and limitations in your approach to this case	245-256/9
	11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	221-237/8
	11c		How does this case report suggest a testable hypothesis?	257-264/9
	11d		Conclusions and rationale	304-307/11
Patient Perspective	12		When appropriate include the assessment of the patient or client on this episode of care	221-237/21
Informed Consent	13		Informed consent from the person who is the subject of this case report is required by most journals	82-83/3
Additional Information	14		Acknowledgement section; Competing Interests; IRB approval when required	309-323/11