



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	1-5/101
	2	Four to seven key words—including "case report" as one of the key words	53-53/103
Abstract	3a	Background: What does this case report add to the medical literature?	33-34/102
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	38-39/102
	3c	Conclusion: What is the main "take-away" lesson from this case?	51/103
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	62-74, 75-78/104
Timeline	5	Information from this case report organized into a timeline (table or figure)	103-104/06, 124/07, 138/08
Patient Information	6a	De-identified demographic and other patient or client specific information	83/04
	6b	Chief complaint—what prompted this visit?	84/04
	6c	Relevant history including past interventions and outcomes	88/04
Physical Exam	7	Relevant physical examination findings	94-92-93/05
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	94-97, 99-102/105
	8b	Diagnostic reasoning including other diagnoses considered and challenges	134-135/07
	8c	Consider tables or figures linking assessment, diagnoses and interventions	103-104/06, 154/07, 138/08
	8d	Prognostic characteristics where applicable	144-145/106
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	114-118/06
	9b	Intervention administration such as dosage, frequency and duration	114-118/06
	9c	Note changes in intervention with explanation	—
	9d	Other concurrent interventions	—
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	118-119/07
	10b	Important follow-up diagnostic evaluations	—
	10c	Assessment of intervention adherence and tolerability, including adverse events	—
Discussion	11a	Strengths and limitations in your approach to this case	140-141/08, 151-153/09
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	151-153/09, 175-178/10
	11c	How does this case report suggest a testable hypothesis?	189-190/11, 193-194/11
	11d	Conclusions and rationale	—
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	—
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	19-20/02
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	—