



CARE Checklist – 2016: Information for writing a case report

| Topic | Item | Checklist item description | Line/ Page |
|---------------------------------|------------|--|------------|
| Title | 1 | The words“casereport”should be in the title along with the area of focus | 1 |
| Key Words | 2 | Four to seven keywords— include“case report”as one of the keywords | 2 |
| Abstract | 3a | Background: What does this case report add to the medical literature? | 2 |
| | 3b | Casesummary: chiefcomplaint, diagnoses, interventions, and outcomes | 2 |
| | 3c | Conclusion: Whatisthemain“ take- away” lessonfromthiscase? | 2 |
| Introduction | 4 | The current standard of care and contributions of this case—with references(1- 2 paragraphs) | 3 |
| Timeline | 5 | Information from this case report organized into a timeline(tableorfigure) | 13 |
| Patient Information | 6 a | De- identified demographic and other patient or client specific information | 3 |
| | 6 b | Chief complaint— what prompted this visit? | 3 |
| Physical Exam | 6 c | Relevant history including past interventions and outcomes | 4 |
| Diagnostic Assessment | 7 | Relevant physical examination findings | 4 |
| Interventions | 8a | Evaluations such as surveys, laboratory testing, imaging, etc. | 4 - 5 |
| | 8 b | Diagnostic reasoning including other diagnoses considered and challenges | 4 - 5 |
| | 8 c | Consider tables or figures linking assessment, diagnoses and interventions | 5 |
| | 8 d | Prognostic characteristics where applicable | 5 |
| | 9 a | Types such as life- style recommendations, treatments, medications, surgery | 6 |
| | 9 b | Intervention administration such as dosage, frequency and duration | 6 |
| | 9c | Note changes inintervention with explanation | 6 |
| | 9d | Other concurrent interventions | 6 |
| Follow- up and Out comes | 10a | Clinicianassessment(and patient or client assessed outcomes when appropriate) | 6 |
| | 10b | Important follow-up diagnostic evaluations | 5 - 6 |
| | 10c | Assessment of intervention adherence and tolerability, including adverse events | 5 - 6 |
| Discussion | 11a | Strengths and limitations in your approach to this case | 7 |
| | 11b | Specify how this case report informs practice or Clinical Practice Guidelines(CPG) | 7 |
| | 11c | How does this case report suggest a testable hypothesis? | 7 |
| | 11d | Conclusions and rationale | 8 |
| Patient Perspective | 1 2 | When appropriate include the assessment of the patient or client on this episode of care | 8 |
| Informed Consent | 1 3 | Informed consent from the person who is the subject of this case report is required by most journals | 8 |
| Additional Information | 14 | Acknowledgement section;Competing Interests; IRB approval when required | 9 |