World Journal of *Virology*

Quarterly Volume 13 Number 1 March 25, 2024





Published by Baishideng Publishing Group Inc

World Journal of Virology

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Quarterly Volume 13 Number 1 March 25, 2024

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ABOUT COVER

Peer Reviewer of World Journal of Virology, Antonio Romanelli, MD, Doctor, Anaesthesia and Intensive Care, AOU San Giovanni di Dio e Ruggi D'Aragona, Salerno 84131, Italy. antonioromanelli86@gmail.com

AIMS AND SCOPE

The primary aim of World Journal of Virology (WJV, World J Virol) is to provide scholars and readers from various fields of virology with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

WIV mainly publishes articles reporting research results obtained in the field of virology and covering a wide range of topics including arbovirus infections, viral bronchiolitis, central nervous system viral diseases, coinfection, DNA virus infections, viral encephalitis, viral eye infections, chronic fatigue syndrome, animal viral hepatitis, human viral hepatitis, viral meningitis, opportunistic infections, viral pneumonia, RNA virus infections, sexually transmitted diseases, viral skin diseases, slow virus diseases, tumor virus infections, viremia, and zoonoses.

INDEXING/ABSTRACTING

The WJV is now abstracted and indexed in PubMed, PubMed Central, Reference Citation Analysis, China Science and Technology Journal Database, and Superstar Journals Database.

RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: Yu-Xi Chen; Production Department Director: Xiang Li; Editorial Office Director: Jin-Lei Wang.

NAME OF JOURNAL	INSTRUCTIONS TO AUTHORS		
World Journal of Virology	https://www.wjgnet.com/bpg/gerinfo/204		
ISSN	GUIDELINES FOR ETHICS DOCUMENTS		
ISSN 2220-3249 (online)	https://www.wjgnet.com/bpg/GerInfo/287		
LAUNCH DATE	GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH		
February 12, 2012	https://www.wjgnet.com/bpg/gerinfo/240		
FREQUENCY	PUBLICATION ETHICS		
Quarterly	https://www.wjgnet.com/bpg/GerInfo/288		
EDITORS-IN-CHIEF	PUBLICATION MISCONDUCT		
Mahmoud El-Bendary, En-Qiang Chen, Kai Wang	https://www.wjgnet.com/bpg/gerinfo/208		
EXECUTIVE ASSOCIATE EDITORS-IN-CHIEF	POLICY OF CO-AUTHORS		
Yu-Chen Fan, Shuai Gao	https://www.wjgnet.com/bpg/GerInfo/310		
EDITORIAL BOARD MEMBERS	ARTICLE PROCESSING CHARGE		
https://www.wjgnet.com/2220-3249/editorialboard.htm	https://www.wjgnet.com/bpg/gerinfo/242		
PUBLICATION DATE	STEPS FOR SUBMITTING MANUSCRIPTS		
March 25, 2024	https://www.wjgnet.com/bpg/GerInfo/239		
COPYRIGHT	ONLINE SUBMISSION		
© 2024 Baishideng Publishing Group Inc	https://www.f6publishing.com		
PUBLISHING PARTNER	PUBLISHING PARTNER'S OFFICIAL WEBSITE		
Department of Hepatology, Qilu Hospital of Shandong University	https://www.qiluhospital.com/list-410-1.html		

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W J V

World Journal of Virology

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DOI: 10.5501/wjv.v13.i1.88164

Basic Study

World J Virol 2024 March 25; 13(1): 88164

ISSN 2220-3249 (online)

ORIGINAL ARTICLE

Development of a multiplex polymerase chain reaction assay for detection of hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1

Waleed Abdelgaber Nemr, Radwan K Nashwa

Specialty type: Virology

Provenance and peer review: Invited article; Externally peer reviewed.

Peer-review model: Single blind

Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): 0 Grade C (Good): C Grade D (Fair): 0 Grade E (Poor): 0

P-Reviewer: Soni S, United States

Received: September 16, 2023 Peer-review started: September 16, 2023 First decision: November 9, 2023 Revised: December 7, 2023 Accepted: January 10, 2024 Article in press: January 10, 2024 Published online: March 25, 2024



Waleed Abdelgaber Nemr, Department of Radiation Microbiology, National Center for Radiation Research and Technology, Egyptian Atomic Energy Authority, Cairo 11371, Egypt

Radwan K Nashwa, Department of Health Radiation Research, National Center for Radiation Research and Technology, Egyptian Atomic Energy Authority, Cairo 11371, Egypt

Corresponding author: Waleed Abdelgaber Nemr, PhD, Doctor, Department of Radiation Microbiology, National Center for Radiation Research and Technology, Egyptian Atomic Energy Authority, 3th Ahmed Alzomor Street, Cairo 11371, Egypt. wnemr@hotmail.com

Abstract

BACKGROUND

Hepatitis C virus (HCV), hepatitis B virus (HBV), and human immunodeficiency virus 1 (HIV-1) are the most epidemic blood-borne viruses, posing threats to human health and causing economic losses to nations for combating the infection transmission. The diagnostic methodologies that depend on the detection of viral nucleic acids are much more expensive, but they are more accurate than serological testing.

AIM

To develop a rapid, cost-effective, and accurate diagnostic multiplex polymerase chain reaction (PCR) assay for simultaneous detection of HCV, HBV, and HIV-1.

METHODS

The design of the proposed PCR assay targets the amplification of a short conserved region featured with a distinguishable melting profile and electrophoretic molecular weight inside each viral genome. Therefore, this diagnostic method will be appropriate for application in both conventional (combined with electrophoresis) and real-time PCR facilities. Confirmatory in silico investigations were conducted to prove the capability of the approached PCR assay to detect variants of each virus. Then, Egyptian isolates of each virus were subjected to the wet lab examination using the given diagnostic assay.

RESULTS

The in silico investigations confirmed that the PCR primers can match many viral variants in a multiplex PCR assay. The wet lab experiment proved the efficiency



of the assay in distinguishing each viral type through high-resolution melting analysis. Compared to related published assays, the proposed assay in the current study is more sensitive and competitive with many expensive PCR assays.

CONCLUSION

This study provides a simple, cost-effective, and sensitive diagnostic PCR assay facilitating the detection of the most epidemic blood-borne viruses; this makes the proposed assay promising to be substitutive for the mistakable and cheap serological-based assays.

Key Words: Diagnosis; Blood-borne viruses; Multiplex polymerase chain reaction; High-resolution melting

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Core Tip: The current study approaches a cost-effective diagnostic assay to detect the most common blood-borne viruses (hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1) in a single test of multiplex polymerase chain reaction (PCR). This article includes the procedures in computational biology to achieve the PCR design and the practical examination of the given assay for detecting the targeted viruses with the interpretation of the results.

Citation: Nemr WA, Nashwa RK. Development of a multiplex polymerase chain reaction assay for detection of hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1. *World J Virol* 2024; 13(1): 88164 URL: https://www.wjgnet.com/2220-3249/full/v13/i1/88164.htm DOI: https://dx.doi.org/10.5501/wjv.v13.i1.88164

INTRODUCTION

The primary concerned blood-borne pathogens are hepatitis C virus (HCV), hepatitis B virus (HBV), and human immunodeficiency virus 1 (HIV-1). They can be transmitted by contacting the viral particles with wounded skin, mucous membranes, or blood during unsafe medical treatment, blood transfusion, or unprotected sex actions. The World Health Organization (WHO) reported that the inflammation of the liver (hepatitis) may lead to liver cirrhosis and cancer. Viral hepatitis is one of the major reasons of mortality worldwide; more than 350 million patients are affected by the infection with HCV or HBV. They cause death for more than 1.1 million people every year. If the spreading of the hepatitis viruses will not be addressed, it is expected that more than 3 million people will be newly infected every year. Accordingly, United States \$150 million has been allocated to fund international programs specialized in infection control and treatment of hepatitis viruses (https://www.who.int/news/item/17-05-2023-high-level-resource-mobilization-conference-to-eliminate-viral-hepatitis).

On the other hand, HIV attacks the body's immune system, making the body more vulnerable to microbial infection and cancer. The recent WHO records reported that HIV caused infection for more than 39 million people and death for 630000 people until 2022 (https://www.who.int/health-topics/hiv-aids#tab=tab_1).

Given that the first line to combat the infection transmission of these pathogens is the accurate screening for infected patients, this makes the invention of precise diagnostic assays highly interesting. Serological assays and nucleic acid amplification testing (NAT) are the most common methods for viral diagnosis. Serological methods can detect viral antigens or their specific antibodies in blood specimens, while NAT identifies viral genomes in any biological sample (such as tissues and body liquids).

The selection of a suitable diagnostic system depends on the ability of the assay to detect a wide range of viral variants with the same precision. This requires the knowledge of the viral biodiversity in the targeted geographic region. Many different subtypes diverged from HCV genotypes 1-3 are globally epidemic. They are sub-classified according to the divergence in the viral genome sequence. Africa shows the highest prevalence rate of HCV (5.3%), while Egypt recorded the highest burden of HCV genotype 4 (prevalence rate = 17.5%) until 2013[1]. However, recent records revealed a decrease in this percentage in Egypt after a national program for antiviral medications for HCV-infected patients[2].

Although serological tests are cheaper and faster, they are less accurate and may result in false positive or false negative reactions. The false negative may be exhibited due to the inability to detect the viral markers in samples with a low viral load (which may occur in recently infected patients)[3], or the difficulty of finding antibodies in samples derived from immune-suppressed patients and patients with current HIV infection[4]. On the other hand, the false positive may be exhibited in samples derived from patients who received interfering medications such as immunoglobulin[5], patients with rheumatoid arthritis[6], and patients who recovered from a previous infection[7], or due to the cross-reactivity of some antibodies with similar viral antigens[4]. Furthermore, antibody-targeted serological assays cannot differentiate between active- or past-infected patients. Also, these assays are inappropriate for examining recently infected patients because the detectable level of specific antibodies cannot be achieved before at least 2 mo of the viral infection[8].

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Despite the cost, the NAT-based diagnostic methods [such as polymerase chain reaction (PCR)] are more effective and accurate than the mistakable serological methods[7]. Furthermore, PCR methodologies are easy to establish into highly throughput automation systems with the benefits of low risk of contamination, regardless of whether during reaction preparation or postoperative chemical disposal[9].

The current study aimed to develop a rapid, cost-effective, and accurate diagnostic multiplex PCR assay, which depends on the simultaneous detection of HCV, HBV, and HIV-1. Such cost-effective NAT-diagnostic assays will be promising to be a good substitute for cheap serological assays, especially in low-income countries.

MATERIALS AND METHODS

Genomics analysis

Viral genomic data were retrieved for different isolates of HCV, HBV, and HIV-1 from the National Center for Biotechnology Information (NCBI) website. Previously published specific primers for each virus were computationally evaluated for the best matching with a wide range of different isolates. Therefore, ClustalW multiple sequence alignment was carried out to determine the lowest variability region among the whole genome sequences of different geographic strains or genotypes of each virus (Table 1). This is to verify that the selected primers are located and surround a universally conserved region that shares homologous sequences among different aligned sequences. The ClustalW alignment and the entropy analysis of aligned sequences were conducted using BioEdit software[10]. Then, amplicons located inside genomic regions that showed the lowest entropy values were selected for further analyses.

PCR primer evaluations and harmonization

Best-matched primers with the universally conserved regions, inside variables' genomes of each virus, were examined for some specific criteria. The capability of primer pairs to work in a combined mixture was evaluated, as multiplex PCR primers, by predicting their ability to form dimers *in silico*, using AutoDimer software at a minimal score (= 4)[11].

Particularly, the selection of suitable primers was based on avoiding any primer that could form stable hairpins or dimers (whether by inter- or intra-oligos) having $\Delta G < -9$ kcal/mol, or if their estimated melting temperature (Tm) is close to the expected primer annealing temperature (if the difference of Tm < 10 °C), according to primer design guidelines[12].

The harmonization of the selected primers was carried out to adjust the Tm of all primers at a suitable unique Tm value. This was done by adjusting the nucleotide length and the percentage of guanine and cytosine (%GC) inside each primer. Hence, these primers will be able to work at similar annealing temperatures during the triplex PCR run. Consequently, some selected primers were modified to equalize their melting temperature which was standardized at 60.095 ± 0.5 °C.

Therefore, primers' melting temperature and their predicted amplicon sequences were determined using the NCBI Primer-BLAST web tool (https://www.ncbi.nlm.nih.gov/tools/primer-blast/)[13]. The melting profile of each amplicon sequence was predicted by utilizing the uMELT web tool (https://www.dna-utah.org/umelt/quartz/um.php)[14].

Laboratory experiment

Positive human plasma samples for HCV (genotype 4), HBV (genotype D), and HIV-1 were obtained from the Microbiology Reference Lab of the National Blood Transfusion Service, Ministry of Health, Egypt. These positive samples were tested to validate the theoretical design of the triplex PCR. Viral genomes were extracted using the PREP-NA-S DNA/RNA extraction kit (product# P-007-N, DNA-Technology LLC., Moscow) according to manufacturer's instructions. The viral load of each sample was determined using commercial real-time PCR quantitative kits manufactured by DNA-Technology LLC (Moscow), including Hepatitis C Virus Quantitative Real-Time PCR Kit (#Q4-P603-24), Hepatitis B Virus Quantitative PCR Kit (#Q2-P602-24), and Human Immunodeficiency Virus Quantitative PCR Kit (#R3-P609-S3). Plasma samples were diluted with normal saline solution to serial logarithmic concentrations till achieving the viral load equivalent to 100 IU/mL. Then, further gradual dilutions were made, which ranged from 10 to 90 IU/mL. The amplification efficiency (E) and the limit of detection (LOD) of both monoplex and triplex PCRs were determined according to previously published guidelines[15]. The E values were calculated by the following equation: $E = 10^{-(1/n)}$.

Where *n* is the slope of the regression line of the calibration curve which is plotted by [log of concentration, quantification cycle (Cq value)] as (x, y) values. Then, the percentage of PCR amplification efficiency was determined by: $%E = (E - 1) \times 100$.

The LOD was estimated as the lowest concentration of viral load that could be determined by the assay with a sensitivity and specificity both $\ge 90\%$ (95% confidence interval). The sensitivity and specificity of the test were estimated according to Wang *et al*[16] by the following calculations: Sensitivity = *Ture positivity* / (*Ture positivity* + *false negativity*) × 100, Specificity = *Ture negativity* / (*False positivity* + *ture negativity*) × 100.

The statistical evaluation of the diagnostic assay was conducted using MedCalc statistical software.

Practically, viral genomes were extracted from the diluted samples by the same extraction kit. Purified viral genomes (whether RNA or DNA) were added as templates with 10 pmol of each primer in reverse transcription (RT) reaction which was carried out using Invitroge SuperScript[™] III Reverse Transcriptase according to the manufacturer's instructions (Fisher Scientific Ltd., United Kingdom), to produce a complementary DNA (cDNA) amplicon from each viral RNA genome (HCV and HIV-1). An amount of 10 µL of the obtained RT reaction volume was transferred to a real-time PCR tube containing 10 pmol of each primer (Table 2) in iQTM SYBR[®] Green Supermix reaction mix (Bio-Rad Laboratories, United States), according to the guide manual. The real-time PCR run was performed on a Rotor-gene Q Splex high-resolution melting (HRM) machine (QIAGEN, United States) and was analyzed using its built-in software. The

Table 1 List of different National Center for Bio	technology Information records of different geographic strains for hepatitis C virus
hepatitis B virus, and human immunodeficienc	y virus 1 that are involved in ClustalW and entropy analyses

Virus	Taxon ID	Classification	Country of isolation	NCBI accession number	
HCV	2847144 (genotype 1a)	Isolate ZS30	China	KC844049	
	11103 (genotype 1b)	Isolate 2000621	Israel	MT632133	
	31649 (genotype 2)	Subtype 2a, isolate PR63	China	KF676351	
	356426 (genotype 3)	Subtype 3a	India	GQ275355	
	356418 (genotype 4)	Subtype 4a, strain ED43	Egypt	GU814265.1	
	33746 (genotype 5)	Subtype 5a	United Kingdom	NC_009826	
	356469 (genotype 6)	Subtype 6k, isolate KM41	China	DQ278893	
HBV	489455 (genotype A)	Strain AON	Japan	LC488828	
	489460 (genotype B)	Isolate 4265-Viet12	Viet Nam	LC064379	
	2764122 (genotype C)	Isolate C173334	Cambodia	LC535933	
	2847137 (genotype D)	Isolate B-H10-Ban	Bangladesh	LC519824	
	2847138 (genotype E)	Isolate Mart-B84	Martinique	HE974384	
	2847139 (genotype F)	Isolate VHB-PER036	France	LT935669	
	2847140 (genotype G)	Isolate MEX918M	Mexico	AB625342	
	2847141 (genotype H)	Isolate Itabashi	Japan	LC491577	
	2847142 (genotype I)	Isolate 8290	Viet Nam	AF241411	
HIV	11676 (HIV-1)	Isolate 99SE-MP1299 (subtype O)	Senegal	AJ302646	
		Isolate 5104_SEB_AIM_E3	United States	MT190832	
		Isolate 01AETH04BKM	Thailand	DQ314732	
		Isolate RBF168	France	GU111555	
		Clone pCMO2.3	Cameroon	AY618998	
		Isolate 01ZATM45 (subtype: C)	South Africa	AY228557	
		Isolate 193008 (subtype: AD)	Uganda	MW006063	
		Isolate BI	Belgium	MN486005	
		Isolate 99GR303	Greece	AY046058	
		Isolate HK002 (subtype: B)	Hong Kong	FJ460499	
		Isolate SE8646	Sweden	AY352654	
		Isolate 01BRRJUD508 (subtype: F1)	Brazil	MG365771	
		Isolate 04KBH8 (subtype: D)	South Korea	DQ054367	
		Isolate D9451 (subtype: URF)	Japan	MN187301	
		isolate C.IN.05.NIRT333.1 (subtype: C)	India	KF766540	
		Isolate 98UA0116 (subtype: A; group: M)	Ukraine	AF413987	
		Isolate M61	Spain	DQ854714	
		Isolate MtBs.18	Russia	MK984159	
		Isolate IIIB	United Kingdom	KJ925006	
		Isolate MBC200	Australia	AF042100	
		Isolate 60000 (subtype: A1 variant)	Italy	EU861977	
		Isolate TV721	Canada	HM215249	
		Isolate pXJDC6291-2-6 (subtype: CRF07_BC)	China	KC503852	



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HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1; NCBI: National Center for Biotechnology Information.

Table 2 In silico evaluation of selected primer-pairs that demonstrated their suitability for simultaneous detection of a wide range of subtypes for hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1 using triplex real-time polymerase chain reaction amplification

Virus	Primers		Primer Tm¹ (°C)	Intended matches	Amplicon size (bp)	Amplicon Tm ² (°C)	Ref.
HCV	Forward	GGTGCACGGTCTACGAGAC	60.15	HCV genotype 1 subtypes: 1a, 1b, 1c, 1g, and 1e. HCV genotype 2 subtypes: 2a, 2b, 2c, 2e, 2f, 2k, and 2m. HCV genotype 3 subtypes: 3a, 3b, 3g, 3i, and 3k. HCV genotype 4 subtypes: 4a, 4d, 4f, 4g, 4l, 4m, 4n, 4o, 4r, and 4v. HCV genotype 5 subtype: 5a. HCV genotype 6 subtypes: 6a, 6e, 6h, 6k, 6l, 6m, 6n, and 6r. HCV genotype 7 subtype: QC69. Unclassified HCV subtypes: 08.40.072, 08.80.075, 08.80.014, 08.80.070, 2b/1a, 2k/1b, and M2123. Recombinant HCV viruses	64	86.5	Chen <i>et al</i> [28], with modific- ations Chen <i>et al</i> [28]
HBV	Forward Reverse	CTTCATCCTGCTGCTATGCCT	60.20 59.79	HBV genotypes A, A1, A2, and A3. HBV genotype B. HBV genotypes C and C1. HBV genotypes D and D4. HBV genotype E, including the relative Egyptian isolates AC# KU736891 and KU736892. HBV genotypes F, F2, and F4. HBV genotype G. HBV genotype H. HBV recombinant A/E. HBV recombinant B/C	71	80.5	Kishk <i>et al</i> [29] Prakash <i>et al</i> [30], with modifications
HIV	Forward Reverse	GCCTCAATAAAGCTTGCCTTGA GGCGCCACTGCTAGAGATTTT	59.51 61.01	HIV type 1. Simian immunodeficiency virus	121	85.5	Rouet <i>et al</i> [31]

¹Primer melting temperature (Tm) and the amplicon size were determined using National Center for Biotechnology Information Primer-BLAST web-tool. ²Amplicon melting temperature was predicted using uMELT wed-based tool.

HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1.

thermal profile of the PCR included 35 cycles of 95 °C for 30 s (denaturation), 58 °C for 15 s (annealing), and 72 °C for 30 s (extension) which was followed by optical fluorescent emission reading at the green channel. PCR product melting profile was obtained using end-point HRM analysis at 0.5 °C resolution. Additionally, PCR products were separated on 1.5% agarose gel electrophoresis to verify the accuracy of the experiment at the expected molecular weights.

RESULTS

Bioinformatics findings

The current study assigned four important *in silico* parameters as successful criteria to reach the suitable combination of triplex PCR primers. This is to improve the accuracy of the detection for all targeted viral genomes (HCV, HBV, and HIV-1) in a single PCR test. The first parameter is the suitability of the selected primer to match a wide range of subtypes of each virus. Thus, primers that surround the lowest entropy regions along the aligned whole genome sequences of each virus were selected as genus-specific universal primers (Figure 1). Therefore, the produced amplicon was predicted to be homologous among all genotypes of each virus. This is desirable for obtaining a universal PCR product specific to each type of virus. As shown in Table 2, the set of the selected primers could detect HCV genotypes 1-7 including 44 subtypes and their recombinant strains, HBV genotypes (A-G) including the recombinant strains A/E and B/C, and almost all HIV type 1 subtypes plus simian strains.

The second parameter is to obtain a similar annealing temperature for all primers. Therefore, some primers were modified to obtain a similar Tm value ($60.095 \pm 0.5 \,^{\circ}$ C) among all the selected primers. The third parameter is to select primers that exhibit lower stable dimers or hairpin forms to increase their efficacy to match their targets during PCR. AutoDimer software outputs revealed that there are no hairpins and three low stable-primer dimers which may be formed at the maximum temperature < 22.3 °C. The first dimer is formed by HIV reverse primer with itself ($\Delta G = -6.23$ kcal/mole), and there are two self dimers formed by HCV forward primer ($\Delta G = -5.37$ and -1.76 kcal/mole) (Figure 2). However, these dimers will not be efficient at annealing temperatures higher than 33 °C which prevents their stability and dimerization.



Figure 1 Entropy plot of aligned whole-genome sequences using BioEdit software. Arrows indicate the lowest variability regions used for locating conserved amplicons for each type of virus. HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1.

The fourth parameter is based on the ability to discriminate each amplicon of each virus by a distinguished melting profile using HRM. Therefore, the predicted melting curve of each amplicon revealed a distinguishable single melting point which is represented by a single peak, as shown in uMELT analysis data for each viral PCR product (Figure 3, Table 2).

Real-time PCR experimental analysis

According to the *in silico* evaluations, a single PCR product will be obtained from both triplex and monoplex PCRs for each viral genome. This was verified by the visualization of a single band on gel electrophoresis at the expected molecular

```
Matches
            6
Score = ·
NGTGCACN
est. tm = 10.7 oC
DeltaG 37 degrees
                          -5.37 kcal/mole
                          -GGTGCACGGTCTACGAGAC-3
            × | | | | | | ×
-CAGAGCATCTGGCACGTGG-5
         3 '
HCV fd GGTGCACGGTCTACGAGAC versus HCV fd GGTGCACGGTCTACGAGAC
Matches
         5
Score
GTCTNNNAGAC
est. tm = less than
DeltaG 37 degrees =
                         zero
-1.76
                                kcal/mole
                           CAGAGCATCTGGCACGTGG-5
             IIIIXXXIIII
5'-GGTGCACGGTCTACGAGAC-3'
HIV rv GGCGCCACTGCTAGAGATTTT versus HIV rv GGCGCCACTGCTAGAGATTTT
Matches
            6
         6
Score
       -
GCCCC
             22.3 oC
est.
      τm
        37 degrees
DeltaG
                           6.23 kcal/mole
                             GGCGCCACTGCTAGAGATTTT-3'
                               IIIII
CGCGG-5
       3 - TTTTAGAGATCGTCA
NO HAIRPIN HITS FOR THIS Score
                                      NUMBER
```

Figure 2 Screenshot of AutoDimer output evaluating all selected polymerase chain reaction primers for dimer and hairpin formations (score number = 4).



Figure 3 Screenshots of predicted melting profiles of hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1 amplicons using the uMELT web-based tool. HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1.

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weight and a distinguished single melting curve peak for each virus (Figures 4 and 5). In detail, electrophoresis migration of PCR products resulted in a single band for HCV at 65 bp (base pairs), HBV at 71 bp, and HIV at 121 bp, without the appearance of non-specific amplifications or primer dimers in the gel.

Accordingly, HRM analysis revealed that the formation of oligonucleotides dimers or non-specific amplicons was negligible; a tiny melt-curve peak emerged at a lower melting temperature (76.2 °C), and this signal rose from unintended noises of non-reacted nucleic acids. These noises did not interfere with the peaks of each viral amplicon (82 °C for HBV, 84.8 °C for HIV, and 86.7 °C for HCV). Accurately, each viral amplicon showed similar and reliable melting profiles, even by using monoplex or triplex primer sets. When both of these PCR sets were run with the LOD viral copies, HRM showed that the peak height of monoplex PCRs was somewhat greater than the analogous triplex ones (Figure 5). This agreed with the estimated rational median of %E which was only higher as 3.19% and the LOD was decreased to -15% for monoplex PCRs over the opposite triplex PCRs (Figure 6). Overall, the obtained LOD values satisfy 100% for specificity and more than 90% for sensitivity at 95% confidence interval. Statistically, the correlation between %E and LOD equals - 0.966 which is significant (P < 0.002) at the 0.01 level (2-tailed Pearson correlation).

DISCUSSION

The development of accurate and cost-effective detection methods for diagnosing epidemic viruses attracts the concern of many scientists and manufacturers. Commercially, serological-based diagnostic kits are lower priced than NAT-based ones. However, many previous studies praised the accuracy of NAT over serological assay[17-20]. Such diagnostic methodologies are important for screening blood samples to confirm the absence of blood-borne viruses before transplant or blood donation. This is important to ensure the safety of biological sample transplantation and to besiege the spreading of epidemic viruses.

Because RNA viruses have a better ability for mutation than DNA viruses, many variants were generated with multiple mutated locations in their RNA genomes. Thus, this may result in false negative PCR detection when the primer or the probe cannot match mutated targets[21]. Consequently, many *in silico* investigations in this study were conducted to evaluate the conservation of primer matching sites; this is to decrease the possibility of mismatching with their targeted genomes and to ensure the capability of the given PCR test to detect a wide range of variants for each virus. In contrast, many similar published studies lack enough evidence in the same regard[3,16,22]. Additionally, there is a lack of guiding information in the literature on how to design new universal primers for many variants of a particular organism. This information should also include a demonstration of how to use computer simulations to evaluate the specificity of the primers in multiplexed PCRs.

Therefore, in the current study, the methodology of the primer design was clarified with the interpretation of primer analysis. Particularly, the PCR assay utilizes a fluorescent intercalating dye (Sybr-green) to recognize the new synthetic double-stranded PCR products in the reaction pool. Accordingly, the addition of TaqMan probes, as fluorescent reporters, is not needed; this reduces the cost per run and reduces the possibility of variable oligonucleotide cross-reactivity which may cause interference in the multiplex PCR pool. Given that the PCR efficiency in Sybr-green PCRs and TaqMan is comparable[23], this increases the benefit of using Sybr-green PCRs. However, the possible formation of primer dimers may cause overlapped Syber-green emission signals. Therefore, it is important to calculate the Tm value of the expected amplicon sequence to specify its fluorescent signals through the HRM analysis[24]. In addition, the sequence of some primers was modified in the current study to enhance the accuracy of primers annealing to their intended targets at a uniformed Tm lower than each amplicon's Tm, as proved in the *in silico* evaluations. These evaluations also proved the suitability of the selected primers to detect a wide range of variants for each virus in a multiplex PCR without detectable cross-reactivity.

The evaluations of the practical laboratory experiment revealed that the %E value was greater in HBV (having DNA genome) than in HCV and HIV (having RNA genome). This may be due to the limited sensitivity of the cDNA synthesis, which is an important step to provide PCR with a DNA template synthesized from a template of RNA sequence. Consequently, the LOD value in HBV-PCRs was lower than that in PCRs detecting RNA viruses. Therefore, this correlation between %E and LOD reflects the importance of improving the %E of the PCR to increase the sensitivity of the diagnostic assay. Accordingly, further developmental trials are required to enhance the sensitivity of cDNA synthesis by trying more sensitive reverse transcriptases or using single-step RT-PCR systems.

Referring to the global hepatitis program report of the WHO (https://www.who.int/hepatitis/publications/annex_4-7.pdf), the most sensitive PCR-based qualitative detection kits for HCV (as a representative example for the other targeted viruses) have lower LOD values (up to 60 IU/mL) than serological kits which have LOD values greater than 1000 IU/mL. However, the cost price per test of such PCR kits ranges from \$20 to \$100, depending on whether the kit is manual- or automated-based technology. Furthermore, the PCR cycling time to perform a single run for each virus ranges from 2-3 h, in addition to more than 1 h for the viral nucleic acid extraction procedure. Hence, to determine three types of viruses by separately specific PCR tests, the cost and the running time will increase three times, besides the effort, extra time labor cost, and instrument maintenance cost. However, this study revealed that triplex PCRs have fewer amplification efficiencies than analogous monoplexes, but they still maintain the benefit of the competitive sensitivity with the compensation of their less cost and time. This reflects the good impact of the proposed multiplex PCR assay for potential application especially in low-income countries.

The approached methodology in the present study reduces the cost of determining the three viruses simultaneously to \$15 (price in January 2022) in a single tube, and this also reduces the work and time to achieve the final results within 2.5 h. In addition, the ability to detect a wide range of subtypes of each targeted virus increases the benefits of this assay.







Figure 5 End-point analysis of monoplex and triplex polymerase chain reactions using high-resolution melting which differentiated between hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1 amplicons according to the melt profile. HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1; NTC: No template control.

Moreover, the LOD in the present assay is greater than the LOD of the serological tests and is competitive with the expensive TaqMan-based assays. In detail, as described above, the LOD of most HCV-serological kits is greater than 1000 IU/mL (according to the previously mentioned WHO report), while the present assay of the current study exhibited LOD values at 61.5 IU/mL for HCV, 7 IU/mL for HBV, and 98.3 IU/mL for HIV-1 in the monoplex reaction. These values were increased to 67.2, 8.8, and 116 IU/mL, respectively, in the multiplex reaction.

The achieved LODs in a related study, which aimed at developing Sybr-green-based duplex PCR to detect HCV and HIV-1, were equivalent to 568 and 232.6 IU/mL, respectively[25]. In another study, the achieved LODs reached 114 IU/mL for HCV and 291 IU/mL for HIV-1[26]. Compared to a TaqMan-based assay conducted by Meng *et al*[27], the automated-complete system (performs the nucleic acid extraction and multiplex PCR run in a closed system) for detecting the HCV, HBV, and HIV-1 exhibited LOD values equivalent to 77 IU/mL, 5.4 IU/mL, and 24.7 IU/mL, respectively.

Accordingly, the assay of the present study showed greater sensitivity than the published Sybr-green-based assays and is a good competitive to the expensive automated TaqMan systems. Generally, the development of combined automated diagnostic systems improves the sensitivity of the assay; this is due to the reduction of the loss to viral templates-copy number through the extraction and cDNA synthesis steps. This indicates that the further development of the proposed

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Figure 6 Amplification efficiency and limit of detection of monoplex vs triplex polymerase chain reactions targeting hepatitis C virus, hepatitis B virus, and human immunodeficiency virus 1 genomes. HCV: Hepatitis C virus; HBV: Hepatitis B virus; HIV-1: Human immunodeficiency virus 1: LOD: Limit of detection.

PCR assay in this study to apply it in an automated-complete system will result in promising outcomes and further save time and cost. This is because the using of fluorescent intercalating dyes (such as Sybr-green) as reporter dyes in real-time PCR systems, eliminates the need to add expensive fluorescent-labeled probes. However, the specifying of Sybr-greenfluorescent signals to a particular amplicon in the multiplex PCR is urgently required through the HRM analysis to distinguish the detected virus.

CONCLUSION

The current study approached a rapid, cost-effective, and sensitive PCR-based diagnostic assay for the simultaneous detection of HCV, HBV, and HIV-1 in a single tube. In silico and in vitro evaluations proved the eligibility of this assay for application in large-scale screening of blood samples. Further developmental studies are recommended to translate this work into a commercial product.

ARTICLE HIGHLIGHTS

Research background

The most epidemic blood-borne viruses are hepatitis C virus (HCV), hepatitis B virus (HBV), and human immunodeficiency virus 1 (HIV-1). They cause mortality for millions of people worldwide. Although serology diagnostic methods are less accurate than nucleic acid amplification testing (NAT) for detecting blood-borne viruses in blood samples, they are commonly used to save money and time.

Research motivation

The innovation of rapid and cost-effective NAT assays will allow us to substitute the mistakable serologoical assays, and this can be achieved through a multiplex polymerase chain reaction (PCR) assay for the simultaneous detection of bloodborne viruses in a single test.

Research objectives

The present study focused on developing a new multiplex PCR assay for simultaneous detection of HCV, HBV, and HIV-1 in a single tube.

Research methods

The in silico design of the PCR assay targets conserved sequences in each viral genome among all variants. This was evaluated by multiple sequence alignment and finding the lowest entropy regions. The selected primers were evaluated also to avoid the possibility of forming stable dimers or hairpins. All primers were harmonized in the melting temperature to anneal at the same temperature during PCR. A practical experiment was conducted to prove the feasibility of the present assay.

Research results

The *in silico* evaluations proved the worthiness of the selected primers to match with many variants of each virus with negligible ability to form dimers, this ensures the efficiency of the proposed PCR assay. Consequently, the sensitivity of this assay showed the ability to detect HCV at a limit of detection (LOD) of 61.5 IU/mL. Furthermore, the LOD value is 7



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IU/mL for HBV and 98.3 IU/mL for HIV-1.

Research conclusions

The proposed cost-effective PCR assay of the current study achieved a competitive sensitivity with the analogous multiplex PCR assays.

Research perspectives

The findings of the current study encourage further developmental studies to apply this assay in an automated system for large-scale virology screening of blood samples.

ACKNOWLEDGEMENTS

The authors would like to thank Dr. Ihab Serag, Microbiology Reference Lab of National Blood Transfusion Service, Ministry of Health, Egypt, for supplying infected human plasma samples.

FOOTNOTES

Author contributions: Both of the listed authors contributed to the present work equally; both authors read and approved the final manuscript.

Institutional review board statement: The current study has not subjected human or animals to any experiment.

Conflict-of-interest statement: All the authors report no relevant conflicts of interest for this article.

Data sharing statement: No additional data are available.

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Country/Territory of origin: Egypt

ORCID number: Waleed Abdelgaber Nemr 0000-0001-8465-0497.

S-Editor: Wang JJ L-Editor: Wang TQ P-Editor: Zheng XM

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