



PEER-REVIEW REPORT

Name of journal: *World Journal of Clinical Cases*

Manuscript NO: 88175

Title: Do not forget Diet and Exercise during Ramadan

Provenance and peer review: Unsolicited Manuscript; Externally peer reviewed

Peer-review model: Single blind

Reviewer's code: 03372482

Position: Editorial Board

Academic degree: MD, PhD

Professional title: Academic Research, Assistant Professor, Associate Professor

Reviewer's Country/Territory: Egypt

Author's Country/Territory: Greece

Manuscript submission date: 2023-09-13

Reviewer chosen by: AI Technique

Reviewer accepted review: 2023-09-14 07:20

Reviewer performed review: 2023-09-14 07:29

Review time: 1 Hour

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Novelty of this manuscript	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No novelty
Creativity or innovation of this manuscript	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No creativity or innovation



Scientific significance of the conclusion in this manuscript	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No scientific significance
Language quality	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Peer-reviewer statements	Peer-Review: <input type="checkbox"/> Anonymous <input checked="" type="checkbox"/> Onymous
	Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

populous Muslim countries, focusing on keywords such as "Ozempic"™ (the most popular GLP1 analog), "Diet," "Exercise," and "Diabetes." The results showed a significant increase in searches for the GLP1 analog in eight countries, while searches for "Diet" and "Exercise" were mostly declining in nine and four countries, respectively. Searches for "Diabetes" were positive in only two countries. These trends suggest a growing reliance on pharmaceutical interventions for diabetes and weight management at the expense of diet and exercise. Clinicians and healthcare workers in Muslim countries should emphasize the importance of diet and exercise for patients with diabetes, even during Ramadan. The variables selected for the study are described clearly and are appropriate, given the nature of the question asked. The research design is described in detail. The research design is appropriate and does not contain particular weaknesses. The measurement instrument, including its psychometric qualities, is described clearly. The population of interest and the sampling procedure are defined clearly. The data collection procedure is clearly described. The setting in which the study took place is described. The data analysis procedures are stated in precise terms. The



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data analysis procedures are appropriate. Results: the results are presented clearly, the authors provide accurate research results, and there is sufficient evidence for each result, Specific data accompany the result statement, and Tables and figures are used efficiently. Conclusion: in general: Good and the research provides sample data for the authors to make their conclusion.