

CARE Checklist – 2016: Information for writing a case report

Topic		Item Checklistitemdescription	Line/Page
Title KeyWords	1 2	The words "case report" should be in the title along with the area of focus Four to seven key words—include "case report" as one of the key words	Line2 Page1 Line21 Page2
Abstract	3a 3b 3c	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main "take-away" lesson from this case?	Line3 Page2 Line10 Page2 Line19 Page2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line7 Page3
Timeline	5	Information from this case report or ganized in to a time line(table or figure)	
PatientInformation	6a 6b 6c	De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit? Relevant history including past interventions and outcomes	Line5 Page4 Line8 Page4
Physical Exam	7	Relevant physical examination findings	Line2 Page5
Diagnostic Assessment	8a 8b 8c 8d	Evaluations such as surveys, laboratory testing, imaging, etc. Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	Line5 Page5
Interventions	9a 9b 9c 9d	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration Note changes in intervention with explanation Other concurrent interventions	Line22 Page16
Follow-up and Outcomes	10a 10b 10c	Clinician assessment (and patient or client assessed outcomes when appropriate) Important follow-up diagnostic evaluations Assessment of intervention adherence and tolerability, including adverse events	Line3 Page7
Discussion	11a 11b 11c 11d	Strengths and limitations in your approach to this case Specify how this case report inform spracticeor Clinical Practice Guidelines(CPG) How does this case report suggest at estable hypothesis? Conclusions and rationale	Line7 Page7
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	13	Informed consent from the person who is the subject of this case-report is required by most journals	
Additional Informatio	n 14	Acknowledgement section; Competing Interests; IRB approval when required	

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