



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 2/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 22-23/Page 2
Abstract	3a	Background: What does this case report add to the medical literature?	Line 2-5/Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 7-16/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 18-20/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 13-16/Page 3
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not available
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 23-25/Page 3
	6b	Chief complaint—what prompted this visit?	Line 23-25/Page 3
	6c	Relevant history including past interventions and outcomes	Line 3-4/Page 4
Physical Exam	7	Relevant physical examination findings	Line 10-11/Page 4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 16-19/Page 4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 16-22/Page 4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Not available
	8d	Prognostic characteristics where applicable	Not applicable
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 1-2/Page 5
	9b	Intervention administration such as dosage, frequency and duration	Line 10-11/Page 6
	9c	Note changes in intervention with explanation	Line 2-6/Page 6
	9d	Other concurrent interventions	Line 2-6/Page 6
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 17/Page 6
	10b	Important follow-up diagnostic evaluations	Line 17/Page 6
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 13-14/Page 6
Discussion	11a	Strengths and limitations in your approach to this case	Line 17-22/Page 7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 15-22/Page 7
	11c	How does this case report suggest a testable hypothesis?	Line 1-2/Page 8
	11d	Conclusions and rationale	Line 5-8/Page 8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 1-2/Page 8
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 2-3/Page 10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 5-6/Page 10